

Fifth International Conference on Health, Wellness, and Society

Health and Wellness in the Age of Big Data

3-4 SEPTEMBER 2015 | UNIVERSIDAD DE ALCALÁ | ALCALÁ DE HENARES, MADRID, SPAIN

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Fifth International Conference on Health, Wellness & Society

“Health and Wellness in the Age of Big Data”

Universidad de Alcalá | Alcalá de Henares, Madrid, Spain | 3-4 September 2015



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 COMMON GROUND

International Conference on Health, Wellness, and Society

www.healthandsociety.com

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Designed by Ebony Jackson

Cover image by Phillip Kalantzis-Cope



Dear Delegate,

Welcome to the Fifth International Conference on Health, Wellness & Society.

The conference and its companion journal were created to examine the concept of health as a positive aspect of a global world and society, while bringing together scholarly, research, and practice-based participants. The conference explores the full range of what health and wellness means while taking the position that the foundation of health and wellness should be a socially accessible, culturally sensitive public and professional awareness of risks and preventative measures of the most pressing global health issues of today and tomorrow.

In addition to the Health, Wellness & Society Conference, Common Ground also hosts conferences and publishes journals in other areas of critical intellectual human concern, including aging, food studies, diversity, learning, sustainability, and the interdisciplinary social sciences, to name several. Our aim is to create new forms of knowledge community, where people meet in person and also remain connected virtually making the most of the potentials for access using digital media. We are also committed to creating a more accessible, open, and reliable peer review process.

Alongside opportunities for well-known academics, we are creating new publication openings for scholars from developing countries and for researchers from institutions that are historically teaching-focused. We would like to invite conference participants to develop publishing proposals for original works or for edited collections of papers drawn from the journal which address an identified theme. Finally, please join our online conversation by subscribing to our monthly email newsletter, and subscribe to our Facebook, RSS, or Twitter feeds at <http://healthandsociety.com/>.

Thank you to everyone who has prepared for this conference, including our hosts and supporters at Universidad de Alcalá. In addition, thank you to my Common Ground colleagues who have put such a significant amount of work into this conference: Rachael Arcario, Karim Gherab-Martin, Raquel Jimenez-Palomino, Kim Kendall, and Ana Quintana-Martin. We hope you will be able to join us at next year's conference in Washington D.C., USA, 20-21 October at Catholic University of America.

We wish you all the best for this conference, and hope it will provide you every opportunity for dialogue with colleagues from around the corner and around the world.

Yours sincerely,

Homer (Tony) Stavely, PhD

Host, Health, Wellness & Society Conference
Common Ground Publishing



Our Mission

Common Ground Publishing aims to enable all people to participate in creating collaborative knowledge and to share that knowledge with the greater world. Through our academic conferences, peer-reviewed journals and books, and innovative software, we build transformative knowledge communities and provide platforms for meaningful interactions across diverse media.

Our Message

Heritage knowledge systems are characterized by vertical separations—of discipline, professional association, institution, and country. Common Ground identifies some of the pivotal ideas and challenges of our time and builds knowledge communities that cut horizontally across legacy knowledge structures. Sustainability, diversity, learning, the future of the humanities, the nature of interdisciplinarity, the place of the arts in society, technology's connections with knowledge, the changing role of the university—these are deeply important questions of our time which require interdisciplinary thinking, global conversations, and cross-institutional intellectual collaborations. Common Ground is a meeting place for these conversations, shared spaces in which differences can meet and safely connect—differences of perspective, experience, knowledge base, methodology, geographical or cultural origins, and institutional affiliation. We strive to create the places of intellectual interaction and imagination that our future deserves.

Our Media

Common Ground creates and supports knowledge communities through a number of mechanisms and media. Annual conferences are held around the world to connect the global (the international delegates) with the local (academics, practitioners, and community leaders from the host community). Conference sessions include as many ways of speaking as possible to encourage each and every participant to engage, interact, and contribute. The journals and book imprints offer fully-refereed academic outlets for formalized knowledge, developed through innovative approaches to the processes of submission, peer review, and production. The knowledge community also maintains an online presence—through presentations on our YouTube channel, monthly email newsletters, as well as Facebook and Twitter feeds. And Common Ground's own software, **Scholar**, offers a path-breaking platform for online discussions and networking, as well as for creating, reviewing, and disseminating text and multi-media works.

Health, Wellness & Society Knowledge Community

*Exploring the intersections of human
physiology and the conditions of
social life*



Health, Wellness & Society | Knowledge Community

The Health, Wellness & Society Knowledge Community is brought together by a common concern for learning and an interest to explore issues of concern in the fields of human health and wellness, and in particular their social interconnections and implications. The community interacts through an innovative, annual face-to-face conference, as well as year-round online relationships, a peer reviewed journal, and a book imprint—exploring the affordances of new digital media.

Conference

The conference is built upon four key features: internationalism, interdisciplinarity, inclusiveness, and interaction. Conference delegates include leaders in the field as well as emerging scholars, who travel to the conference from all continents and represent a broad range of disciplines and perspectives. A variety of presentation options and session types offer delegates multiple opportunities to engage, to discuss key issues in the field, and to build relationships with scholars from other cultures and disciplines.

Publishing

The Health, Wellness & Society Knowledge Community enables members to publish through two media. First, community members can enter a world of journal publication unlike the traditional academic publishing forums—a result of the responsive, non-hierarchical, and constructive nature of the peer review process. *The International Journal of Health, Wellness, and Society* provides a framework for double-blind peer review, enabling authors to publish into an academic journal of the highest standard. The second publication medium is through the book imprint, Health, Wellness & Society, publishing cutting edge books in print and electronic formats. Publication proposal and manuscript submissions are welcome.

Community

The Health, Wellness & Society Knowledge Community offers several opportunities for ongoing communication among its members. Any member may upload video presentations based on scholarly work to the community YouTube channel. Monthly email newsletters contain updates on conference and publishing activities as well as broader news of interest. Join the conversations on Facebook and Twitter, or explore our new social media platform, **Scholar**.



On the dimensions of wellness in body and mind

Theme 1: The Physiology, Kinesiology, and Psychology of Wellness in its Social Context

- Fundamental concepts of wellness: “goods,” “bads,” “shoulds”
- The psychology of wellness
- Health promoting behaviors
- Health risk appraisals, screenings, and interventions
- The measurement of wellness
- Evaluations of long-term impacts of health and wellness programs
- Health and wellness with disabilities
- Disability support services and independent living
- Physical fitness, aging, and the effects on health and wellness
- Health related fitness programs
- Physical fitness and its role in mental health
- Physical activity, self esteem, and wellness
- Health, fitness and media-driven concepts of beauty
- Media influences on health risk behaviors

On the systematic study of human health

Theme 2: Interdisciplinary Health Sciences

- Cross-disciplinary and professional perspectives: medicine, nursing, pharmacy, dentistry, psychology, physical therapies, dietetics, social work, counseling, sports science
- Health technologies
- Home healthcare workers role in wellness
- Integration of complementary and alternative medicine into a health system
- Nutraceuticals and supplements for health
- Genome sciences, chronic disease prevention
- Personalized medicine
- The increasing role of psychological drugs
- The business of unwellness and the negative health industries
- Biomedical aging research
- Immunobiological research
- Epigenetics research
- Ancestry and health, traits, and diseases
- Regenerative medicine
- Biomedical occupational health and safety

On community responsibilities to foster wellness and proactive health policies and practices

Theme 3: Public Health Policies and Practices

- Public health and communications technologies
- Sustainable innovation strategies in public health
- Global public health development and sustainability
- Public health provider development
- Public health and disease prevention
- Healthcare reform impacts



- New and emerging public health and safety risks
- Biosafety and biosecurity
- Acquired infections and health workers
- Environmental threats to health and wellness
- Community environmental health planning
- Occupational health and safety's role in health and wellness
- The food industry and government (FDA) food policy
- Immunization programs and serum banking
- Global availability of vaccines, the supply chain and supply economics
- Racial, ethnic, gender, socio-economic, and rural disparities in healthcare
- Life balance, health and wellness within community cultures
- The economics of health and wellness in society
- Poverty, health and wellness
- Infant and child health
- Social determinations of health and wellness
- Health, wellness and the effects of social exclusion
- The environment, quality of life, and wellness.
- Urbanization in developing countries: environmental health impacts
- WHO policies on world nutrition
- Child food insecurity

On informal and formal health education

Theme 4: Health Promotion and Education

- Promotion of health and well being
- Health literacy
- School physical education curriculum and its effects on health
- Wellness coaching and fitness for improved health
- Health education for non-literate populations
- Web-based health education
- Information technologies in healthcare
- Health and wellness in the workplace
- Health, life expectancy, and the cost of living longer
- New and emerging health and safety risks
- Occupational health and safety education and training
- Institutional influences on health and wellness
- Quality of life, spirituality, and wellness
- Nutrition for health and wellness
- The food linkage to unwellness
- Obesity in affluent societies
- Family mealtime patterns, child feeding practices, and their effects on health



Health and Wellness in the Age of Big Data

It is now commonly argued that we have entered the age of “big data” and “the quantified self.” In the practice and study of health and wellness, the question of “big data” turns our attention not only to the integration of data collected formally by medical professionals, but also the aggregation of isolated silos of personal data collected incidental to everyday life activity. These “informal” personal data sets are captured by, for example, wearable devices, smartphone apps, sensors, and web-based diagnosis applications. How do these relate to and integrate with the digitization and networking of silos of traditional “formal” data, including event-based information from medical clinics, hospital records, and national health and medical databases?

The collection, aggregation, and “shareability” of these informal and formal data points present a great opportunity for the practices of, and research into, health and wellness. How might this data assist in the development of new approaches to medical practice and research, a new collective intelligence for health professionals as well as the general public? However, great concerns are also expressed in relation to these developments, based on the following series of questions: Who is “generating” this data? Who is “owning” this data? Who has the right to “share” this data? These questions about the nature of our technologically-mediated social futures are now at the forefront of research, practice, and teaching about health and wellness.

How do we harness the potentials and mitigate the dangers of the age of big data?



The Physiological and the Psychological

People are empowered through health and wellness to embrace their life's potential. Health and wellness is about each individual's responsibility to themselves to make good choices, and proactive and preventative approaches to health that support optimum levels of physical, emotional and social functioning—living a nondestructive lifestyle, focusing on purposefully positive health and a fostering sense of general well-being. The foundation of health and wellness should be a socially accessible, culturally sensitive public and professional understanding of the most pressing health issues today—including awareness of risks and preventative measures to address cancer, cardiovascular health, STIs, obesity, nutrition, diabetes, chemical exposure, accidents and violence, to name just a few of the range of actual and potential health threats.

Wellness is a process of becoming aware of and learning to make healthy choices that lead toward a longer and more fulfilling life. It is the recognition of the deep interconnections between physiological health and the psychological, physical, spiritual and social needs that are necessary for us to enjoy higher levels of human functioning.

The Social and the Medical

To some, an improvement in health may simply arise from having an opportunity to eat, or to live in proper housing that isn't overcrowded, and to live in a disease free environment that isn't polluted with the industrial toxic chemicals that may be driving the economic development upon which they are dependent.

While health and wellness is a booming global industry, we are still falling short in educating world citizens on nutrition and lifestyle, how to avoid stress on the job, and how to be healthy and avoid disease. A clean and healthy environment, a safe workplace, access to nutritious unprocessed foods, housing and healthcare are the foundations of a healthy life and well-being that is adequate in any and all economic socio-economic circumstances.

Interdisciplinary Health Sciences

Medical research along with new drugs and vaccines, safer more nutritious food and health practices will help to determine the answer, but what will be the social dependencies which determine success or failure of medical programs and interventions? None of the large and important questions about the relations between health and society can be tackled from single-disciplinary perspectives. For instance, how can health communications, particularly using the new social media, create a global health education classroom? How will the worldwide population finally acquire access to vaccines for common diseases? Will occupational health and safety follow economic and industrial development globally? Will research on aging give us longer, more productive lives or rather a longer non-productive life expectancy with no joy? Can cultural and ancestry-based personal medicine help eradicate disease?

Public Health

When global health and wellness is achieved, a paradox comes with success. With health and a safer, less toxic world comes increased life expectancy, lower infant mortality, larger populations placing additional stress on economies, higher per capita medical care, housing, food and water production, and immunization programs for possible new pandemics.

Societies as a whole, governments and those involved in interdisciplinary medical research, public safety and community environmental health and literacy have an obligation to join together to solve the problems of today while at the same time planning for the problems arising from those successes.



About

The Health, Wellness & Society Knowledge Community is dedicated to the concept of independent, peer-led groups of scholars, researchers, and practitioners working together to build bodies of knowledge related to topics of critical importance to society at large. Focusing on the intersection of academia and social impact, the Health, Wellness & Society Knowledge Community brings an interdisciplinary, international perspective to discussions of new developments in the field, including research, practice, policy, and teaching.

Membership Benefits

As a Health, Wellness & Society Knowledge Community member you have access to a broad range of tools and resources to use in your own work:

- Digital subscription to *The International Journal of Health, Wellness, and Society* for one year.
- Digital subscription to the book imprint for one year.
- One article publication per year (pending peer review).
- Participation as a reviewer in the peer review process, with the opportunity to be listed as an Associate Editor after reviewing three or more articles.
- Subscription to the community e-newsletter, providing access to news and announcements for and from the knowledge community.
- Option to add a video presentation to the community YouTube channel.
- Free access to the **Scholar** social knowledge platform, including:
 - ◊ Personal profile and publication portfolio page;
 - ◊ Ability to interact and form communities with peers away from the clutter and commercialism of other social media;
 - ◊ Optional feeds to Facebook and Twitter;
 - ◊ Complimentary use of **Scholar** in your classes—for class interactions in its Community space, multimodal student writing in its Creator space, and managing student peer review, assessment, and sharing of published work.



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[#CGHealth](https://twitter.com/CGHealth)

Present and Participate in the Conference

You have already begun your engagement in the community by attending the conference, presenting your work, and interacting face-to-face with other members. We hope this experience provides a valuable source of feedback for your current work and the possible seeds for future individual and collaborative projects, as well as the start of a conversation with community colleagues that will continue well into the future.

Publish Journal Articles or Books

We encourage you to submit an article for review and possible publication in the journal. In this way, you may share the finished outcome of your presentation with other participants and members of the community. As a member of the community, you will also be invited to review others' work and contribute to the development of the community knowledge base as an Associate Editor. As part of your active membership in the community, you also have online access to the complete works (current and previous volumes) of journal and to the book imprint. We also invite you to consider submitting a proposal for the book imprint.

Engage through Social Media

There are several ways to connect and network with community colleagues:



Email Newsletters: Published monthly, these contain information on the conference and publishing, along with news of interest to the community. Contribute news or links with a subject line 'Email Newsletter Suggestion' to support@healthandsociety.com.



Scholar: Common Ground's path-breaking platform that connects academic peers from around the world in a space that is modulated for serious discourse and the presentation of knowledge works.



Facebook: Comment on current news, view photos from the conference, and take advantage of special benefits for community members at: <http://www.facebook.com/HealthAndSociety.CG>.



Twitter: Follow the community [@healthnsociety](https://twitter.com/healthnsociety) and talk about the conference with [#CGHealth](https://twitter.com/CGHealth).



YouTube Channel: View online presentations or contribute your own at <http://commongroundpublishing.com/support/uploading-your-presentation-to-youtube>.



Health, Wellness & Society | **Advisory Board**

The principle role of the advisory board is to drive the overall intellectual direction of the Health, Wellness & Society Knowledge Community and to consult on our foundational themes as they evolve along with the currents of the community. Board members are invited to attend the annual conference with a complimentary registration and provide important insights on conference development, including suggestions for speakers, venues, and special themes. We also encourage board members to submit articles for publication for consideration to *The International Journal of Health, Wellness, and Society* as well as proposals or completed manuscripts to the Health, Wellness & Society Book Imprint.

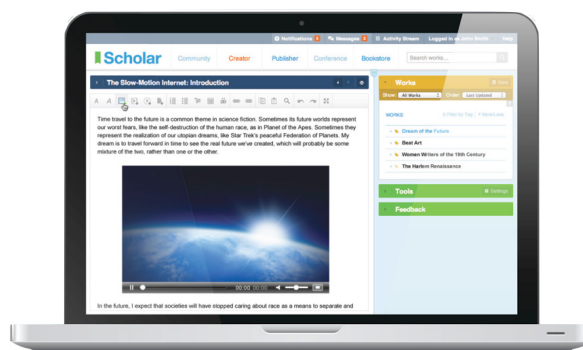
We are grateful for the continued service and support of these world-class scholars and practitioners.

- Graham Basten, De Montfort University, Leicester, UK
- Alan Ewert, Indiana University, Bloomington, USA
- Kristen Harrison, University of Illinois at Urbana-Champaign, Urbana-Champaign, USA
- James Marcum, Baylor University, Waco, USA
- David Peters, University of Westminster, London, UK
- Darlene Sredl, University of Missouri St. Louis, St. Louis, USA



A Social Knowledge Platform

Create Your Academic Profile and Connect to Peers



Developed by our brilliant Common Ground software team, **Scholar** connects academic peers from around the world in a space that is modulated for serious discourse and the presentation of knowledge works.

Utilize Your Free Scholar Membership Today through

- Building your *academic profile* and list of published works.
- Joining a community with a *thematic or disciplinary focus*.
- Establishing a new knowledge community *relevant to your field*.
- Creating *new academic work* in our innovative publishing space.
- Building a *peer review network* around your work or courses.

Scholar Quick Start Guide

1. Navigate to <http://cgscholar.com>. Select [**Sign Up**] below 'Create an Account'.
2. Enter a "**blip**" (a very brief one-sentence description of yourself).
3. Click on the "**Find and join communities**" link located under the YOUR COMMUNITIES heading (On the left hand navigation bar).
4. Search for a community to join or create your own.

Scholar Next Steps – Build Your Academic Profile

- **About:** Include information about yourself, including a linked CV in the top, dark blue bar.
- **Interests:** Create searchable information so others with similar interests can locate you.
- **Peers:** Invite others to connect as a peer and keep up with their work.
- **Shares:** Make your page a comprehensive portfolio of your work by adding publications in the Shares area - be these full text copies of works in cases where you have permission, or a link to a bookstore, library or publisher listing. If you choose Common Ground's hybrid open access option, you may post the final version of your work here, available to anyone on the web if you select the 'make my site public' option.
- **Image:** Add a photograph of yourself to this page; hover over the avatar and click the pencil/edit icon to select.
- **Publisher:** All Common Ground community members have free access to our peer review space for their courses. Here they can arrange for students to write multimodal essays or reports in the Creator space (including image, video, audio, dataset or any other file), manage student peer review, co-ordinate assessments, and share students' works by publishing them to the Community space.



Scholar

A Digital Learning Platform

Use **Scholar** to Support Your Teaching

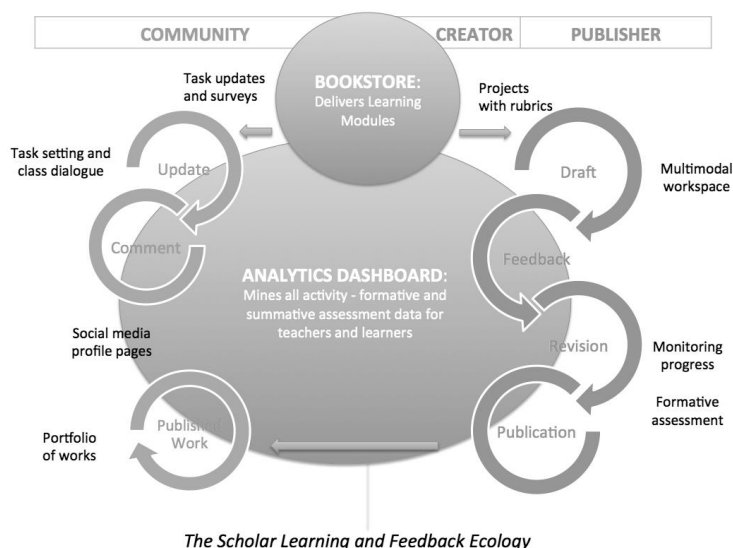
Scholar is a social knowledge platform that *transforms the patterns of interaction in learning by putting students first*, positioning them as knowledge producers instead of passive knowledge consumers. **Scholar** provides scaffolding to encourage making and sharing knowledge drawing from multiple sources rather than memorizing knowledge that has been presented to them.

Scholar also answers one of the most fundamental questions students and instructors have of their performance, “How am I doing?” Typical modes of assessment often answer this question either too late to matter or in a way that is not clear or comprehensive enough to meaningfully contribute to better performance.

A collaborative research and development project between Common Ground and the College of Education at the University of Illinois, **Scholar** contains a knowledge community space, a multimedia web writing space, a formative assessment environment that facilitates peer review, and a dashboard with aggregated machine and human formative and summative writing assessment data.

The following **Scholar** features are only available to Common Ground Knowledge Community members as part of their membership. Please email us at support@cgscholar.com if you would like the complimentary educator account that comes with participation in a Common Ground conference.

- Create projects for groups of students, involving draft, peer review, revision and publication.
- Publish student works to each student’s personal portfolio space, accessible through the web for class discussion.
- Create and distribute surveys.
- Evaluate student work using a variety of measures in the assessment dashboard.

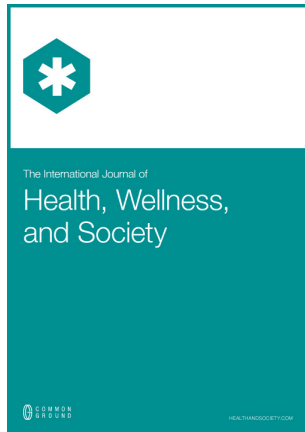


Scholar is a generation beyond learning management systems. It is what we term a *Digital Learning Platform*—it transforms learning by engaging students in powerfully horizontal “social knowledge” relationships. **For more information, visit: <http://knowledge.cgscholar.com>.**



Health, Wellness & Society Journal

Committed to investigating emerging trends and issues of concern in the fields of human health and wellness and their social interconnections and implications



Indexing

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About

The International Journal of Health, Wellness, and Society offers an interdisciplinary forum for the discussion of issues at the intersection of human physiology and social life conditions. It is a focal point for scholarly and practice-based discussion in a time of growing public and research awareness of the relations between health and social wellbeing. The concept of “health and wellness” impacts all members of society, whether at a personal level in the positive senses of life-satisfaction and exhilaration, or problematically, through the cost and availability of remedial healthcare. Contributions to the journal range from broad scientific, sociological, philosophical, and policy explorations to detailed studies of particular physiological and social dynamics.

As well as papers of a traditional scholarly type, this journal invites case studies that take the form of presentations of practice—including documentation of socially-engaged practices and exegeses analyzing the effects of those practices.

The International Journal of Health, Wellness, and Society is peer-reviewed, supported by rigorous processes of criterion-referenced article ranking and qualitative commentary, ensuring that only intellectual work of the greatest substance and highest significance is published.

Editor



Alan Ewert, School of Public Health, Indiana University, Bloomington, USA

Associate Editors

Articles published in *The International Journal of Health, Wellness, and Society* are peer reviewed by scholars who are active members of the Health, Wellness and Society Knowledge Community. Reviewers may be past or present conference delegates, fellow submitters to the journal, or scholars who have volunteered to review papers (and have been screened by Common Ground’s editorial team). This engagement with the knowledge community, as well as Common Ground’s synergistic and criterion-based evaluation system, distinguishes the peer review process from journals that have a more top-down approach to refereeing. Reviewers are assigned to papers based on their academic interests and scholarly expertise. In recognition of the valuable feedback and publication recommendations that they provide, reviewers are acknowledged as Associate Editors in the volume that includes the paper(s) they reviewed. Thus, in addition to *The International Journal of Health, Wellness, and Society’s* Editors and Advisory Board, the Associate Editors contribute significantly to the overall editorial quality and content of the journal.



Journal Submission Process and Timeline

Below, please find step-by-step instructions on the journal article submission process:

1. Submit a conference presentation proposal.
2. Once your conference presentation proposal has been accepted, you may submit your article by clicking the “Add a Paper” button on the right side of your proposal page. You may upload your article anytime between the first and the final submission deadlines. (See dates below)
3. Once your article is received, it is verified against template and submission requirements. If your article satisfies these requirements, your identity and contact details are then removed, and the article is matched to two appropriate referees and sent for review. You can view the status of your article at any time by logging into your CGPublisher account at www.CGPublisher.com.
4. When both referee reports are uploaded, and after the referees’ identities have been removed, you will be notified by email and provided with a link to view the reports.
5. If your article has been accepted, you will be asked to accept the Publishing Agreement and submit a final copy of your article. If your paper is accepted with revisions, you will be required to submit a change note with your final submission, explaining how you revised your article in light of the referees’ comments. If your article is rejected, you may resubmit it once, with a detailed change note, for review by new referees.
6. Once we have received the final submission of your article, which was accepted or accepted with revisions, our Publishing Department will give your article a final review. This final review will verify that you have complied with the Chicago Manual of Style (16th edition), and will check any edits you have made while considering the feedback of your referees. After this review has been satisfactorily completed, your paper will be typeset and a proof will be sent to you for approval before publication.
7. Individual articles may be published “Web First” with a full citation. Full issues follow at regular, quarterly intervals. All issues are published 4 times per volume (except the annual review, which is published once per volume).

Submission Timeline

You may submit your article for publication to the journal at any time throughout the year. The rolling submission deadlines are as follows:

- Submission Round 1 – 15 January
- Submission Round 2 – 15 April
- Submission Round 3 – 15 July
- Submission Round 4 (final) – 15 October

Note: If your article is submitted after the final deadline for the volume, it will be considered for the following year’s volume. The sooner you submit, the sooner your article will begin the peer review process. Also, because we publish “Web First,” early submission means that your article may be published with a full citation as soon as it is ready, even if that is before the full issue is published.



Hybrid Open Access

All Common Ground Journals are Hybrid Open Access. Hybrid Open Access is an option increasingly offered by both university presses and well-known commercial publishers.

Hybrid Open Access means some articles are available only to subscribers, while others are made available at no charge to anyone searching the web. Authors pay an additional fee for the open access option. Authors may do this because open access is a requirement of their research-funding agency, or they may do this so non-subscribers can access their article for free.

Common Ground's open access charge is \$250 per article—a very reasonable price compared to our hybrid open access competitors and purely open access journals resourced with an author publication fee. Digital articles are normally only available through individual or institutional subscriptions or for purchase at \$5 per article. However, if you choose to make your article Open Access, this means anyone on the web may download it for free.

Paying subscribers still receive considerable benefits with access to all articles in the journal, from both current and past volumes, without any restrictions. However, making your paper available at no charge through Open Access increases its visibility, accessibility, potential readership, and citation counts. Open Access articles also generate higher citation counts.

Institutional Open Access

Common Ground is proud to announce an exciting new model of scholarly publishing called Institutional Open Access.

Institutional Open Access allows faculty and graduate students to submit articles to Common Ground journals for unrestricted open access publication. These articles will be freely and publicly available to the whole world through our hybrid open access infrastructure. With Institutional Open Access, instead of the author paying a per-article open access fee, institutions pay a set annual fee that entitles their students and faculty to publish a given number of open access articles each year.

The rights to the articles remain with the subscribing institution. Both the author and the institution can also share the final typeset version of the article in any place they wish, including institutional repositories, personal websites, and privately or publicly accessible course materials. We support the highest Sherpa/Romeo access level—Green.

For more information on how to make your article Open Access, or information on Institutional Open Access, please contact us at support@commongroundpublishing.com.



Health, Wellness & Society | Journal Awards

International Award for Excellence

The International Journal of Health, Wellness, and Society presents an annual International Award for Excellence for new research or thinking in the area of health and wellness. All articles submitted for publication in *The International Journal of Health, Wellness, and Society* are entered into consideration for this award. The review committee for the award is selected from the International Advisory Board for the journal and the annual Health, Wellness & Society Conference. The committee selects the winning article from the ten highest-ranked articles emerging from the review process and according to the selection criteria outlined in the reviewer guidelines. The remaining nine top papers will be featured on our website.

Award Winner, Volume 3

Donna L. M. Kurtz, Associate Professor, Faculty of Health and Social Development, School of Nursing, University of British Columbia Okanagan, Canada

For the Article

Social Justice and Health Equity: Urban Aboriginal Women's Action for Health Reform

Award Winner, Volume 4

Shadrack Baleseng Ramokgadi, Senior Researcher, Centre for Military Studies, University of Stellenbosch, Cape Town, South Africa

For the Article

Indigenous Green Vegetables and African Livelihood Practices: Exploring Traditional Knowledge in Indigenous Green Vegetables



Community Membership and Personal Subscriptions

As part of each conference registration, all conference participants (both virtual and in-person) have a one-year digital subscription to *The International Journal of Health, Wellness, and Society*. This complimentary personal subscription grants access to both the current volume of the collection as well as the entire backlist. The period of complimentary access begins at the time of registration and ends one year after the close of the conference. After that time, delegates may purchase a personal subscription.

To view articles, go to <http://ijw.cgpublisher.com/>. Select the “Login” option and provide a CGPublisher username and password. Then, select an article and download the PDF. For lost or forgotten login details, select “forgot your login” to request a new password.

Journal Subscriptions

Common Ground offers print and digital subscriptions to all of its journals. Subscriptions are available to *The International Journal of Health, Wellness, and Society* and to custom suites based on a given institution’s unique content needs. Subscription prices are based on a tiered scale that corresponds to the full-time enrollment (FTE) of the subscribing institution.

For more information, please visit:

- <http://healthandsociety.com/journal/subscribe>
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Library Recommendations

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Health, Wellness & Society Book Imprint

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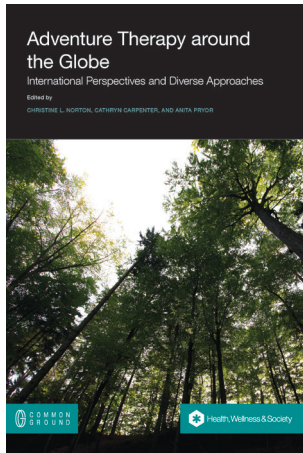
- A brief description of your professional credentials
- A list of your areas of interest and expertise
- A copy of your CV with current contact details

If we feel that you are qualified and we require refereeing for manuscripts within your purview, we will contact you.



Adventure Therapy around the Globe: International Perspectives and Diverse Approaches

Christine L. Norton, Cathryn Carpenter, and Anita Pryor (eds.)



ISBN—978-1-61229-773-6
670 Pages

Community Website:
healthandsociety.com

Bookstore:
healthandsociety.cgpublisher.com/

Adventure Therapy around the Globe is an important, peer-reviewed collection of papers pulled from the 5th and 6th International Adventure Therapy Conference proceedings. These papers present international perspectives and diverse approaches to adventure therapy theory, practice and research. Adventure therapy program models and interventions from around the world are presented here to help adventure therapy practitioners develop new ideas and approaches for helping participants find healing and enhance wellbeing in the natural world.

Editor Bios:

Christine Lynn Norton, PhD, LCSW is an associate professor of social work at Texas State University. She has been involved in the field of adventure therapy for over 20 years, as a practitioner, researcher and educator. Christine has served as the chair of the Therapeutic Adventure Professional Group, as a research scientist for the Outdoor Behavioral Healthcare Research Cooperative and as the U.S. representative to the Adventure Therapy International Committee (ATIC) since 2009. She is a wife and mother of three, and she believes deeply of the healing power of outdoor adventure.

Cathryn Carpenter has implemented outdoor experiential learning programs in educational and commercial settings over the last 30 years. She has been involved in the development and expansion of Bush Adventure Therapy within Australia and in the Adventure Therapy International Committee. Her current research interests focus on health and wellbeing through the design and evaluation of therapeutic and developmental programs and exploration of human connections to place. Whilst Cathryn is a senior lecturer developing a Youth Work curriculum at Victoria University; she is most alive when outdoors paddling, cross country skiing, walking, sketching or taking photographs.

Anita Pryor has been involved in the field of AT since 1996 as a practitioner, manager, trainer and researcher. She is co-chair of ATIC and an international representative of the Australian Association for Bush Adventure Therapy Inc. In 2009 Anita completed a PhD on Australian Outdoor Adventure Interventions, and is now a Director of Adventure Works Pty Ltd. Anita supports bush adventure therapy in Australia through the provision of programs and counselling, training and supervision, research and evaluation and innovative partnerships.

Health, Wellness & Society Conference

*Curating global interdisciplinary
spaces, supporting professionally
rewarding relationships*



Health, Wellness & Society | About the Conference

Conference History

Founded in 2011, the International Conference on Health, Wellness & Society provides a forum to explore issues of concern in the fields of human health and wellness, and in particular their social interconnections and implications.

The International Conference on Health, Wellness & Society is built upon four key features: internationalism, interdisciplinarity, inclusiveness, and interaction. Conference delegates include leaders in the field as well as emerging scholars, who travel to the conference from all continents and represent a broad range of disciplines and perspectives. A variety of presentation options and session types offer delegates multiple opportunities to engage, to discuss key issues in the field, and to build relationships with scholars from other cultures and disciplines.

Past Conferences

- 2011 – University of California, Berkeley, USA
- 2012 – University Center, Chicago, USA
- 2013 – Escola Paulista de Medicina, Universidade Federal de São Paulo, São Paulo, Brazil
- 2014 – UBC Robson Square, Vancouver, Canada
- 2015 – Universidad de Alcalá, Alcalá de Henares, Madrid, Spain

Plenary Speaker Highlights

The International Conference on Health, Wellness & Society has a rich history of featuring leading and emerging voices from the field, including:

- Renato D. Alarcon, Mayo Clinic College of Medicine, Rochester, USA (2013)
- Carol Braunschweig, University of Michigan, Ann Arbor, USA (2012)
- Bechara Choucair, Chicago Department of Public Health, Chicago, USA (2012)
- Dante Gallian, University of São Paulo, São Paulo, Brazil (2014)
- George Lambie, De Montfort University, Leicester, UK (2011)
- Linda Neuhauser, University of California, Berkeley, USA (2011)

Past Partners

Over the years, the International Conference on Health, Wellness & Society has had the pleasure of working with the following organizations:



De Montfort University,
Leicester, UK (2011)



Federal University of São Paulo,
São Paulo, Brazil (2013)



School of Public Health,
University of California,
Berkeley, USA (2011)



Western University of
Health Sciences,
Pomona, USA (2011)



Health, Wellness & Society | About the Conference

Conference Principles and Features

The structure of the conference is based on four core principles that pervade all aspects of the knowledge community:

International

This conference travels around the world to provide opportunities for delegates to see and experience different countries and locations. But more importantly, the Health, Wellness, & Society Conference offers a tangible and meaningful opportunity to engage with scholars from a diversity of cultures and perspectives. This year, delegates from over 34 countries are in attendance, offering a unique and unparalleled opportunity to engage directly with colleagues from all corners of the globe.

Interdisciplinary

Unlike association conferences attended by delegates with similar backgrounds and specialties, this conference brings together researchers, practitioners, and scholars from a wide range of disciplines who have a shared interest in the themes and concerns of this community. As a result, topics are broached from a variety of perspectives, interdisciplinary methods are applauded, and mutual respect and collaboration are encouraged.

Inclusive

Anyone whose scholarly work is sound and relevant is welcome to participate in this community and conference, regardless of discipline, culture, institution, or career path. Whether an emeritus professor, graduate student, researcher, teacher, policymaker, practitioner, or administrator, your work and your voice can contribute to the collective body of knowledge that is created and shared by this community.

Interactive

To take full advantage of the rich diversity of cultures, backgrounds, and perspectives represented at the conference, there must be ample opportunities to speak, listen, engage, and interact. A variety of session formats, from more to less structured, are offered throughout the conference to provide these opportunities.



Plenary

Plenary speakers, chosen from among the world's leading thinkers, offer formal presentations on topics of broad interest to the community and conference delegation. One or more speakers are scheduled into a plenary session, most often the first session of the day. As a general rule, there are no questions or discussion during these sessions. Instead, plenary speakers answer questions and participate in informal, extended discussions during their Garden Conversation.



Garden Conversation

Garden Conversations are informal, unstructured sessions that allow delegates a chance to meet plenary speakers and talk with them at length about the issues arising from their presentation. When the venue and weather allow, we try to arrange for a circle of chairs to be placed outdoors.



Talking Circles

Held on the first day of the conference, Talking Circles offer an early opportunity to meet other delegates with similar interests and concerns. Delegates self-select into groups based on broad thematic areas and then engage in extended discussion about the issues and concerns they feel are of utmost importance to that segment of the community. Questions like "Who are we?", "What is our common ground?", "What are the current challenges facing society in this area?", "What challenges do we face in constructing knowledge and effecting meaningful change in this area?" may guide the conversation. When possible, a second Talking Circle is held on the final day of the conference, for the original group to reconvene and discuss changes in their perspectives and understandings as a result of the conference experience. Reports from the Talking Circles provide a framework for the delegates' final discussions during the Closing Session.



Themed Paper Presentations

Paper presentations are grouped by general themes or topics into sessions comprised of three or four presentations followed by group discussion. Each presenter in the session makes a formal twenty-minute presentation of their work; Q&A and group discussion follow after all have presented. Session Chairs introduce the speakers, keep time on the presentations, and facilitate the discussion. Each presenter's formal, written paper will be available to participants if accepted to the journal.



Colloquium

Colloquium sessions are organized by a group of colleagues who wish to present various dimensions of a project or perspectives on an issue. Four or five short formal presentations are followed by commentary and/or group discussion. A single article or multiple articles may be submitted to the journal based on the content of a colloquium session.



Focused Discussion

For work that is best discussed or debated, rather than reported on through a formal presentation, these sessions provide a forum for an extended “roundtable” conversation between an author and a small group of interested colleagues. Several such discussions occur simultaneously in a specified area, with each author’s table designated by a number corresponding to the title and topic listed in the program schedule. Summaries of the author’s key ideas, or points of discussion, are used to stimulate and guide the discourse. A single article, based on the scholarly work and informed by the focused discussion as appropriate, may be submitted to the journal.



Workshop/Interactive Session

Workshop sessions involve extensive interaction between presenters and participants around an idea or hands-on experience of a practice. These sessions may also take the form of a crafted panel, staged conversation, dialogue or debate—all involving substantial interaction with the audience. A single article (jointly authored, if appropriate) may be submitted to the journal based on a workshop session.



Poster Sessions

Poster sessions present preliminary results of works in progress or projects that lend themselves to visual displays and representations. These sessions allow for engagement in informal discussions about the work with interested delegates throughout the session.



Health, Wellness & Society | Daily Schedule

Thursday, 3, September

8:00–9:00	Conference Registration Desk Open
9:00–9:10	Conference Welcome—Universidad de Alcalá
9:10–9:30	Conference Opening—Homer Stavely, Common Ground Publishing, USA; Karim Gherab-Martin, Common Ground Publishing, España
9:30–9:35	Transition Break
9:35–10:05	Plenary Session—Paul Lukowicz, Technical University of Kaiserslautern, Germany
10:05–10:35	Plenary Session—Miguel Angel Luengo Oroz, UN Global Pulse/United Nations, USA <i>Big Data for Global Health Challenges</i>
10:35–11:05	Garden Conversation and Coffee Break
11:05–11:20	Transition Break (Move to Rectarado Building)
11:20–12:05	Talking Circles
12:05–13:45	Parallel Sessions
13:45–14:55	Lunch
14:55–16:10	Parallel Sessions
16:10–16:20	Coffee Break
16:20–18:00	Parallel Sessions

Friday, 4, September

8:00–9:00	Conference Registration Desk Open
9:00–9:15	Daily Update
9:15–9:45	Plenary Session—Rita Paradiso, Smartex, Italy <i>Monitoring Systems Based on Textile Sensing Platforms to Support a Healthier Lifestyle</i>
9:45–10:15	Plenary Session—Javier Nieto, University of Wisconsin-Madison, USA
10:15–10:45	Garden Conversation and Coffee Break
10:45–11:00	Transition Break (Move to Rectarado Building)
11:00–12:40	Parallel Sessions
12:40–13:40	Lunch
13:40–15:20	Parallel Sessions
15:20–15:30	Coffee Break
15:30–16:15	Parallel Sessions
16:15–16:25	Break
16:25–17:40	Parallel Sessions
17:40–18:00	Special Event: Closing and Awards Ceremony—Homer Stavely, Common Ground Publishing, USA



Conference Dinner at La Hostería del Estudiante

Join conference delegates and plenary speakers for an evening of conversation over a traditional Spanish dinner. La Hostería del Estudiante is housed in the oldest part of Alcalá de Henares, and since 1929, the restaurant has captured both the history and charm of the region.

Taking place on the first day of the conference, the dinner provides an excellent space for networking and more intimate conversations with other international colleagues.

Starters

Selection of small plates: Iberian ham, manchego cheese, diced cheese, meat croquets, and crunchy “migas”

Main Dish

A choice between:

Beef: Veal shank slow cooked with revolcona potatoes

Fish: Braised gilthead with vegetables and tomato compote with sea urchin sauce

Vegetarian: Available upon request

Dessert

Costrada (puff pastry with cream and meringue) with red forest fruit sorbet

Beverages

Still and sparkling mineral water, soft drinks, beer, white and red wine, and coffee and tea

**Please note: because all ingredients are fresh, the restaurant reserves the right to make substitutions based upon availability.*

Date: Thursday, 3 September 2015

Time: 8:30 - 11:00 PM

Price: US\$50.00

Address:

Restaurante la Hosteria del Estudiante

Calle Colegios, 3. Alcalá de Henares - Madrid

Make a Reservation: See the registration desk for availability



Health, Wellness & Society | Plenary Speakers

Miguel A. Luengo-Oroz

Big Data for Global Health Challenges



Miguel is Chief Scientist at UN Global Pulse, an innovation initiative at the Executive Office of the United Nations Secretary-General, harnessing Big Data for global development. He leads the data science team across the network of Global Pulse Labs in New York, Jakarta, and Kampala which provide “innovation as a service” - developing Big Data projects together with UN system partners. Miguel is the founding director of MalariaSpot.org—videogames and crowdsourcing for diagnosis of malaria and other global health diseases, based at the Universidad Politécnica de Madrid. As an antidisciplinary scientist, and over the last 10 years, he has been working on innovative projects at the crossroads of international development, social innovation, global health, and systems biology with data science. Miguel is Ashoka fellow (2013) and GSP10 from Singularity University at NASA. He obtained a PhD in biomedical engineering, MSc in cognitive sciences, and MSc in telecommunications engineering.

Paul Lukowicz



Paul Lukowicz is Full Professor of AI at the Technical University of Kaiserslautern in Germany where he is heading the Embedded Intelligence group at DFKI. From 2006 till 2011, he has been full Professor (W3) of Computer Science at the University of Passau. He has also been a senior researcher (“Oberassistent”) at the Electronics Laboratory at the Department of Information Technology and Electrical Engineering of ETH Zurich. Paul Lukowicz has and MSc (Dipl. Inf.) and a PhD (Dr. rer nat.) in Computer Science, and a MSc in Physics (Dipl. Phys.). His research focuses on context aware ubiquitous and wearable systems including sensing, pattern recognition, system architectures, models of large scale self-organized systems, and applications. Paul Lukowicz coordinates the FP7-FET SOCIONICAL projects, is Associate Editor in Chief of IEEE Pervasive Computing Magazine, and has been serving as TPC Chair of a number of international events in the area.



F. Javier Nieto



F. Javier Nieto, MPH, MD, PhD, is the ICTR Assistant Director for Population Based Research. He is also the Chair of the Department of Population Health Sciences in the UW School of Medicine and Public Health, and a professor of Population Health and Family Medicine. Dr. Nieto received his MD degree from the University of Valencia, Spain in 1978. Between 1979 and 1985, he completed a residency in Family and Community Medicine in Spain and an MPH degree in Havana, Cuba. After a brief period working for the Spanish Government to develop primary health-care centers in a rural area in central Spain, he came to the United States to the Johns Hopkins University where he completed a Master's in Health Sciences (MHS, 1989) and a PhD degree in Epidemiology (1991). In 1991 he joined the faculty of the Department of Epidemiology in the Johns Hopkins University School of Public Health and served as an Associate Professor between 1998 and 2001. Dr. Nieto became chair of the Department of Population Health Sciences at UW-Madison in January 2002. He also serves as director of the Survey of the Health of Wisconsin (SHOW) project, a novel infrastructure for population-based clinical, epidemiologic, and health services research. Dr. Nieto's main areas of research interest include cardiovascular disease epidemiology, markers of subclinical atherosclerosis, emerging risk factors for cardiovascular disease (homocysteine, inflammation markers, chronic infections), health consequences of sleep disorders, and psychosocial stress. He is also interested in methodological issues in epidemiology and in the teaching of epidemiologic methods. Along with Moyses Szklo, he is co-author of a textbook on intermediate epidemiology methods (*Epidemiology: Beyond the Basics*, 2nd Edition. Boston, Mass, Jones & Bartlet Publishers, 2007).

Rita Paradiso

Monitoring Systems Based on Textile Sensing Platforms to Support a Healthier Lifestyle



Rita Paradiso, PhD, graduated in Physics from the University of Genoa and received her PhD in Bioengineering in 1991. Molecular Electronics, Biosensors, and Biomaterials for biomedical applications have been her main research topics. In particular, she worked on functionalized surfaces and their characterization. She worked in London during her PhD at the Physics Department of Queen Mary College. In 1993, she received a Post Doctor CE fellowship at the Molecular Chemical Laboratory—CNE Saclay, France. In 1994, she was Post Doctor fellow at the Department of Material Engineering of the University of Trento. During 1998, she worked at the “IRST-Instituto Trentino di Cultura” on bio-activation of MEMS, FIBIA. From 1998-1999, she was Research Manager of Technobiochip s.r.l.- Marciana (LI)-Italy. She has over 70 scientific publications and conference presentations since 1989. She joined Smartex in 2000 as R&D Manager, and from July 2011 she is the CEO of the company. From September 2001, she has been involved in several European projects as coordinator like in WEALTHY (IST-2001-37778), coordinator of the Functional Bioclothes” consortium in MYHEART (IST-2002-507816), and technical coordinator of Psyche (ICT-2009.5.1-247777). She was also directly involved in Biotex (IST-NMP 016789), Proetex (IST-4 026987), Healthwear (e-TEN 029402), Tremor (ICT-2007-2-224051); e-Sponder (SEC-2009.4.2-242411), Interaction (FP7- 287351), and she is currently working in Welcome (FP7 611223).



Senyo Agbeyaka



Senyo Agbeyaka is currently completing his Masters of Social Work at the University of Toronto with a specialization in Mental Health and Health. He received his bachelor's degree in Psychology, Neuroscience, and Behaviour from McMaster University. His research interests revolve around how social factors in communities influence health and wellbeing. He has been involved in research examining recovery and remission from depression, mental health of youth from diverse populations, and he has also been engaged in various community-based research projects for non-profit organizations.

Connie Allen



Connie Allen is currently completing a PhD on high-level wellness, based on interviews with 25 exceptionally healthy happy Australians. She has a Bachelor of Behavioural Science with First Class Honours, a Master of Public Health, and 15+ years of experience in government, non-government, and university sectors. Connie also manages her own business, writes for community and academic audiences, and assists fellow researchers through training, editing, and web-based support.

Rebecca Louise Crowther



Rebecca is currently in her first year as a PhD Candidate at Edinburgh College of Art. Her research is interdisciplinary or perhaps 'anti-disciplinary': Working across landscape and anthropology having come from a background in performance theory and applied arts practice. She is working on a project exploring shared experience, communitas, reverie, Intangible Cultural Heritage, and well-being within rural spaces in Scotland. She is working to develop a set of collaborative, sensory and creative methods within an ethnographic framework to attempt to "capture" ephemeral and intangible experience within groups of people and natural spaces. Important elements of interest within her research are empathy with other (including non-human other) and place, belonging, and togetherness for well-being. Other interests include eco-psychology, new animism, and sustainability.

Mohammad Amin Kamaledin



Mohammad Amin Kamaledin was selected as an exceptional talent in Iran since 2005. In 2011, after being ranked 35 among more than 500,000 students in the entrance exams of universities, he joined the continuous PhD program in Biotechnology at the University of Tehran, Iran, and received his BSc Degree as the first ranked undergraduate student in 2015. Currently he joins the research group of Professor Mathew E. Diamond at SISSA, Italy, to work as the research assistant in the field of cognitive neuroscience and is offered two PhD positions in UCL and McGill University for continuing his graduate studies that will be started in September.



Hyunjung Lee



Hyunjung Lee is a PhD Candidate in the department of Public Policy and Public Affairs at University of Massachusetts Boston. Hyunjung received a BA in Chemical Engineering from Konkuk University in Korea, an executive MBA from Helsinki School of Economics in Finland and a MA in Public Policy from George Mason University in the US. Currently, her dissertation investigates the effect of the expansion of health insurance coverage under the Affordable Care Act, on inequality in access to health care and health disparities. It also discusses the mechanism by which insurance coverage could alleviate health disparities. Hyunjung's ongoing research interests include health care reform and health care disparities. Her past research work includes topics on the impact of the Massachusetts health reform on health care disparities, Korean medical tourism focusing on the government's supports and facilitators' activities, and the privatization in Korean public health care industry.

Hui Yee (Venurs) Loh



Venurs is undertaking a PhD project in social epidemiology in the School of Public Health and Social Work at Queensland University of Technology. Her research is investigating relationships between the neighbourhood environment, physical activity and physical function in the context of healthy ageing, and with a focus on socioeconomic inequalities. Venurs is a young, talented, and highly motivated person who is aspiring to a successful research career in public health.

Anita Minh



Anita is a Master student at the University of British Columbia in Canada. Her research concerns the social determinants of mental health inequalities in children and youth, including features of the transition from school to work.

Arsh Randhawa



Arsh's research focus on implementing healthy behaviour change interventions, involving novel smartphones technologies and health coaching in different chronic disease populations. She has worked as a health coach for employees at large Canadian Corporation on the Connected Health and Wellness Project. Her research interests also include mindfulness meditation for youth and currently she leads mindfulness sessions at York University. As a fitness instructor, she lead and organized group and individual exercise programmes to help people to improve their health and fitness. She is looking forward to completing her MSc and starting PhD in September 2015.

Jil Janine Ferreira

Jil Janine Ferreira holds a bachelor's degree in Sport and Wellness (Polytechnic Institute of Leiria) and Master degree in Physical Activity in Special Populations (ESDRM-IPS - Sport Sciences School of Rio Maior – Polytechnic Institute of Santarém). She is involved in the project ACTIVE SCHOOL funded by IPDJ and QREN-InAlentejo. She is planning her doctoral thesis in this field. She works as school teacher and fitness instructor with children. Janine is native in Portuguese and also familiar with English.

THURSDAY, 03 SEPTEMBER

THURSDAY, 03 SEPTEMBER	
8:00-9:00	CONFERENCE REGISTRATION DESK OPEN
9:00-9:10	CONFERENCE WELCOME - UNIVERSIDAD DE ALCALÁ
9:10-9:30	CONFERENCE OPENING - HOMER STAVELEY, COMMON GROUND PUBLISHING, USA; KARIM GHERAB-MARTIN, COMMON GROUND PUBLISHING, ESPAÑA
9:30-9:35	TRANSITION BREAK
9:35-10:05	PLENARY SESSION - PAUL LUKOWICZ, TECHNICAL UNIVERSITY OF KAISERSLAUTERN, GERMANY
10:05-10:35	PLENARY SESSION - MIGUEL ANGEL LUENGO OROZ, UN GLOBAL PULSE/UNITED NATIONS, USA - "BIG DATA FOR GLOBAL HEALTH CHALLENGES"
10:35-11:05	GARDEN CONVERSATION AND COFFEE BREAK
11:05-11:20	TRANSITION BREAK
11:20-12:05	TALKING CIRCLES
	Room 1 - The Physiology, Kinesiology, and Psychology of Wellness in its Social Context Room 2 - Interdisciplinary Health Sciences Room 3 - Public Health Policies and Practices Room 6 - Health Promotion and Education Room 7 - 2015 Special Focus: Health and Wellness in the Age of Big Data
12:05-13:45	PARALLEL SESSIONS
Room 1	<p>Adolescent Health Issues</p> <p>Exploring Alcohol Consumption, Knowledge, and Perceptions Dr. Marcella Ogenchuk, <i>College of Nursing, University of Saskatchewan, Saskatoon, Canada</i> Dr. Laurie Hellsten-Bzovey, <i>College of Education, University of Saskatchewan, Saskatoon, Canada</i> Michelle Prytula, <i>College of Education, University of Saskatchewan, Saskatoon, Canada</i> <i>Overview:</i> This study explored students' alcohol consumption, knowledge, perceived risk associated with alcohol use, perceived confidence in obtaining support for not drinking, and in resisting alcohol in on school system. <i>Theme: Health Promotion and Education</i></p> <p>What Teenagers Know about the Risks of Alcohol Consumption Assoc.Prof. Jaroslav Stanciak, <i>University of SS. Cyril and Methodius Trnava, Slovak Republic, Faculty of Social Sciences, Trnava, Slovakia</i> Prof. Jozef Novotny, <i>Department of Health studies, University College of Polytechnics Jihlava, Czech Republic, Jihlava, Czech Republic</i> <i>Overview:</i> We examine what teenagers know at various ages about the effects of alcohol consumption. <i>Theme: Health Promotion and Education</i></p> <p>Adolescent Disclosure Dr. Linda Summers, <i>School of Nursing, New Mexico State University, Las Cruces, USA</i> <i>Overview:</i> Assessing the health status of adolescents is challenging for health care providers. The study compared the effects of story-centered care to standard care on adolescent disclosure in an Urgent Care. <i>Theme: Health Promotion and Education</i></p> <p>Predictive Model of Risk Factors for Adolescent Suicide: Applying Decision-making Trees for Data Mining Dr. Ji-Young An, <i>u-Healthcare Design Institute, Inje University, Seoul, South Korea</i> Dr. Taemin Song, <i>Division of Statistics & Information Research, Korea Institute for Health and Social Affairs, Sejong, South Korea</i> <i>Overview:</i> This study proposes a predictive model of risk factors affecting adolescent suicide, which was built upon social big data collected from domestic social network services. <i>Theme: Interdisciplinary Health Sciences</i></p>
Room 2	<p>The Kinesiology of Wellness</p> <p>Well-being of Family Caregivers of Assisted Living Residents: Changes over Time Dr. Laurel Ann Strain, <i>Department of Sociology, University of Alberta, Edmonton, Canada</i> Dr. Colleen J. Maxwell, <i>Schools of Pharmacy and Public Health & Health Systems, University of Waterloo, Waterloo, Canada</i> <i>Overview:</i> This research focuses on the well-being of family caregivers of assisted living residents and the extent to which it changes over time, taking caregiver and care receiver characteristics into account. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p> <p>Validity of Self-reported Data in Hypertension Research Dr. Eric Yeboah Tenkorang, <i>Faculty of Arts, Memorial University of Newfoundland, St. John's, Canada</i> Dr. Adobea Yaa Owusu, <i>Institute of Statistical, Social & Economic Research (ISSER), University of Ghana, Legon, Accra, Ghana</i> <i>Overview:</i> This paper contributes to the limited but growing body of literature that tracks inconsistent reports of hypertension using data from the Study on Global Ageing and Adult Health (SAGE). <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p> <p>The Insulin-sensitizing Effect of Exercise Wears Off after a Few Days in Aged Rats Anastasia Tzimou, <i>Sports Medicine, Aristotle University of Thessaloniki, Thessaloniki, Greece</i> Prof. Ioannis Taitzoglou, <i>Sports Medicine, Aristotle University of Thessaloniki, Thessaloniki, Greece</i> Prof. Vassilis Mougios, <i>Veterinary Physiology, Aristotle University of Thessaloniki, Thessaloniki, Greece</i> <i>Overview:</i> This study aimed to identify the effects of mild-intensity lifelong and acute exercise on insulin sensitivity of aged rats and also examine how long these effects last. <i>Theme: Interdisciplinary Health Sciences</i></p>



THURSDAY, 03 SEPTEMBER

12:05-13:45	PARALLEL SESSIONS
Room 3	<p>Holistic Health</p> <p>Assessment of Student Learning Outcomes in Holistic Health Courses Charlene Rinehart Brown, <i>Rinehart Institute, Kalamazoo, USA</i> Brooks Applegate, <i>Educational Leadership, Research and Technology Evaluation, Measurement & Research, Western Michigan University, Kalamazoo, USA</i> <i>Overview:</i> The objective of this study was to investigate the Holistic Wellness Assessment's sensitivity to detect changes as a function of an undergraduate college curriculum experience in a holistic health courses. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p> <p>The Contraindications of Hot Yoga: Risks and Benefits Dr. Brandon Eggleston, <i>School of Health and Human Services Department of Community Health, National University, San Diego, USA</i> Dr. Casey Mace, <i>Physical Education, School, and Public Health, Central Washington University, Ellensburg, USA</i> <i>Overview:</i> This paper will discuss one of the first studies that examines what yoga practitioners know about the risks and benefits of practicing hot yoga (30C or more). <i>Theme: Health Promotion and Education</i></p> <p>Presenting Food and Culture: Teaching Nutrition through "Learning by Doing" Dr. Emily Shupe, <i>Department of Dietetics, Fashion Merchandising, and Hospitality, Western Illinois University, Macomb, USA</i> Rita Kaul, <i>Department of Dietetics, Fashion Merchandising, and Hospitality, Western Illinois University, Macomb, USA</i> Dr. Lorri Kanauss, <i>Department of Dietetics, Fashion Merchandising, and Hospitality and Bella Hearst Diabetes Institute, Western Illinois University, Macomb, USA</i> <i>Overview:</i> Food and Culture Club serves multiple purposes to increase internationalizing the campus by promoting interest and knowledge of diverse foods and cultures through two free well-attended events each semester. <i>Theme: Health Promotion and Education</i></p> <p>Online Fitness Culture and Health Information: Implications on the Health Practices of Young Females Stephanie Jong, <i>School of Education, Flinders University, Adelaide, Australia</i> <i>Overview:</i> Online environments provide access to health information and the ability to "share" and transmit health ideas and ideals, which shape health beliefs and practices of young females involved. <i>Theme: Health Promotion and Education</i></p>
Room 4	<p>Policies and Practices of Health</p> <p>Training Human Resource Managers to Understand Legal and Ethical Consideration of Confidential Medical Information Collection and Management Dr. Bob Barrett, <i>School of Business, American Public University, Falling Waters, USA</i> <i>Overview:</i> Due to ethical and legal consideration of confidential medical information, there is a greater need to train HR Managers in the areas of collection, management, and disclosure of HIPPA-related data. <i>Theme: Public Health Policies and Practices</i></p> <p>A Review on the SimSmoke Policy Models Dr. Zeynep Didem Unutmaz Durmusoglu, <i>Department of Industrial Engineering, Gaziantep University, Gaziantep, Turkey</i> Pinar Kocabey Çiftçi, <i>Department of Industrial Engineering, Gaziantep University, Gaziantep, Turkey</i> <i>Overview:</i> In this study, a review on SimSmoke model publications was conducted in order to analyze how SimSmoke models were used for understanding the impacts of different tobacco control policies. <i>Theme: Public Health Policies and Practices</i></p> <p>Teenagers and Their Knowledge Concerning the Ingredients of Energy Drinks Prof. Jozef Novotny, <i>Department of Health Care Studies, College of Polytechnics Jihlava, Jihlava, Czech Republic</i> Assoc.Prof. Jaroslav Stanciak, <i>Faculty of Social Work, University of SS. Cyril and Methodius, Trnava, Slovakia</i> <i>Overview:</i> Teenagers are using energy drinks in increasing quantity at discotheques and other events, but young people have very little interest in their ingredients. <i>Theme: Public Health Policies and Practices</i></p>
13:45-14:55	LUNCH
14:55-16:10	PARALLEL SESSIONS
Room 1	Late Additions
Room 2	<p>Body Weight, Body Health</p> <p>Impact of a Weight Loss Wellness Coaching Program on Bariatric Surgery Participants Dr. Anita Gust, <i>Exercise Science, Concordia College, Moorhead, USA</i> <i>Overview:</i> This study determines the impact of a pre-bariatric surgery wellness coaching program on health behaviors and quality of life. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p> <p>Body, Emotion and Language: A Tripartite Approach that Disrupts Mainstream Understandings of Eating Disorders as Individual Diseases Dr Lisa Hodge, <i>Division of Health Sciences, University of South Australia, Adelaide, Australia</i> <i>Overview:</i> Psychiatry's framing of eating disorders as an "illness" category pathologises women. Research using dialogic interviews, and women's own drawings and poetry, disrupts mainstream understanding of eating disorders as individual diseases. <i>Theme: Interdisciplinary Health Sciences</i></p> <p>Appearance and Body Esteem Related to Gender, Age, Social Support and Online Misbehavior: Middle School and High School Students Dr. Tali Heiman, <i>Department of Education and Psychology, The Open University of Israel, Raanana, Israel</i> Dr. Dorit Olenik-Shemesh, <i>Department of Education and Psychology, The Open University of Israel, Raanana, Israel</i> <i>Overview:</i> This study examined the perceptions of appearance and body esteem among 544 adolescent, aged 11-17 as related to perceived social support, and online networking misbehavior. <i>Theme: Health Promotion and Education</i></p>



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14:55-16:10	PARALLEL SESSIONS
Room 3	<p>Public Health and Disease Responses</p> <p>Leishmaniasis in Saudi Arabia Prof. Najia A. Al-Zanbagi, <i>Department of Biology, Science College, King Abdulaziz University, Jeddah, Saudi Arabia</i> <i>Overview:</i> The article reviews current status for Leishmaniasis in Saudi Arabia and the effort to control the disease. <i>Theme: Public Health Policies and Practices</i></p> <p>Evaluation of Health Factors Affecting the Success Rate of Sustained Viral Response of Hepatitis C Treatment Dr. Elizabeth Gail Kuchler, <i>Community Wellness Program, New Department of Health Southwest Region, Las Cruces, USA</i> <i>Overview:</i> Hepatitis C is identified as the leading cause of liver disease, and liver transplantation. The project examined the relationship of co-morbid health factors on hepatitis C sustained viral response. <i>Theme: Public Health Policies and Practices</i></p> <p>Applying a Scenario Approach to Public Health Dr. Henk Hilderink, <i>Centre for Health and Society Department of public health forecasting, RIVM-National Institute for Public Health and the Environment, Bilthoven, Netherlands</i> <i>Overview:</i> Applying a scenario methodology to public health is essential to support Public health policy makers and should account for uncertainties in demography, economy, technology and health systems. <i>Theme: Public Health Policies and Practices</i></p>
Room 4	<p>Pregnancy and Health</p> <p>Active Pregnancy: Translating Evidence-based Recommendations for Exercise during Pregnancy into Practice Prof. Rita Santos-Rocha, <i>ESDRM-IPS Sport Sciences School of Rio Maior – Polytechnic Institute of Santarém, Rio Maior, Portugal</i> Anna Szumilewicz, <i>AWFIS Gdansk University of Physical Education and Sport - Faculty of Tourism and Recreation, Gdansk, Poland</i> <i>Overview:</i> This systematic review aims to analyze worldwide guidelines for exercise and physical activity during pregnancy and help exercise professionals and researchers to design interventions based on the current scientific evidence. <i>Theme: Health Promotion and Education</i></p> <p>Oral Health Education during Pregnancy to Improve Oral Health and Decrease Adverse Pregnancy Outcomes Nico Geurs, <i>University of Alabama, School of Dentistry, University of Alabama at Birmingham, Birmingham, USA</i> <i>Overview:</i> Obtaining optimal oral health during pregnancy is challenging. Poor oral health is associated with negative pregnancy outcomes. A model for oral health education and impact on pregnancy will be presented. <i>Theme: Health Promotion and Education</i></p>
16:10-16:20	COFFEE BREAK
16:20-18:00	PARALLEL SESSIONS
Room 1	<p>Promoting Health</p> <p>Perceived Benefits of and Barriers to Colorectal Cancer Screening among College Employees Dr. Srijana Bajracharya, <i>Health Promotion & Physical Education, Ithaca College, Ithaca, USA</i> <i>Overview:</i> This study gathered information on the knowledge of college employees regarding CRC issues and the perceived benefits of and barriers and intentions to CRC screening. <i>Theme: Health Promotion and Education</i></p> <p>Institutionalization to Deinstitutionalization: Living Independently in the Community Dorit Silberstein, <i>Social Work, ALYN Hospital, Jerusalem, Israel</i> <i>Overview:</i> This paper will present a program for young adults with severe disabilities and their quest to independent living. ALYN hospital accompanied these clients on their journey to life outside institute <i>Theme: Interdisciplinary Health Sciences</i></p> <p>The Association between Religiousness and Health Behavior among College Students: A Cross-Sectional Survey of Turkish Universities Dr. Hasan Kaplan, <i>Department of Religious Studies, Çanakkale Onsekiz Mart University, Faculty of Theology, Çanakkale, Turkey</i> <i>Overview:</i> This study examines how religiousness among college students impact positive and negative health behaviors such as smoking, drinking alcohol, eating and sleeping habits. <i>Theme: Interdisciplinary Health Sciences</i></p> <p>The Difference in Diabetes Knowledge and Disease Education between Patients and Non-patients in South Korea Dr. Jiyoung Moon, <i>Preventive Medicine, Kangwon National University Hospital, Chuncheon, South Korea</i> <i>Overview:</i> Diabetes patients' disease knowledge level is not higher than non-patients. It is necessary to provide more patients education in hospital setting for the diabetes patients' diabetes knowledge on disease management. <i>Theme: Health Promotion and Education</i></p>



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16:20-18:00	PARALLEL SESSIONS
Room 2	<p>Education and Health Care Providers</p> <p>A Longitudinal Study of the Impact of Pre-service Teacher Training in Health Education Dr. Jenny Byrne, <i>Education, The University of Southampton, Southampton, UK</i> Dr. Karen Pickett, <i>Southampton Health Technology Assessments Centre, The University of Southampton, Southampton, UK</i> Willeke Rietdijk, <i>Education, The University of Southampton, Southampton, UK</i> <i>Overview:</i> The long-term impact of an innovative health education programme during pre-service teacher training in England is explored to discover changes to teachers' knowledge and attitudes towards health education over time. <i>Theme: Health Promotion and Education</i></p> <p>Educate Faculty to Navigate an Electronic Health Record to Enhance Student Learning Dr. Conni DeBlicek, <i>School of Nursing, New Mexico State University, Las Cruces, USA</i> <i>Overview:</i> Upon graduation, health care students are expected to utilize electronic health records (EHR) frequently students are not exposed to EHR. This project was a program change to implement an EHR. <i>Theme: Health Promotion and Education</i></p> <p>Local Indigenous Knowledge Leads the Way for Cultural Safety Education of Health Care Professionals Dr. Donna L. M. Kurtz, <i>Faculty of Health and Social Development, School of Nursing, University of British Columbia Okanagan, Kelowna, Canada</i> Jessie Nyberg, <i>Faculty of Health and Social Development, University of British Columbia Okanagan, Kelowna, Canada</i> <i>Overview:</i> Indigenous led health science cultural safety curricula fosters student/faculty understanding of impacts of colonization and respectful relationships, as critical for non-racist, non-discriminatory practices in everyday life and health care provision. <i>Theme: Health Promotion and Education</i></p>
Room 3	<p>Ageing and Health</p> <p>Mobility, Risk of Falls, and Older People on the Sidewalks of Santiago, Chile: Public Health Policy and Physical Environments in an Ageing Society Prof. Marcela Pizzi, <i>Faculty of Architecture and Urbanism, University of Chile, Santiago, Chile</i> Macarena Cusato, <i>Faculty of Architecture and Urbanism, University of Chile, Santiago, Chile</i> <i>Overview:</i> We discuss the importance of considering the built environment in a broader public health public policy context considering architectural design for preventing falls in older age. <i>Theme: Public Health Policies and Practices</i></p> <p>Caregiver Stress and Mental Health: Impact of Caregiving Relationship and Gender Dr. Margaret Penning, <i>Department of Sociology, University of Victoria, Victoria, Canada</i> Dr. Zheng Wu, <i>Department of Sociology, University of Victoria, Victoria, Canada</i> <i>Overview:</i> This study compared the stress and overall mental health implications of spousal caregiving to those associated with caring for other family members, friends and others among male and female caregivers. <i>Theme: Public Health Policies and Practices</i></p>
Room 4	<p>Health in the Modern World</p> <p>Exploring Factors Affecting Patients Adoption of mHealth Services in the Kingdom of Saudi Arabia Saad Alsaleh, <i>Health Public Information Technology Department, General Directorate of Public Health, Hail, Saudi Arabia</i> Dr. Fares Alshamari, <i>Faculty of Public Health and Health Informatics, University of Hail, Hail, Saudi Arabia</i> <i>Overview:</i> The aim of the study proposal is to explore factors influence patients to adopt new mHealth services in the Kingdom of Saudi Arabia. <i>Theme: Public Health Policies and Practices</i></p> <p>The Social Determinants of Health: Different for Caregivers of Older Adults Prof. Neena Chappell, <i>Centre on Aging and Department of Sociology, University of Victoria, Victoria, Canada</i> <i>Overview:</i> Gender, social class and age are examined as social determinants of health (four quality of life indicators) among spouse and adult child caregivers of older adults with dementia. <i>Theme: Public Health Policies and Practices</i></p> <p>Using an Internet Search Query-based Proxy of Area Racism to Predict Health Outcomes among Blacks in the United States Dr. David H. Chae, <i>Department of Epidemiology and Biostatistics, University of Maryland, College Park, School of Public Health, College Park, USA</i> <i>Overview:</i> The volume of racially-charged Internet search queries may be used to measure racism and predict Black health outcomes. Evidence for associations with Black mortality and birth outcomes will be presented. <i>Theme: Public Health Policies and Practices</i></p> <p>Knowledge and Practices Related to Sanitation and Hygiene in the Mopeia Community Jose Braz Chidassicua, <i>Research Unit in Health System (UISS) in the Ministry of Health and LIESP (Interdisciplinary Laboratory for Social Studies in Public Health), Ministry of Health, Maputo, Mozambique</i> <i>Overview:</i> This research work aimed to evaluate the attitudes, knowledge and practices related to sanitation and hygiene in the Mopeia Community. <i>Theme: Health Promotion and Education</i></p>



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16:20-18:00	PARALLEL SESSIONS
Room 8	<p>Workshops</p> <p>Unravelling the Complexity of Comparative Examinations of Environment and Health Linkages: Problems Associated with Exploring Cross-National Comparative Cases Dr. Paul Teedon, <i>School of Engineering and Built Environment, Glasgow Caledonian University, Glasgow, UK</i> Dr. Mattijs Lambooi, <i>Department of Health Care Research and Health Economics, RIVM (National Institute for Public Health and the Environment), Bilthoven, Netherlands</i> <i>Overview:</i> Pharmaceutical residues can lead to environmental and even human harm but describing this is fraught with difficult and miscommunication – the workshop will explore these and discuss alternatives. <i>Theme: Public Health Policies and Practices</i></p> <p>Comic Health: An Intercultural Communication Aid for Reducing Barriers in Healthcare Dr. Vania Ranjbar, <i>Hospital Administrative Office, Angered Hospital, Gothenburg, Sweden</i> Ida Werner, <i>Hospital Administrative Office, Angered Hospital, Gothenburg, Sweden</i> Elin Woksepp Åleheim, <i>Hospital Administrative Office, Angered Hospital, Gothenburg, Sweden</i> Robin Liendeborg, <i>Hospital Administrative Office, Angered Hospital, Gothenburg, Sweden</i> Lottie Rutgersson, <i>Child and Adolescent Medical Centre, Angered Hospital, Gothenburg, Sweden</i> Dr. Marie Schönander, <i>Adult Specialist Centre, Angered Hospital, Gothenburg, Sweden</i> Ingela Abrahamsson, <i>Adult Specialist Centre, Angered Hospital, Gothenburg, Sweden</i> Dr. Jakob Larsen, <i>The Queen Silvia Children's Hospital, Sahlgrenska University Hospital, Gothenburg, Sweden</i> Carina Pettersson, <i>The Queen Silvia Children's Hospital, Sahlgrenska University Hospital, Gothenburg, Sweden</i> <i>Overview:</i> This workshop offers participants and opportunity to test Comic Health, a web-based tool with images and voice recitations in various languages for communicating information about diabetes and the treatment thereof. <i>Theme: Health Promotion and Education</i></p>

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8:00-9:00	CONFERENCE REGISTRATION DESK OPEN
9:00-9:15	DAILY UPDATE
9:15-9:45	PLENARY SESSION - RITA PARADISO, SMARTEX, ITALY, "MONITORING SYSTEMS BASED ON TEXTILE SENSING PLATFORMS TO SUPPORT A HEALTHIER LIFESTYLE"
9:45-10:15	PLENARY SESSION - JAVIER NIETO, UNIVERSITY OF WISCONSIN-MADISON, USA
10:15-10:45	GARDEN CONVERSATION AND COFFEE BREAK
10:45-11:00	TRANSITION BREAK
11:00-12:40	PARALLEL SESSIONS
Room 1	<p>Understanding Sexual Health</p> <p>Enhancing the Capacity of Service Providers to Promote Sexual Health through Face-to-Face and Online Training Programs Dr. Sandra Reilly, <i>Faculty of Nursing, University of Calgary, Calgary, Canada</i> Dr. Wendi Lokanc-Diluzio, <i>Calgary Zone, Alberta Health Services, Alberta Health Services, Calgary, Canada</i> <i>Overview:</i> In this paper, we discuss the effectiveness of face-to-face and online training programs that aim to enhance the capacity of service providers to work with youth regarding their sexual health. <i>Theme: Health Promotion and Education</i></p> <p>The Influence of Humor on Parent-Child Sexual Health Communication Dr. Katrina Pariera, <i>Department of Organizational Sciences and Communication, The George Washington University, Washington, USA</i> <i>Overview:</i> This study is about an experiment testing the effectiveness of an intervention designed to encourage parents to talk to their children about sexual health. <i>Theme: Health Promotion and Education</i></p>
Room 2	<p>Dimensions of Well-being</p> <p>Salutogenesis: Assessing Subjective Well-Being among Adult Survivors of Childhood Adversity Dr. Shanta R. Dube, <i>Division of Epidemiology and Biostatistics, Georgia State University, School of Public Health, Atlanta, USA</i> <i>Overview:</i> A Salutogenic Model was developed and tested to identify health promoting factors that are associated with positive well-being among adult survivors of childhood adversity. The findings will be presented. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p> <p>Re-thinking Health and Wellness on the Lands: Successful Strategies to Promote Women's Health in Remote Australian Aboriginal Communities Rosalie Thackrah, <i>Western Australian Centre for Rural Health, Curtin University, Perth, Australia</i> Dr. Sandra Thompson, <i>Western Australian Centre for Rural Health, University of Western Australia, Perth, Australia</i> Dr. Angela Durey, <i>School of Dentistry, University of Western Australia, Perth, Australia</i> <i>Overview:</i> This paper focuses on midwifery students' clinical practice experiences on the Ngaanyatjarra Lands, Western Australia, including their participation in health promotion activities and their enhanced understanding of culturally respectful approaches. <i>Theme: Health Promotion and Education</i></p> <p>Dimensions of European Wellness in Body, Mind and Spirit from Renaissance to Contemporary: Happiness, Health and Economics Prof. Alison Oddey, <i>College of Arts, University of Derby, Derby, UK</i> <i>Overview:</i> The theme of Physiology of Wellness in its Social Context in Renaissance and Contemporary Florence, Italy focuses on how Eleonora di Toledo functioned, including processes of nutrition, movement and reproduction. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p> <p>Contextualising Big Data through Case Studies: Everyday Experiences of High-level Wellness, Health and Happiness Connie Allen, <i>Wellness Wayfinders, Griffith University, Logan, Australia</i> Prof. Elizabeth Kendall, <i>Centre for Community Science, Menzies Health Institute, CONROD, Griffith University, Logan, Australia</i> Dr. Jennifer Boddy, <i>School of Human Services and Social Work, Griffith University, Gold Coast, Australia</i> <i>Overview:</i> This Australian study complements insights derived from big data, explaining how exceptionally healthy happy people conceptualise, obtain and maintain this way of being. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p>
Room 3	<p>New Issues in Health Care</p> <p>Catalyst for Change: Making Cities Healthier and More Equitable Dr. Monica Campbell, <i>Healthy Public Policy, Toronto Public Health, Toronto, Canada</i> <i>Overview:</i> This paper explores the practical application of the Healthy City and health-in-all policies concepts and how they were used to influence decision-making by elected officials in Canada's largest city. <i>Theme: Public Health Policies and Practices</i></p> <p>The Impact of the Expansion of Insurance Coverage under the Affordable Care Act on Health Care Disparities Hyunjung Lee, <i>Department of Public Policy and Public Affairs, University of Massachusetts Boston, Boston, USA</i> <i>Overview:</i> The paper examines the impacts of the Affordable Care Act in 2010 on inequality of access to care among races or income levels. <i>Theme: Public Health Policies and Practices</i></p> <p>Data, Young People with Serious Health Conditions and Australian Education Dr. Julie White, <i>The Victoria Institute College of Education Victoria University, The Victoria Institute, Melbourne, Australia</i> <i>Overview:</i> The number of young people with significant health challenges now living into adulthood has increased significantly due to biomedical success. Australian education systems have not kept pace with this change. <i>Theme: Public Health Policies and Practices</i></p> <p>The End of Adoption? Adoption as a Means of Promoting the Wellness of Children in the Care of the State Jo Ward, <i>Division of Social Work and Professional Practice, Nottingham Trent University, Nottingham, UK</i> Joe Smeeton, <i>Social Work and Professional Practice, Nottingham Trent University, Nottingham, UK</i> Jill Berrisford, <i>School of Social Sciences, Nottingham Trent University, Nottingham, UK</i> <i>Overview:</i> This is an exploration of the use of adoption in the UK to promote the wellness of children in the care of the state, and current controversies. <i>Theme: Public Health Policies and Practices</i></p>



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11:00-12:40	PARALLEL SESSIONS
Room 4	<p>Communities and Health</p> <p>Neighbourhood Disadvantage, Individual Socioeconomic Position and Self-reported Physical Function: A Multilevel Analysis Venurs Loh, <i>School of Public Health and Social Work, University of Brisbane, Kelvin Grove, Australia</i> <i>Overview:</i> I examine the associations between neighbourhood disadvantage, individual SES and self-reported physical function. <i>Theme: Public Health Policies and Practices</i></p> <p>Integrating Indigenous Knowledge in Traditional Medicine Program Policy Darrel Manitowabi, <i>School of Northern Development, Anthropology Program, Laurentian University, Sudbury, Canada</i> <i>Overview:</i> This paper examines the integration of Indigenous knowledge in a traditional medicine program in north-central Ontario, Canada. The program's policy emphasizes Indigenous relationality, ethics and community-centred care. <i>Theme: Interdisciplinary Health Sciences</i></p> <p>Access to Healthcare in Ghana: Serious Inequities Prevail Despite Laudable Achievements Dr. Adobea Yaa Owusu, <i>Social Division, Institute of Statistical, Social & Economic Research (ISSER), Accra, Ghana</i> <i>Overview:</i> This paper reviews five dimensions of access to healthcare in Ghana and concludes that all these forms of access have marked socio-economic and geographical inequities, particularly at the regional levels. <i>Theme: Public Health Policies and Practices</i></p>
Room 8	<p>Workshops</p> <p>Prison Terminal: The Last Days of Private Jack Hall Edgar Barens, <i>Jane Addams Center for Social Policy and Research, University of Illinois at Chicago, Chicago, USA</i> <i>Overview:</i> Prison Terminal is a documentary that tells the story of a terminally-ill prisoner, and the trained hospice volunteers — they themselves prisoners — who care for him. <i>Theme: Public Health Policies and Practices</i></p>
12:40-13:40	LUNCH
13:40-15:20	PARALLEL SESSIONS
Room 1	<p>Health in the Workplace</p> <p>Health Coaching in the Workplace: A Mixed Method Analysis of a Health Coaching Intervention In a Canadian Corporation Arshdeep Randhawa, <i>Faculty of Kinesiology and Health Science, York University, Brampton, Canada</i> Paul Ritvo, <i>School of Kinesiology and Health Science & Department of Psychology, York University, Toronto, Canada</i> <i>Overview:</i> A mixed method approach is designed to assess the effectiveness of an electronically facilitated six-month Health coaching intervention for adults in the workplace setting of a Canadian corporation. <i>Theme: Health Promotion and Education</i></p> <p>A Farmers' Health Empowerment Program towards Malaria Mosquito Control and Treatment: An Intervention Model for Evidence-based Community Participation Dr. Lillian De Las Llagas, <i>College of Public Health, University of the Philippines, Manila, Philippines</i> Dr. Lourdes M. Portus, <i>Communication Research Department, University of the Philippines, Quezon City, Philippines</i> <i>Overview:</i> This study tests a health empowerment model to prevent and treat malaria in the Philippines. The model is applied among a group of farmers whose community is malaria infected. <i>Theme: Public Health Policies and Practices</i></p> <p>Young, Alienated, and Excluded: Youth Mental Health, Labour Force Participation, and SES Anita Minh, <i>School of Population and Public Health, University of British Columbia, Toronto, Canada</i> Dr. Chris McLeod, <i>School of Population and Public Health, University of British Columbia, Vancouver, Canada</i> <i>Overview:</i> This study addresses a knowledge gap regarding the mental health of youth who are both out of the labour force and school, and potential differences by socioeconomic status. <i>Theme: Public Health Policies and Practices</i></p>
Room 2	<p>Education Issues for Health Care Professionals</p> <p>Analysis of the Registered Nurse Workforce in the State of New Mexico and the Relationship to Belonging and Affiliation: Why Nurses Stay Dr. Anita Reinhardt, <i>College of Health and Social Services, School of Nursing, New Mexico State University, Las Cruces, USA</i> <i>Overview:</i> With the looming tsunami of aging, health care settings need to retain experienced nurses. The development of the sense of belonging is key to promoting well-being and job satisfaction. <i>Theme: Health Promotion and Education</i></p> <p>Peer Mentorship Programs for Undergraduate Nursing Students: An Integrative Review Natalie Stake-Doucet, <i>Ingram School of Nursing, McGill University, Montreal, Canada</i> Celia Lombardo, <i>Ingram School of Nursing, McGill University, Montreal, Canada</i> Carissa Wong, <i>Ingram School of Nursing, McGill University, Montreal, Canada</i> Prof. Lia Sanzone, <i>Ingram School of Nursing, McGill University, Montreal State, Canada</i> Argerie Tsimicalis, <i>Ingram School of Nursing, McGill University, Montreal, Canada</i> <i>Overview:</i> Peer mentoring can be an effective way to support student transition into a university setting. This review provides information towards designing such programs. <i>Theme: Health Promotion and Education</i></p> <p>Pharmacology and Nutrition in the Neurologically Impaired Client: What Does It Mean to My Practice? Marie Vazquez Morgan, <i>Department of Rehabilitation Sciences Program in Physical Therapy, LSU Health, Shreveport, USA</i> Dr. Suzanne Tinsley, <i>Program in Physical Therapy Department of Rehab Sciences, LSU Health, Shreveport, USA</i> <i>Overview:</i> We discuss how pharmacology and nutrition impact neurologically impaired patients. <i>Theme: Health Promotion and Education</i></p>



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13:40-15:20	PARALLEL SESSIONS
Room 3	<p>The Health Care Profession</p> <p>Factors Impacting Turnover of Physicians in Rural Jordan Dr. Moawiah Khatatbeh, <i>Faculty of Medicine, Yarmouk University, Irbid, Jordan</i> <i>Overview:</i> The study investigated factors that impact the turnover of physicians in rural Jordan. <i>Theme: Public Health Policies and Practices</i></p> <p>Nursing Students' Perceptions of Self-care Applications Assoc. Prof. Ayla Kececi, <i>Nursing Department, Duzce University, Duzce, Turkey</i> Assist. Prof. Ayse Demiray, <i>Nursing, Duzce University, Duzce, Turkey</i> <i>Overview:</i> This research was aimed at discovering nursing students' perceptions about self-care applications via reflective writing. <i>Theme: Interdisciplinary Health Sciences</i></p> <p>Missed Nursing Care: Observation versus Perception in Selected Medical Intensive Care Units, Egypt Dr. Manar Ahmed El Badawy Abd El Rehem, <i>Faculty of Nursing, Cairo, Egypt</i> Magda Abd El Hamid Abd El Fatah, <i>Nursing Administration, Cairo University, Cairo, Egypt</i> Yousria Abd El salam Seloma, <i>Critical Care and Emergency Nursing, Cairo University, Cairo, Egypt</i> <i>Overview:</i> Missed nursing care is a universal phenomenon that could threaten patient safety across all countries and cultures. <i>Theme: Interdisciplinary Health Sciences</i></p> <p>How Do Self Care Applications Reflect Nurses' Learning Processes Ayse Demiray, <i>Duzce University School of Health, Duzce, Turkey</i> <i>Overview:</i> Reflection in nursing education makes nursing students improve self-awareness, thus nurse educator can support students to develop critical and innovative thinking. <i>Theme: Health Promotion and Education</i></p>
Room 8	<p>Colloquium</p> <p>Bringing Oral Health to the Forefront of Health Care through Interprofessional Collaborative Practice Dr. Bertha Olivia Alarcon, <i>College of Dental Medicine, Western University of Health Sciences- Pomona, Pomona, USA</i> Dr. Jenny Tjahjono, <i>College of Dental Medicine, Western University of Health Sciences, Pomona, USA</i> Dr. Effuah Harris, <i>College of Dental Medicine, Western University of Health SciencesU, Pomona, USA</i> Dr. Yawen Peng, <i>College of Dental Medicine, Western University of Health Sciences, Pomona, USA</i> Brooke Bodart, <i>Center for Oral Health, Western University of Health Sciences, Pomona, USA</i> Elizabeth Maugh, <i>College of Allied Health Professions Department of Physician Assistant Education, Western University of Health Sciences, Pomona, USA</i> Dr. Timothy Martinez, <i>College of Dental Medicine, Western University of Health Sciences, Pomona, USA</i> <i>Overview:</i> The prevalence of dental disease is rampant across vulnerable communities throughout the USA. A person's quality of life and daily existence can be significantly compromised by poor oral health. <i>Theme: Interdisciplinary Health Sciences</i></p>
15:20-15:30	COFFEE BREAK



FRIDAY, 04 SEPTEMBER

15:30-16:15	PARALLEL SESSIONS
Room 1	<p>Poster Session</p> <p>HealthSTEPS: Health and Development Skills, Tools and Education of Parents of Young Children Dr. Lynn Frizzell, <i>Faculty of Education, Memorial University of Newfoundland, St. John's, Canada</i> Dr. Patricia Canning, <i>Faculty of Education and Faculty of Science, Memorial University of Newfoundland, St. John's, Canada</i> Melissa Blake, <i>Child and family, Gander Bay Family Resource Centre and Healthy Baby Club, Gander Bay, Canada</i> <i>Overview:</i> HealthSTEPS is an evidence-based, six-week parent education program developed to prevent obesity and related diseases in young children delivered through established family support centres available throughout Canada. <i>Theme: Health Promotion and Education</i></p> <p>The Perception on Environmental Disease and Factors Affecting Pro-environmental Health Behavior in Korean Women University Students Prof. SoMi Park, <i>Department of Nursing, Yonsei University, Wonju College of Medicine, Wonju, South Korea</i> <i>Overview:</i> The purpose of this study is to identify the perception of environmental disease along with factors affecting perception and to identify pro-environmental health behavior in Korean women university students. <i>Theme: Public Health Policies and Practices</i></p> <p>Description and Features of a New Computerized Gross Motor Skills Measurement Test Dr. Line Tremblay, <i>School of Human Kinetics, Laurentian University, Sudbury, Canada</i> Michael Daoust, <i>Math and computer sciences department, Laurentian University, Sudbury, Canada</i> Dr. Céline Larivière, <i>School of Human Kinetics, Laurentian University, Sudbury, Canada</i> Dr. Brahim Chebbi, <i>Bharti School of Engineering, Laurentian University, Sudbury, Canada</i> Valerie Theriault, <i>Math and Computer Sciences, Laurentian University, Sudbury, Canada</i> <i>Overview:</i> We present a new computerized test using Microsoft Kinect technology permitting movement detection. This new tool is designed to improve motor skills measurement and performance assessment in children and adults. <i>Theme: Interdisciplinary Health Sciences</i></p> <p>The Investigation of the Prevalence of Anterior Cruciate Ligament (ACL) Injury and Awareness of Healthcare Professionals and Patients about Pre-operative Physiotherapy Treatment in Riyadh, Saudi Arabia Shady Alshewaier, <i>Department of Health Professions, Manchester Metropolitan University, UK, Al-majmaah University, KSA, Salford, UK</i> <i>Overview:</i> This study aimed to investigate the prevalence of anterior cruciate ligament injury, and to assess awareness of healthcare practitioners and patients with ACL injury about pre-operative physiotherapy for this injury. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p> <p>Correlation of Eating Behavior with Emotion in Healthy Korean Children and Adolescents Seung Wan Kang, <i>The Research Institute of Nursing Science College of Nursing National Standard Reference Data Center for Korean EEG, Seoul National University, Seoul, South Korea</i> Jin Young Kim, <i>The Research Institute of Nursing Science National Standard Reference Data Center for Korean EEG, Seoul National University, Seoul, South Korea</i> <i>Overview:</i> The study was to explore the association between eating behavior and emotional status(depression, anxiety, stress). Emotional status was generally healthier in best food behavior group than worst food behavior group. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p> <p>Water First for Thirst: Engaging Teen Leaders as Advocates for Healthy Living Carol Smathers, <i>Ohio State University Extension Family & Consumer Sciences, Ohio State University, Columbus, USA</i> Dr. Theresa Ferrari, <i>Ohio State University Extension 4-H Youth Development, Ohio State University, Columbus, USA</i> Shawna Hite, <i>Ohio State University Extension Family & Consumer Sciences, Ohio State University, Columbus, USA</i> <i>Overview:</i> Water First for Thirst prepares youth to be advocates for reducing sugar-sweetened beverage consumption and promoting the availability of water as the healthier beverage choice in their communities. <i>Theme: Public Health Policies and Practices</i></p> <p>Eight Domains of Pet-Ownership Wellness Dr. Cynthia Chandler, <i>Department of Counseling and Higher Education, University of North Texas, Denton, USA</i> Dr. Delini Fernando, <i>Department of Counseling and Higher Education, University of North Texas, Denton, USA</i> <i>Overview:</i> The impact of pet ownership on wellness was examined utilizing a consensual qualitative research approach. Findings were organized into eight domains of pet-ownership wellness. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p>



FRIDAY, 04 SEPTEMBER

15:30-16:15	PARALLEL SESSIONS
Room 2	<p>Poster Session Continued</p> <p>Discussing Alcohol Use in Social Work: Attitudes of Social Work Professionals and Their Customers Elina Tuulikki Renko, <i>Department of Social Research, University of Helsinki, Helsinki, Finland</i> <i>Overview:</i> This study presents a qualitative analysis of the attitudes toward discussing alcohol use in social work. <i>Theme: Health Promotion and Education</i></p> <p>A Study on Spatial Configuration of a Central Medical Treatment Center at a Geriatric Hospital Sunmi Bae, <i>Graduate School of Design, Inje University, Gimhae, South Korea</i> Prof. Suktae Kim, <i>Gimhae, South Korea</i> <i>Overview:</i> The purpose of this study is analyze linkage and spatial and structural characteristics of outpatient department and diagnosis/treatment area of geriatric hospitals based on quantitative analysis. <i>Theme: Interdisciplinary Health Sciences</i></p> <p>The Effect of Exercise on Heat Shock Protein 27 Concentration and Its Anti-oxidant Activity Kyoko Yamazaki, <i>Toyo University, Kawagoe, Japan</i> <i>Overview:</i> We investigated the effect of exercise on heat shock protein 27 concentration to propose the optimal exercise from a perspective of preventive medicine. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p> <p>The Barriers to Hospice Care in Saudi Arabia Dr. Maximiliano Mendieta, <i>University of Michigan at Flint Department of Public Health & Health Sciences, University of Michigan Institute for Healthcare Policy & Innovation, University of Michigan, Flint, USA</i> Robert Buckingham, <i>University of Michigan at Flint Department of Public Health & Health Sciences, University of Michigan, Flint, USA</i> Jodan Keitzman, <i>Department of Public Health, Univeristy of Michigan at Flint, Flint, USA</i> Abdullah Helal, <i>Department of Public Health and Health Sciences, University of Michigan at Flint, Flint, USA</i> Dr. Shan Parker, <i>Associate Director of the Department of Public Health & Health Sciences, University of Michigan at Flint, University of Michigan, Flint, USA</i> <i>Overview:</i> The western concept of "good death" does not have the same meaning in Saudi communities as death is anchored in the Qur'an, Allah and faith. <i>Theme: Health Promotion and Education</i></p> <p>Establishing the Healthcare Safety Net for Unmarried Single Pregnant Women in Seoul, Korea Sunghee Bae, <i>Public Health Medical Service, Seoul National University Boramae Medical Center, Seoul, South Korea</i> Sanghyung Lee, <i>Public Health Medical Service, Seoul National University Boramae Medical Center, Seoul, South Korea</i> Jinyoung Lee, <i>Public Health Medical Service, Seoul National University Boramae Medical Center, Seoul, South Korea</i> <i>Overview:</i> Unwed mothers are often ostracized in Korea. The research team at Boramae Medical Center found out the area overlooked by the government. Therefore, related institutions have established healthcare safety nets. <i>Theme: Public Health Policies and Practices</i></p> <p>Promoting Wellness through Creative Activities Dr. Elizabeth Keller-Dupree, <i>Department of Psychology and Counseling Enrichment Counseling & Consultation, Northeastern State University, Tulsa, USA</i> Dr. Nick Ogle, <i>Family and Human Studies Department, John Brown University, Siloam Springs, USA</i> <i>Overview:</i> This paper will explore creative activities suitable for classroom settings and practical counseling applications to facilitate empathy, individual strengths, and positive relationships with self and others. <i>Theme: Health Promotion and Education</i></p> <p>Implementation of a Primary School Exercise Program for Portuguese Children and Its Effects on the Pattern of Physical Activity, Fitness and Body Composition Jil Janine Ferreira, <i>ESDRM-IPS Sport Sciences School of Rio Maior – Polytechnic Institute of Santarém, Rio Maior, Portugal</i> Carina Nunes-Santos, <i>ESDRM-IPS Sport Sciences School of Rio Maior – Polytechnic Institute of Santarém, Rio Maior, Portugal</i> Prof. Rita Santos-Rocha, <i>Dept. Physical Activity and Health, ESDRM-IPS Sport Sciences School of Rio Maior – Polytechnic Institute of Santarém, Rio Maior, Portugal</i> <i>Overview:</i> This pilot study aimed to evaluate the effects of a 6-months exercise program for primary school children, based on hip-hop/aerobics, on the physical activity pattern, physical fitness and body composition. <i>Theme: Health Promotion and Education</i></p> <p>The Impact of the Leptin Receptor Gene and Polymorphisms on Obesity in Jeddah City Dr. Sabah Linjawi, <i>King Abdulaziz University, Jeddah, Saudi Arabia</i> Noor Hussin, <i>King Abdulaziz University, Jeddah, Saudi Arabia</i> <i>Overview:</i> The study is about the effect of Leptin receptor gene polymorphisms of three mutations on obesity prevalence in the Jeddah City population, Saudi Arabia <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p> <p>Nicotine in Hair as an Index for Determining Smoking Status Dr. Masayoshi Tsuji, <i>Department of Hygiene & Preventive Medicine, School of Medicine, Fukushima Medical University, Fukushima, Japan</i> Dr. Yayoi Mori, <i>Department of Hygiene & Preventive Medicine, School of Medicine, Fukushima Medical University, Fukushima, Japan</i> Tomoo Hidaka, <i>Department of Hygiene & Preventive Medicine, School of Medicine, Fukushima Medical University, Fukushima, Japan</i> Dr. Takeyasu Kakamu, <i>Department of Hygiene & Preventive Medicine, School of Medicine, Fukushima Medical University, Fukushima, Japan</i> Dr. Tomohiro Kumagai, <i>Department of Hygiene & Preventive Medicine, School of Medicine, Fukushima Medical University, Fukushima, Japan</i> Dr. Takehito Hayakawa, <i>Department of Hygiene & Preventive Medicine, School of Medicine, Fukushima Medical University, Fukushima, Japan</i> Prof. Hideyuki Kanda, <i>Department of Environmental Medicine & Public Health, Faculty of Medicine, Shimane University, Matsue, Japan</i> Prof. Yoneatsu Osaki, <i>Division of Environmental & Preventive Medicine, Department of Social Medicine, Faculty of Medicine, Tottori University, Yonago, Japan</i> Prof. Tetsuhito Fukushima, <i>Department of Hygiene & Preventive Medicine, School of Medicine, Fukushima Medical University, Fukushima, Japan</i> <i>Overview:</i> Nicotine and cotinine are useful indices reflecting smoking status. The use of such indices can develop a healthy society with little-to-no exposure to tobacco smoke in the near future. <i>Theme: Health Promotion and Education</i></p>



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15:30-16:15	PARALLEL SESSIONS
	<p>Adolescents' Perspectives on Challenges and Supports Experienced during a Parent's Military Deployment Dr. Theresa Ferrari, <i>Department of Extension, 4-H Youth Development, Ohio State University, Columbus, USA</i> Quinn Bailey, <i>Department of Human Sciences College of Education and Human Ecology, The Ohio State University, Columbus, USA</i> Dr. Sarah Lang, <i>Department of Human Sciences, College of Education and Human Ecology, The Ohio State University, Columbus, USA</i> Dr. Sarah Schoppe-Sullivan, <i>Department of Human Sciences College of Education and Human Ecology, The Ohio State University, Columbus, USA</i> <i>Overview:</i> From interviews conducted with military youth, we gained insight about the challenges they face when a parent deploys and the ways that support programs help them to cope and thrive. <i>Theme: Health Promotion and Education</i></p> <p>Factors Influencing Well-aging Behaviors in Elderly Korean Women in Their 60s and 70s GiYon Kim, <i>Department of Nursing, Yonsei University Wonju College of Medicine, Wonju, South Korea</i> <i>Overview:</i> The purpose of this study was to identify the factors influencing well-aging behaviors in elderly Korean women in their 60s and 70s. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p> <p>Health Promotion and Education Based on Virtues and Happiness Enhancement Dr. Ivana Ribeiro, <i>LEL- Laboratory Studies of Leisure, Department of Physical Education - Institute of Biosciences - Universidade Estadual Paulista, Rio Claro, Brazil</i> Gisele Maria Schwartz, <i>Department of Physical Education, LEL- Laboratory Studies of Leisure- UNESP, Rio Claro, Brazil</i> Tiago Dias Provenzano, <i>Department of Physical Education, LEL- Laboratory Studies of Leisure- UNESP, Rio Claro, Brazil</i> Caroline Valvano Schmidt, <i>Department of Physical Education, LEL- Laboratory Studies of Leisure - UNESP-Rio Claro, Rio Claro, Brazil</i> José Pedro Scarpel Pacheco Scarpel Pacheco, <i>Department of Physical Education, LEL- Laboratory Studies of Leisure - UNESP, Rio Claro, Brazil</i> <i>Overview:</i> This study evaluated the individual internal changes based on virtues and happiness enhancement in Brazilian Public Health realm, as consequence of educational interventions. <i>Theme: Health Promotion and Education</i></p> <p>Wellness and Empathy: An Intersection of Self and Others Dr. Elizabeth Keller-Dupree, <i>Department of Psychology and Counseling Enrichment Counseling & Consultation, Northeastern State University, Tulsa, USA</i> Dr. Nick Ogle, <i>Family and Human Studies Department, John Brown University, Siloam Springs, USA</i> <i>Overview:</i> When wellness is negatively affected, a professional's ability to empathically connect with their client can be hindered. This paper offers "discussion points" for self-compassion and empathy in training and practice. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p> <p>Using Social Cognitive Theory as a Predictor of Smoking Behavior in Middle School Students Dr. Manoj Sharma, <i>Behavioral & Environmental Health, Jackson State University, Jackson, USA</i> Garrett Miller, <i>Cincinnati, USA</i> Dr. David Brown, <i>Jackson, USA</i> Dr. Mohammad Shahbazi, <i>Jackson, USA</i> <i>Overview:</i> The study developed a social cognitive theory model to predict frequency and intention for smoking among middle school students. The theory predicted 36% of the variance in intent to smoke. <i>Theme: Health Promotion and Education</i></p> <p>Neck and Calf Circumference as a Predictor of Breast and Gynecologic Cancers Pei-Ju Liao, <i>Department of Healthcare Administration, Oriental Institute of Technology, Pan-Chiao, Taiwan</i> Chin-Shin Yeh, <i>Graduate Institute of Department of Health Care Management, Chang Gung University, Kwei-Shan, Taiwan</i> Kuang-Hung Hsu, <i>Department of Health Care Management, Chang Gung University, Kwei-Shan, Taiwan</i> <i>Overview:</i> Women with higher ratio of calf-to-neck circumference have a greater likelihood in developing breast and gynecologic cancers. <i>Theme: Public Health Policies and Practices</i></p> <p>Does Sexism Make Women Sick? An Analysis Using the Daily Diary Technique Lanteigne Josée, <i>School of Psychology, Université de Moncton, Moncton, Canada</i> Dr. Ann Beaton, <i>Université de Moncton, Moncton, Canada</i> <i>Overview:</i> When faced with ambivalent sexist events, women use an array of responses that affect their mental health. This study looks at how responses affect this relationship. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p> <p>The Relationships among Physical Activity Levels, Health Promoting Behavior, Depression, and Physiological Variables in College Students in South Korea Kyung-Sook Bang, <i>College of Nursing, Seoul National University, Seoul, South Korea</i> <i>Overview:</i> This is research to identify the relationships among physical activity levels, health promoting behavior, depression, and physiological variables. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p> <p>A Study of Spatial Composition and Area Distribution by Function in Public Health Centers of Busan Hee.young Cho, <i>Graduate school of Design, Inje University, Gimhae-si, South Korea</i> Prof. Suktae Kim, <i>Gimhae, South Korea</i> <i>Overview:</i> This study presents spatial structural problems and solutions for public health centers by identifying their states and classify their functions, types and by calculating the ratio of the spatial composition. <i>Theme: Public Health Policies and Practices</i></p>
Room 3	Focused Discussions
	<p>Cultivating Healthier Communities: Challenges to Generating Change Senyo Agbeyaka, <i>Department of Geography and Program in Planning, University of Toronto, Toronto, Canada</i> <i>Overview:</i> This proposal documents the evaluation of Neighbourhood Action, a population health intervention that seeks to improve the health of 11 priority neighbourhoods through various initiatives and programs. <i>Theme: Public Health Policies and Practices</i></p> <p>Community and University Collaboration: LoWellness Health Assessment Project in Partnership with GVSU Public Health Dr. Ranelle Brew, <i>Department of Public Health, Grand Valley State University, Grand Rapids, USA</i> <i>Overview:</i> Grand Valley State University and the LoWellness Health Assessment project have partnered on a community based experience aimed to obtain health and wellness data. <i>Theme: Health Promotion and Education</i></p>



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15:30-16:15	PARALLEL SESSIONS
Room 4	<p>Workshop</p> <p>An Introduction to Mindfulness through Yoga, Tai Chi, and Seated Meditation: An Interactive Workshop Andi Céline Martin, <i>Faculty of Kinesiology and Health Studies, University of Regina, Regina, Canada</i> <i>Overview:</i> Being mindful is not easy. A great place to start cultivating the faculties to maintain focus on the present moment is via moving meditations such as yoga and tai chi. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p>
Room 5	<p>Workshop</p> <p>Gerontological Studies via Mixed Methods Research: Why We Should Do More of It Dr. Ellen Driber-Hassall, <i>Aging Matters, LLC, Albuquerque, USA</i> Dr. John Bishop, <i>Aging Matters, LLC, Albuquerque, USA</i> <i>Overview:</i> We will emphasize how gerontological studies may be enriched through the use of mix methods research to enhance inquiry robustness. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p>
Room 6	<p>Workshop</p> <p>The Best Practices in Global Health Education in the Undergraduate Curriculum Dr. Catherine Swick, <i>School of Health Science, Trine University, Angola, USA</i> Dr. Susan Anspaugh, <i>Exercise Science, Trine University, USA</i> <i>Overview:</i> This session includes best practices in designing global health education by integrating key courses in nutrition counseling, health problems, global wellness in an e-world, and study abroad trips. <i>Theme: Health Promotion and Education</i></p>
Room 8	<p>Workshop</p> <p>Using Tablets for Wellness Promotion Dr. Maxine L. Rawlins, <i>Department of Counselor Education, Bridgewater State University, Bridgewater, USA</i> Elizabeth Hughes, <i>Department of Counselor Education, Bridgewater State University, Bridgewater, USA</i> <i>Overview:</i> This hands-on workshop utilizes the evidence-based Indivisible Self Wellness Model to discuss and demonstrate creative utilization of the iPad for wellness promotion. Attendees are encouraged to bring an iPad. <i>Theme: Health Promotion and Education</i></p>
16:15-16:25	BREAK
16:25-17:40	PARALLEL SESSIONS
Room 1	<p>Issues in Mental Health</p> <p>The Experience of Mental Health Literacy in Practitioners in Non-Mental Health Areas Jo-Ann Giandinoto, <i>Faculty of Health Science Australian Catholic University, Australian Catholic University, Melbourne, Australia</i> Dr. Karen-Leigh Edward, <i>Faculty of Health Science Australian Catholic University, Australian Catholic University, Melbourne, Australia</i> <i>Overview:</i> This study produced areas for consideration in mental health literacy education for practitioners working in non-mental health settings including managing challenging behaviours and negative attitudes, mental health skills and knowledge. <i>Theme: Health Promotion and Education</i></p> <p>A Study of Postpartum Mexican-American Women on the US-Mexico Border Dr. Stephanie Addeo Lynch, <i>School of Nursing, New Mexico State University, Las Cruces, USA</i> <i>Overview:</i> This is a qualitative study utilizing a phenomenological approach to gain an understanding of the lived experiences of Mexican-American women who live along the US-Mexico border. <i>Theme: Health Promotion and Education</i></p> <p>The Experiences of Health and Self in Schizophrenia Treatment Julia Brown, <i>Department of Anthropology, The Australian National University, Canberra, Australia</i> <i>Overview:</i> Antipsychotic treatment often affects the body as much as it does the brain. This research investigates lived meanings of health amongst people with schizophrenia on clozapine treatment regimes. <i>Theme: The Physiology, Kinesiology and Psychology of Wellness</i></p>
Room 2	<p>Collaboration and Health Services</p> <p>Interprofessional Collaboration as a Means to Delegate Effective Discharge Planning Myuri Manogaran, <i>Institute of Population Health, University of Ottawa, Ottawa, Canada</i> <i>Overview:</i> The purpose of this study was to identify and examine barriers and/or facilitators to the implementation of interprofessional collaboration in the discharge planning process on a neonatal intensive care unit. <i>Theme: Interdisciplinary Health Sciences</i></p> <p>Collaborative Care, Who Cares? Dr. Jane Gall, <i>General Practitioner Co-presenter Fran Smullen, Mental Health Social Worker, The University of Melbourne Rural Health Academic Centre, Shepparton, Australia</i> Fran Smullen, <i>Shepparton Medical Centre, The University of Melbourne Rural Health Academic Centre, Shepparton, Australia</i> <i>Overview:</i> A collaborative relationship between a GP and a Mental Health Social Worker does influence and help the links patients make between their physical health and mental well being. <i>Theme: Interdisciplinary Health Sciences</i></p> <p>Academic and Industry Collaboration: A Nutrition-related Worksite Wellness Program Dr. Lorri Kanauss, <i>Department of Dietetics, Fashion Merchandising, and Hospitality, Western Illinois University, Macomb, USA</i> Dr. Emily Shupe, <i>Department of Dietetics, Fashion Merchandising, and Hospitality, Western Illinois University, Macomb, USA</i> <i>Overview:</i> Collaboration between a university dietetics program and factory indicated a nutrition-related worksite wellness program utilizing undergraduate dietetics students and faculty can positively impact dietary, biochemical and anthropometric measures of participants. <i>Theme: Health Promotion and Education</i></p>



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16:25-17:40	PARALLEL SESSIONS
Room 3	<p>Alternative Health and Healing</p> <p>Cyberchondria, Complementary and Alternative Medicine and the Role of Socio-linguistics Catherine Louise Kowalski, <i>School of Humanities and Social Science, Deakin University, Melbourne, Australia</i> <i>Overview:</i> Health anxiety, self-diagnosis and self-treatment are a growing trend due to the ease of access to Internet and Complementary and Alternative Medicines. Semiotics are used to examine this trend. <i>Theme: Public Health Policies and Practices</i></p> <p>i CARE: A Classroom-based Program to Promote Mental Health and Wellbeing in Young People Prof. Bruce Allen Knight, Prof. Margaret McAllister, <i>Higher Education Division, Central Queensland University, Noosaville, Australia</i> Christine Handley, <i>Child and Adolescent mental health service, University of Tasmania, Hobart, Australia</i> Penelope Hasking, <i>School of Psychology, Perth, Australia</i> Ben McGregor, <i>Child and Adolescent Mental Health service, Hobart, Australia</i> Colleen MacSporran, <i>Child and Adolescent Mental Health service, Hobart, Australia</i> Dr. Trudi Flynn, <i>Division of Higher Education, Central Queensland University, Noosaville, Australia</i> <i>Overview:</i> This is an evaluation of a mental health promotion program designed for year 8 classrooms. The program takes a solutions focus, develops resilience and involves opportunity to be creative. <i>Theme: Health Promotion and Education</i></p> <p>Maximizing Feeding and Development in Children Who Do Not Eat Rhonda Mattingly, <i>Communicative Disorders, University of Louisville, Louisville, USA</i> <i>Overview:</i> This paper will provide a synopsis of the evidence-based practices used to assist in maximizing oral feeding acceptance in children who do not eat by mouth. <i>Theme: Interdisciplinary Health Sciences</i></p>
Room 4	<p>Women and Health</p> <p>Parental Effects on Health Behaviors of Young Adult Women Dr. Mikiyasu Hakoyama, <i>Human Environmental Studies Department, Central Michigan University, Mt. Pleasant, USA</i> <i>Overview:</i> This study, by utilizing structural equation modeling, examined directional and relative effects of parental behaviors on college-aged daughters' health-related behaviors, weight status, and self-esteem. <i>Theme: Health Promotion and Education</i></p> <p>Breast Cancer and Meaning-making Discourse: The Experiences of Women in Southern Thailand Prof. Pranee Liamputtong, <i>Department of Community Health, School of Public Health and Human Biosciences, La Trobe University, Melbourne, Australia</i> Dr Dusanee Suwankhong, <i>Thaksin University, Pa Phayom, Thailand</i> <i>Overview:</i> Meaning-making and the lived experiences of breast cancer among women in southern Thailand are discussed. Meaning-making and the Buddhist belief about bad karma was a prominent theme. <i>Theme: Public Health Policies and Practices</i></p> <p>Breast Cancer Treatment: Experiences of Changes and Social Stigma among Thai Women in Southern Thailand Dr Dusanee Suwankhong, <i>Department of School Health, Thaksin University, Pa Payom, Thailand</i> Prof. Pranee Liamputtong, <i>School of Public Health and Human Biosciences, La Trobe University, Melbourne, Australia</i> <i>Overview:</i> We discuss how the treatment of breast cancer created social stigma and made the women marginalized within their own social context. <i>Theme: Interdisciplinary Health Sciences</i></p>
17:40-18:00	CONFERENCE CLOSING - HOMER STAVELY, COMMON GROUND PUBLISHING, USA





Health, Wellness & Society | List of Participants

Ingela	Abrahamsson	Angered Hospital, Region Västra Götaland	Sweden
Senyo	Agbeyaka	University of Toronto	Canada
Najia A.	Al-Zanbagi	King Abdulaziz University	Saudi Arabia
Bertha Olivia	Alarcon	Western University of Health Sciences-Pomona	USA
Connie	Allen	Griffith University	Australia
Saad	Alsaleh	General Directorate of Public Health	Saudi Arabia
Shady	Alshewaier	Manchester Metropolitan University	UK
Ji-Young	An	Inje University	South Korea
Brooks	Applegate	Western Michigan University	USA
Sunghae	Bae	Seoul National University Boramae Medical Center	South Korea
Sunmi	Bae	Inje Univ	South Korea
Srijana	Bajracharya	Ithaca College	USA
Kyung-Sook	Bang	Seoul National University	South Korea
Edgar	Barens	University of Illinois at Chicago	USA
Bob	Barrett	American Public University	USA
Jill	Berrisford	Independent Scholar	UK
John	Bishop	Aging Matters, LLC	USA
Ranelle	Brew	Grand Valley State University	USA
Charlene Rinehart	Brown	Rinehart Institute	USA
Julia	Brown	The Australian National University	Australia
Monica	Campbell	Toronto Public Health	Canada
Patricia	Canning	Memorial University of Newfoundland	Canada
David H.	Chae	University of Maryland, College Park	USA
Cynthia	Chandler	University of North Texas	USA
Neena	Chappell	University of Victoria	Canada
Jose Braz	Chidassica	Ministry of Health/National Instituto of Health	Mozambique
Hee.young	Cho	Inje Univ	South Korea
Lillian	De Las Llagas	University of the Philippines	Philippines
Conni	DeBlieck	New Mexico State University	USA
Ayse	Demiray	Duzce University School of Health	Turkey
Ellen	Driber-Hassall	Aging Matters, LLC	USA
Shanta R.	Dube	Georgia State University	USA
Brandon	Eggleston	National University	USA
Manar Ahmed	El Badawy Abd El Rehem	Cairo University	Egypt
Theresa	Ferrari	Ohio State University	USA
Jil Janine	Ferreira	Polytechnic Institute of Santarém	Portugal
Jane	Gall	The University of Melbourne Rural Health Academic Centre	Australia
Nico	Geurs	University of Alabama at Birmingham	USA
Jo-Ann	Giandinoto	Australian Catholic University / St Vincent's Private Hospital Melbourne	Australia
Anita	Gust	Concordia College	USA
Mikiyasu	Hakoyama	Central Michigan University	USA





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Effuah	Harris	Western University of Health Sciences	USA
Tali	Heiman	The Open University of Israel	Israel
Henk	Hilderink	National Institute for Public Health and the Environment	Netherlands
Lisa	Hodge	University of South Australia	Australia
Kuang-Hung	Hsu	Chang Gung University	Taiwan
Stephanie	Jong	Flinders University	Australia
Lanteigne	Josée	Université de Moncton	Canada
Lorri	Kanauss	Western Illinois University	USA
Seung Wan	Kang	Seoul National University	South Korea
Hasan	Kaplan	Çanakkale Onsekiz Mart University	Turkey
Ayla	Kececi	Duzce University, School of Health	Turkey
Elizabeth	Keller-Dupree	Northeastern State University	USA
Moawiah	Khatatbeh	Yarmouk University	Jordan
GiYon	Kim	Yonsei University Wonju	South Korea
Jin Young	Kim	Seoul National University	South Korea
Bruce Allen	Knight	Central Queensland University	Australia
Pinar	Kocabey Çiftçi	Gaziantep University	Turkey
Catherine Louise	Kowalski	Deakin University	Australia
Elizabeth Gail	Kuchler	New Department of Health Southwest Region	USA
Donna L. M.	Kurtz	University of British Columbia Okanagan	Canada
Jakob	Larsen	Sahlgrenska University Hospital, Region Västra Götaland	Sweden
Hyunjung	Lee	University of Massachusetts Boston	USA
Pranee	Liamputtong	La Trobe University	Australia
Pei-Ju	Liao	Oriental Institute of Technology	Taiwan
Robin	Liendeborg	Angered Hospital, Region Västra Götaland	Sweden
Sabah	Linjawi	King Abdulaziz University	Saudi Arabia
Venurs	Loh	Queensland University of Technology	Australia
Stephanie Addeo	Lynch	New Mexico State University	USA
Darrel	Manitowabi	Laurentian University	Canada
Myuri	Manogaran	University of Ottawa	Canada
Andi Céline	Martin	University of Regina	Canada
Timothy	Martinez	Western University of Health Sciences	USA
Rhonda	Mattingly	University of Louisville	USA
Elizabeth	Maugh	Western University of Health Sciences	USA
Maximiliano	Mendieta	University of Michigan at Flint	USA
Anita	Minh	University of British Columbia	Canada
Jiyoung	Moon	Kangwon National University Hospital	South Korea
Jozef	Novotny	College of Polytechnics Jihlava	Czech Republic
Alison	Oddey	University of Derby	UK
Marcella	Ogenchuk	University of Saskatchewan	Canada
Nick	Ogle	Mercy Health	USA
Adobea Yaa	Owusu	University of Ghana, Legon	Ghana
Katrina	Pariera	The George Washington University	USA
SoMi	Park	Yonsei University Wonju	South Korea





Health, Wellness & Society | List of Participants

Margaret Carina	Penning Pettersson	University of Victoria Sahlgrenska University Hospital, Region Västra Götaland	Canada Sweden
Marcela	Pizzi	University of Chile	Chile
Lourdes M.	Portus	University of the Philippines	Philippines
Arshdeep	Randhawa	York University	Canada
Vania	Ranjbar	Angered Hospital, Region Västra Götaland	Sweden
Maxine L.	Rawlins	Bridgewater State University	USA
Sandra	Reilly	University of Calgary	Canada
Anita	Reinhardt	New Mexico State University	USA
Elina Tuulikki	Renko	University of Helsinki	Finland
Willeke	Rietdijk	University of Southampton	UK
Lottie	Rutgersson	Angered Hospital, Region Västra Götaland	Sweden
Rita	Santos-Rocha	Polytechnic Institute of Santarém	Portugal
Gisele Maria	Schwartz	LEL- Laboratory of Leisure Research-DEF/ IB/UNESP	Brazil
Marie	Schönander	Angered Hospital, Region Västra Götaland	Sweden
Manoj	Sharma	Jackson State University	USA
Emily	Shupe	Western Illinois University	USA
Dorit	Silberstein	ALYN Hospital	Israel
Carol	Smathers	Ohio State University	USA
Fran	Smullen	The University of Melbourne Rural Health Academic Centre	Australia
Natalie	Stake-Doucet	McGill University	Canada
Jaroslav	Stanciak	University of SS. Cyril and Methodius	Slovakia
Laurel Ann	Strain	University of Alberta	Canada
Linda	Summers	New Mexico State University	USA
Dusanee	Suwankhong	Thaksin University	Thailand
Catherine	Swick	Trine University	USA
Paul	Teedon	Glasgow Caledonian University	UK
Rosalie	Thackrah	Curtin University	Australia
Suzanne	Tinsley	Louisiana State University	USA
Jenny	Tjahjono	Western University of Health Sciences	USA
Line	Tremblay	Laurentian University	Canada
Masayoshi	Tsuji	Fukuoka University	Japan
Anastasia	Tzimou	Aristotle University of Thessaloniki	Greece
Marie	Vazquez Morgan	Louisiana State University	USA
Jo	Ward	Nottingham Trent University	UK
Ida	Wernered	Angered Hospital, Region Västra Götaland	Sweden
Julie	White	The Victoria Institute	Australia
Elin	Woksepp Åleheim	Angered Hospital, Region Västra Götaland	Sweden
Zheng	Wu	University of Victoria	Canada
Kyoko	Yamazaki	Toyo University	Japan
Chanadra	Young-Whiting	Florida International University	USA

















COMMON GROUND | Conference Calendar 2015-2016



Fifth International Conference on Food Studies

Virginia Polytechnic Institute and State University
Blacksburg, USA | **18–19 September 2015**
www.food-studies.com/2015-conference



Seventh International Conference on Science in Society

University Center Chicago
Chicago, USA | **1–2 October 2015**
www.science-society.com/the-conference



Spaces & Flows: Sixth International Conference on Urban & ExtraUrban Studies

University Center Chicago
Chicago, USA | **15–16 October 2015**
www.spacesandflows.com/2015-conference



Thirteenth International Conference on Books, Publishing & Libraries

University of British Columbia at Robson Square
Vancouver, Canada | **19–20 October 2015**
www.booksandpublishing.com/the-conference



Sixth International Conference on the Image

University of California at Berkeley
Berkeley, USA | **29–30 October 2015**
www.ontheimage.com/2015-conference



The Eighth International Conference on e-Learning & Innovative Pedagogies

University of California, Santa Cruz
Santa Cruz, USA | **2–3 November 2015**
www.ubi-learn.com/the-conference



Aging and Society: Fifth Interdisciplinary Conference

The Catholic University of America
Washington D.C., USA | **5–6 November 2015**
www.agingandsociety.com/2015-conference



Twelfth International Conference on Environmental, Cultural, Economic & Social Sustainability

Portland State University
Portland, USA | **21–23 January 2016**
www.onsustainability.com/2016-conference



Twelfth International Conference on Technology, Knowledge & Society

Universidad de Buenos Aires
Buenos Aires, Argentina | **18–19 February 2016**
www.techandsoc.com/2016-conference



Tenth International Conference on Design Principles & Practices

Pontifical Catholic University of Rio de Janeiro (PUC–Rio)
Rio de Janeiro, Brazil | **25–27 February 2016**
www.designprinciplesandpractices.com/2016-conference



Sixth International Conference on Religion & Spirituality in Society

The Catholic University of America
Washington D.C., USA | **22–23 March 2016**
www.religioninsociety.com/2016-conference



Sixth International Conference on the Constructed Environment

The University of Arizona
Tucson, USA | **2–4 April 2016**
www.constructedenvironment.com/2016-conference



Sixteenth International Conference on Knowledge, Culture & Change in Organizations

University of Hawaii at Manoa
Honolulu, USA | **19–20 April 2016**
www.organization-studies.com/2016-conference

COMMON GROUND | Conference Calendar 2015-2016



Eighth International Conference on Climate Change: Impacts & Responses

VNU University of Science (HUS) and
Vietnam National University, Hanoi (VNU)
Hanoi, Vietnam | **21-22 April 2016**
www.on-climate.com/2016-conference



Inaugural International Conference on Tourism & Leisure Studies

University of Hawaii at Manoa
Honolulu, USA | **22-23 April 2016**
www.tourismandleisurestudies.com/2016-conference



Seventh International Conference on Sport & Society

University of Hawaii at Manoa
Honolulu, USA | **2-3 June 2016**
www.sportandsociety.com/2016-conference



Fourteenth International Conference on New Directions in the Humanities

University of Illinois at Chicago
Chicago, USA | **8-10 June 2016**
www.thehumanities.com/2016-conference



Ninth Global Studies Conference

University of California, Los Angeles
Los Angeles, USA | **30 June-1 July 2016**
www.onglobalization.com/2016-conference



Twenty-third International Conference on Learning

University of British Columbia
Vancouver, Canada | **13-15 July 2016**
www.thelearner.com/2016-conference



Sixteenth International Conference on Diversity in Organizations, Communities & Nations

The University of Granada
Granada, Spain | **27-29 July 2016**
www.ondiversity.com/2016-conference



Eleventh International Conference on Interdisciplinary Social Sciences

Imperial College London
London, UK | **2-4 August 2016**
www.thesocialsciences.com/2016-conference



Eleventh International Conference on the Arts in Society

University of California, Los Angeles
Los Angeles, USA | **10-12 August 2016**
www.artsinsociety.com/2016-conference



Sixth International Conference on the Image

Art and Design Academy,
Liverpool John Moores University
Liverpool, UK | **1-2 September 2016**
www.ontheimage.com/2016-conference



Inaugural Communication & Media Studies Conference

University Center Chicago
Chicago, USA | **15-16 September, 2016**
www.oncommunicationmedia.com/2016-conference



Ninth International Conference on the Inclusive Museum

National Underground Railroad Freedom Center
Cincinnati, USA | **16-19 September 2016**
www.onmuseums.com/2016-conference



Sixth International Conference on Food Studies

University of California at Berkeley
Berkeley, USA | **12-13 October 2016**
www.food-studies.com/2016-conference



Spaces & Flows: Seventh International Conference on Urban & ExtraUrban Studies

University of Pennsylvania
Philadelphia, USA | **10-11 November 2016**
www.spacesandflows.com/2016-conference

