Fifth International Conference on
Health, Wellness, and Society

*Health and Wellness in the Age of Big Data*

3-4 SEPTEMBER 2015 | UNIVERSIDAD DE ALCALÁ | ALCALÁ DE HENARES, MADRID, SPAIN
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Fifth International Conference on Health, Wellness & Society

“Health and Wellness in the Age of Big Data”

Universidad de Alcalá | Alcalá de Henares, Madrid, Spain | 3-4 September 2015

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Dear Delegate,

Welcome to the Fifth International Conference on Health, Wellness & Society.

The conference and its companion journal were created to examine the concept of health as a positive aspect of a global world and society, while bringing together scholarly, research, and practice-based participants. The conference explores the full range of what health and wellness means while taking the position that the foundation of health and wellness should be a socially accessible, culturally sensitive public and professional awareness of risks and preventative measures of the most pressing global health issues of today and tomorrow.

In addition to the Health, Wellness & Society Conference, Common Ground also hosts conferences and publishes journals in other areas of critical intellectual human concern, including aging, food studies, diversity, learning, sustainability, and the interdisciplinary social sciences, to name several. Our aim is to create new forms of knowledge community, where people meet in person and also remain connected virtually making the most of the potentials for access using digital media. We are also committed to creating a more accessible, open, and reliable peer review process.

Alongside opportunities for well-known academics, we are creating new publication openings for scholars from developing countries and for researchers from institutions that are historically teaching-focused. We would like to invite conference participants to develop publishing proposals for original works or for edited collections of papers drawn from the journal which address an identified theme. Finally, please join our online conversation by subscribing to our monthly email newsletter, and subscribe to our Facebook, RSS, or Twitter feeds at http://healthandsociety.com/.

Thank you to everyone who has prepared for this conference, including our hosts and supporters at Universidad de Alcalá. In addition, thank you to my Common Ground colleagues who have put such a significant amount of work into this conference: Rachael Arcario, Karim Gherab-Martin, Raquel Jimenez-Palomino, Kim Kendall, and Ana Quintana-Martin. We hope you will be able to join us at next year’s conference in Washington D.C., USA, 20-21 October at Catholic University of America.

We wish you all the best for this conference, and hope it will provide you every opportunity for dialogue with colleagues from around the corner and around the world.

Yours sincerely,

Homer (Tony) Stavely, PhD

Host, Health, Wellness & Society Conference
Common Ground Publishing
Our Mission
Common Ground Publishing aims to enable all people to participate in creating collaborative knowledge and to share that knowledge with the greater world. Through our academic conferences, peer-reviewed journals and books, and innovative software, we build transformative knowledge communities and provide platforms for meaningful interactions across diverse media.

Our Message
Heritage knowledge systems are characterized by vertical separations—of discipline, professional association, institution, and country. Common Ground identifies some of the pivotal ideas and challenges of our time and builds knowledge communities that cut horizontally across legacy knowledge structures. Sustainability, diversity, learning, the future of the humanities, the nature of interdisciplinarity, the place of the arts in society, technology’s connections with knowledge, the changing role of the university—these are deeply important questions of our time which require interdisciplinary thinking, global conversations, and cross-institutional intellectual collaborations. Common Ground is a meeting place for these conversations, shared spaces in which differences can meet and safely connect—differences of perspective, experience, knowledge base, methodology, geographical or cultural origins, and institutional affiliation. We strive to create the places of intellectual interaction and imagination that our future deserves.

Our Media
Common Ground creates and supports knowledge communities through a number of mechanisms and media. Annual conferences are held around the world to connect the global (the international delegates) with the local (academics, practitioners, and community leaders from the host community). Conference sessions include as many ways of speaking as possible to encourage each and every participant to engage, interact, and contribute. The journals and book imprints offer fully-refereed academic outlets for formalized knowledge, developed through innovative approaches to the processes of submission, peer review, and production. The knowledge community also maintains an online presence—through presentations on our YouTube channel, monthly email newsletters, as well as Facebook and Twitter feeds. And Common Ground’s own software, Scholar, offers a path-breaking platform for online discussions and networking, as well as for creating, reviewing, and disseminating text and multi-media works.
Health, Wellness & Society
Knowledge Community

Exploring the intersections of human physiology and the conditions of social life
The Health, Wellness & Society Knowledge Community is brought together by a common concern for learning and an interest to explore issues of concern in the fields of human health and wellness, and in particular their social interconnections and implications. The community interacts through an innovative, annual face-to-face conference, as well as year-round online relationships, a peer reviewed journal, and a book imprint—exploring the affordances of new digital media.

**Conference**
The conference is built upon four key features: internationalism, interdisciplinarity, inclusiveness, and interaction. Conference delegates include leaders in the field as well as emerging scholars, who travel to the conference from all continents and represent a broad range of disciplines and perspectives. A variety of presentation options and session types offer delegates multiple opportunities to engage, to discuss key issues in the field, and to build relationships with scholars from other cultures and disciplines.

**Publishing**
The Health, Wellness & Society Knowledge Community enables members to publish through two media. First, community members can enter a world of journal publication unlike the traditional academic publishing forums—a result of the responsive, non-hierarchical, and constructive nature of the peer review process. *The International Journal of Health, Wellness, and Society* provides a framework for double-blind peer review, enabling authors to publish into an academic journal of the highest standard. The second publication medium is through the book imprint, Health, Wellness & Society, publishing cutting edge books in print and electronic formats. Publication proposal and manuscript submissions are welcome.

**Community**
The Health, Wellness & Society Knowledge Community offers several opportunities for ongoing communication among its members. Any member may upload video presentations based on scholarly work to the community YouTube channel. Monthly email newsletters contain updates on conference and publishing activities as well as broader news of interest. Join the conversations on Facebook and Twitter, or explore our new social media platform, Scholar.
Health, Wellness & Society | Themes

Theme 1: The Physiology, Kinesiology, and Psychology of Wellness in its Social Context
- Fundamental concepts of wellness: “goods,” “bads,” “shoulds”
- The psychology of wellness
- Health promoting behaviors
- Health risk appraisals, screenings, and interventions
- The measurement of wellness
- Evaluations of long-term impacts of health and wellness programs
- Health and wellness with disabilities
- Disability support services and independent living
- Physical fitness, aging, and the effects on health and wellness
- Health related fitness programs
- Physical fitness and its role in mental health
- Physical activity, self esteem, and wellness
- Health, fitness and media-driven concepts of beauty
- Media influences on health risk behaviors

Theme 2: Interdisciplinary Health Sciences
- Cross-disciplinary and professional perspectives: medicine, nursing, pharmacy, dentistry, psychology, physical therapies, dietetics, social work, counseling, sports science
- Health technologies
- Home healthcare workers role in wellness
- Integration of complementary and alternative medicine into a health system
- Nutriceuticals and supplements for health
- Genome sciences, chronic disease prevention
- Personalized medicine
- The increasing role of psychological drugs
- The business of unwellness and the negative health industries
- Biomedical aging research
- Immunobiological research
- Epigenetics research
- Ancestry and health, traits, and diseases
- Regenerative medicine
- Biomedical occupational health and safety

Theme 3: Public Health Policies and Practices
- Public health and communications technologies
- Sustainable innovation strategies in public health
- Global public health development and sustainability
- Public health provider development
- Public health and disease prevention
- Healthcare reform impacts
Themes

• New and emerging public health and safety risks
• Biosafety and biosecurity
• Acquired infections and health workers
• Environmental threats to health and wellness
• Community environmental health planning
• Occupational health and safety’s role in health and wellness
• The food industry and government (FDA) food policy
• Immunization programs and serum banking
• Global availability of vaccines, the supply chain and supply economics
• Racial, ethnic, gender, socio-economic, and rural disparities in healthcare
• Life balance, health and wellness within community cultures
• The economics of health and wellness in society
• Poverty, health and wellness
• Infant and child health
• Social determinations of health and wellness
• Health, wellness and the effects of social exclusion
• The environment, quality of life, and wellness.
• Urbanization in developing countries: environmental health impacts
• WHO policies on world nutrition
• Child food insecurity

Theme 4: Health Promotion and Education

• Promotion of health and well being
• Health literacy
• School physical education curriculum and its effects on health
• Wellness coaching and fitness for improved health
• Health education for non-literate populations
• Web-based health education
• Information technologies in healthcare
• Health and wellness in the workplace
• Health, life expectancy, and the cost of living longer
• New and emerging health and safety risks
• Occupational health and safety education and training
• Institutional influences on health and wellness
• Quality of life, spirituality, and wellness
• Nutrition for health and wellness
• The food linkage to unwellness
• Obesity in affluent societies
• Family mealtime patterns, child feeding practices, and their effects on health
Health and Wellness in the Age of Big Data

It is now commonly argued that we have entered the age of “big data” and “the quantified self.” In the practice and study of health and wellness, the question of “big data” turns our attention not only to the integration of data collected formally by medical professionals, but also the aggregation of isolated silos of personal data collected incidental to everyday life activity. These “informal” personal data sets are captured by, for example, wearable devices, smartphone apps, sensors, and web-based diagnosis applications. How do these relate to and integrate with the digitization and networking of silos of traditional “formal” data, including event-based information from medical clinics, hospital records, and national health and medical databases?

The collection, aggregation, and “shareability” of these informal and formal data points present a great opportunity for the practices of, and research into, health and wellness. How might this data assist in the development of new approaches to medical practice and research, a new collective intelligence for health professionals as well as the general public? However, great concerns are also expressed in relation to these developments, based on the following series of questions: Who is “generating” this data? Who is “owning” this data? Who has the right to “share” this data? These questions about the nature of our technologically-mediated social futures are now at the forefront of research, practice, and teaching about health and wellness.

How do we harness the potentials and mitigate the dangers of the age of big data?
The Physiological and the Psychological
People are empowered through health and wellness to embrace their life’s potential. Health and wellness is about each individual’s responsibility to themselves to make good choices, and proactive and preventative approaches to health that support optimum levels of physical, emotional and social functioning—living a nondestructive lifestyle, focusing on purposefully positive health and a fostering sense of general well-being. The foundation of health and wellness should be a socially accessible, culturally sensitive public and professional understanding of the most pressing health issues today—including awareness of risks and preventative measures to address cancer, cardiovascular health, STIs, obesity, nutrition, diabetes, chemical exposure, accidents and violence, to name just a few of the range of actual and potential health threats.

Wellness is a process of becoming aware of and learning to make healthy choices that lead toward a longer and more fulfilling life. It is the recognition of the deep interconnections between physiological health and the psychological, physical, spiritual and social needs that are necessary for us to enjoy higher levels of human functioning.

The Social and the Medical
To some, an improvement in health may simply arise from having an opportunity to eat, or to live in proper housing that isn’t overcrowded, and to live in a disease free environment that isn’t polluted with the industrial toxic chemicals that may be driving the economic development upon which they are dependent.

While health and wellness is a booming global industry, we are still falling short in educating world citizens on nutrition and lifestyle, how to avoid stress on the job, and how to be healthy and avoid disease. A clean and healthy environment, a safe workplace, access to nutritious unprocessed foods, housing and healthcare are the foundations of a healthy life and well-being that is adequate in any and all economic socio-economic circumstances.

Interdisciplinary Health Sciences
Medical research along with new drugs and vaccines, safer more nutritious food and health practices will help to determine the answer, but what will be the social dependencies which determine success or failure of medical programs and interventions? None of the large and important questions about the relations between health and society can be tackled from single-disciplinary perspectives. For instance, how can health communications, particularly using the new social media, create a global health education classroom? How will the worldwide population finally acquire access to vaccines for common diseases? Will occupational health and safety follow economic and industrial development globally? Will research on aging give us longer, more productive lives or rather a longer non-productive life expectancy with no joy? Can cultural and ancestry-based personal medicine help eradicate disease?

Public Health
When global health and wellness is achieved, a paradox comes with success. With health and a safer, less toxic world comes increased life expectancy, lower infant mortality, larger populations placing additional stress on economies, higher per capita medical care, housing, food and water production, and immunization programs for possible new pandemics.

Societies as a whole, governments and those involved in interdisciplinary medical research, public safety and community environmental health and literacy have an obligation to join together to solve the problems of today while at the same time planning for the problems arising from those successes.
Health, Wellness & Society | Community Membership

About
The Health, Wellness & Society Knowledge Community is dedicated to the concept of independent, peer-led groups of scholars, researchers, and practitioners working together to build bodies of knowledge related to topics of critical importance to society at large. Focusing on the intersection of academia and social impact, the Health, Wellness & Society Knowledge Community brings an interdisciplinary, international perspective to discussions of new developments in the field, including research, practice, policy, and teaching.

Membership Benefits
As a Health, Wellness & Society Knowledge Community member you have access to a broad range of tools and resources to use in your own work:

- Digital subscription to The International Journal of Health, Wellness, and Society for one year.
- Digital subscription to the book imprint for one year.
- One article publication per year (pending peer review).
- Participation as a reviewer in the peer review process, with the opportunity to be listed as an Associate Editor after reviewing three or more articles.
- Subscription to the community e-newsletter, providing access to news and announcements for and from the knowledge community.
- Option to add a video presentation to the community YouTube channel.
- Free access to the Scholar social knowledge platform, including:
  - Personal profile and publication portfolio page;
  - Ability to interact and form communities with peers away from the clutter and commercialism of other social media;
  - Optional feeds to Facebook and Twitter;
  - Complimentary use of Scholar in your classes—for class interactions in its Community space, multimodal student writing in its Creator space, and managing student peer review, assessment, and sharing of published work.
Engage in the Community

Present and Participate in the Conference
You have already begun your engagement in the community by attending the conference, presenting your work, and interacting face-to-face with other members. We hope this experience provides a valuable source of feedback for your current work and the possible seeds for future individual and collaborative projects, as well as the start of a conversation with community colleagues that will continue well into the future.

Publish Journal Articles or Books
We encourage you to submit an article for review and possible publication in the journal. In this way, you may share the finished outcome of your presentation with other participants and members of the community. As a member of the community, you will also be invited to review others’ work and contribute to the development of the community knowledge base as an Associate Editor. As part of your active membership in the community, you also have online access to the complete works (current and previous volumes) of journal and to the book imprint. We also invite you to consider submitting a proposal for the book imprint.

Engage through Social Media
There are several ways to connect and network with community colleagues:

- Email Newsletters: Published monthly, these contain information on the conference and publishing, along with news of interest to the community. Contribute news or links with a subject line ‘Email Newsletter Suggestion’ to support@healthandsociety.com.

- Scholar: Common Ground’s path-breaking platform that connects academic peers from around the world in a space that is modulated for serious discourse and the presentation of knowledge works.

- Facebook: Comment on current news, view photos from the conference, and take advantage of special benefits for community members at: http://www.facebook.com/HealthAndSociety.CG.

- Twitter: Follow the community @healthnsociety and talk about the conference with #CGHealth.

- YouTube Channel: View online presentations or contribute your own at http://commongroundpublishing.com/support/uploading-your-presentation-to-youtube.
The principle role of the advisory board is to drive the overall intellectual direction of the Health, Wellness & Society Knowledge Community and to consult on our foundational themes as they evolve along with the currents of the community. Board members are invited to attend the annual conference with a complimentary registration and provide important insights on conference development, including suggestions for speakers, venues, and special themes. We also encourage board members to submit articles for publication for consideration to The International Journal of Health, Wellness, and Society as well as proposals or completed manuscripts to the Health, Wellness & Society Book Imprint.

We are grateful for the continued service and support of these world-class scholars and practitioners.

- Graham Basten, De Montfort University, Leicester, UK
- Alan Ewert, Indiana University, Bloomington, USA
- Kristen Harrison, University of Illinois at Urbana-Champaign, Urbana-Champaign, USA
- James Marcum, Baylor University, Waco, USA
- David Peters, University of Westminster, London, UK
- Darlene Sredl, University of Missouri St. Louis, St. Louis, USA
A Social Knowledge Platform
Create Your Academic Profile and Connect to Peers

Developed by our brilliant Common Ground software team, Scholar connects academic peers from around the world in a space that is modulated for serious discourse and the presentation of knowledge works.

Utilize Your Free Scholar Membership Today through
- Building your academic profile and list of published works.
- Joining a community with a thematic or disciplinary focus.
- Establishing a new knowledge community relevant to your field.
- Creating new academic work in our innovative publishing space.
- Building a peer review network around your work or courses.

Scholar Quick Start Guide
2. Enter a “blip” (a very brief one-sentence description of yourself).
3. Click on the “Find and join communities” link located under the YOUR COMMUNITIES heading (On the left hand navigation bar).
4. Search for a community to join or create your own.

Scholar Next Steps – Build Your Academic Profile
- **About**: Include information about yourself, including a linked CV in the top, dark blue bar.
- **Interests**: Create searchable information so others with similar interests can locate you.
- **Peers**: Invite others to connect as a peer and keep up with their work.
- **Shares**: Make your page a comprehensive portfolio of your work by adding publications in the Shares area - be these full text copies of works in cases where you have permission, or a link to a bookstore, library or publisher listing. If you choose Common Ground’s hybrid open access option, you may post the final version of your work here, available to anyone on the web if you select the ‘make my site public’ option.
- **Image**: Add a photograph of yourself to this page; hover over the avatar and click the pencil/edit icon to select.
- **Publisher**: All Common Ground community members have free access to our peer review space for their courses. Here they can arrange for students to write multimodal essays or reports in the Creator space (including image, video, audio, dataset or any other file), manage student peer review, co-ordinate assessments, and share students’ works by publishing them to the Community space.
A Digital Learning Platform

Use Scholar to Support Your Teaching

Scholar is a social knowledge platform that transforms the patterns of interaction in learning by putting students first, positioning them as knowledge producers instead of passive knowledge consumers. Scholar provides scaffolding to encourage making and sharing knowledge drawing from multiple sources rather than memorizing knowledge that has been presented to them.

Scholar also answers one of the most fundamental questions students and instructors have of their performance, “How am I doing?” Typical modes of assessment often answer this question either too late to matter or in a way that is not clear or comprehensive enough to meaningfully contribute to better performance.

A collaborative research and development project between Common Ground and the College of Education at the University of Illinois, Scholar contains a knowledge community space, a multimedia web writing space, a formative assessment environment that facilitates peer review, and a dashboard with aggregated machine and human formative and summative writing assessment data.

The following Scholar features are only available to Common Ground Knowledge Community members as part of their membership. Please email us at support@cgscholar.com if you would like the complimentary educator account that comes with participation in a Common Ground conference.

- Create projects for groups of students, involving draft, peer review, revision and publication.
- Publish student works to each student’s personal portfolio space, accessible through the web for class discussion.
- Create and distribute surveys.
- Evaluate student work using a variety of measures in the assessment dashboard.

Scholar is a generation beyond learning management systems. It is what we term a Digital Learning Platform—it transforms learning by engaging students in powerfully horizontal “social knowledge” relationships. For more information, visit: http://knowledge.cgscholar.com.
Health, Wellness & Society Journal

Committed to investigating emerging trends and issues of concern in the fields of human health and wellness and their social interconnections and implications
About

The International Journal of Health, Wellness, and Society offers an interdisciplinary forum for the discussion of issues at the intersection of human physiology and social life conditions. It is a focal point for scholarly and practice-based discussion in a time of growing public and research awareness of the relations between health and social wellbeing. The concept of “health and wellness” impacts all members of society, whether at a personal level in the positive senses of life-satisfaction and exhilaration, or problematically, through the cost and availability of remedial healthcare. Contributions to the journal range from broad scientific, sociological, philosophical, and policy explorations to detailed studies of particular physiological and social dynamics.

As well as papers of a traditional scholarly type, this journal invites case studies that take the form of presentations of practice—including documentation of socially-engaged practices and exegeses analyzing the effects of those practices.

The International Journal of Health, Wellness, and Society is peer-reviewed, supported by rigorous processes of criterion-referenced article ranking and qualitative commentary, ensuring that only intellectual work of the greatest substance and highest significance is published.

Editor

Alan Ewert, School of Public Health, Indiana University, Bloomington, USA

Associate Editors

Articles published in The International Journal of Health, Wellness, and Society are peer reviewed by scholars who are active members of the Health, Wellness and Society Knowledge Community. Reviewers may be past or present conference delegates, fellow submitters to the journal, or scholars who have volunteered to review papers (and have been screened by Common Ground’s editorial team). This engagement with the knowledge community, as well as Common Ground’s synergistic and criterion-based evaluation system, distinguishes the peer review process from journals that have a more top-down approach to refereeing. Reviewers are assigned to papers based on their academic interests and scholarly expertise. In recognition of the valuable feedback and publication recommendations that they provide, reviewers are acknowledged as Associate Editors in the volume that includes the paper(s) they reviewed. Thus, in addition to The International Journal of Health, Wellness, and Society’s Editors and Advisory Board, the Associate Editors contribute significantly to the overall editorial quality and content of the journal.
Journal Submission Process and Timeline
Below, please find step-by-step instructions on the journal article submission process:

1. Submit a conference presentation proposal.

2. Once your conference presentation proposal has been accepted, you may submit your article by clicking the “Add a Paper” button on the right side of your proposal page. You may upload your article anytime between the first and the final submission deadlines. (See dates below)

3. Once your article is received, it is verified against template and submission requirements. If your article satisfies these requirements, your identity and contact details are then removed, and the article is matched to two appropriate referees and sent for review. You can view the status of your article at any time by logging into your CGPublisher account at www.CGPublisher.com.

4. When both referee reports are uploaded, and after the referees’ identities have been removed, you will be notified by email and provided with a link to view the reports.

5. If your article has been accepted, you will be asked to accept the Publishing Agreement and submit a final copy of your article. If your paper is accepted with revisions, you will be required to submit a change note with your final submission, explaining how you revised your article in light of the referees’ comments. If your article is rejected, you may resubmit it once, with a detailed change note, for review by new referees.

6. Once we have received the final submission of your article, which was accepted or accepted with revisions, our Publishing Department will give your article a final review. This final review will verify that you have complied with the Chicago Manual of Style (16th edition), and will check any edits you have made while considering the feedback of your referees. After this review has been satisfactorily completed, your paper will be typeset and a proof will be sent to you for approval before publication.

7. Individual articles may be published “Web First” with a full citation. Full issues follow at regular, quarterly intervals. All issues are published 4 times per volume (except the annual review, which is published once per volume).

Submission Timeline
You may submit your article for publication to the journal at any time throughout the year. The rolling submission deadlines are as follows:

- Submission Round 1 – 15 January
- Submission Round 2 – 15 April
- Submission Round 3 – 15 July
- Submission Round 4 (final) – 15 October

Note: If your article is submitted after the final deadline for the volume, it will be considered for the following year’s volume. The sooner you submit, the sooner your article will begin the peer review process. Also, because we publish “Web First,” early submission means that your article may be published with a full citation as soon as it is ready, even if that is before the full issue is published.
Hybrid Open Access
All Common Ground Journals are Hybrid Open Access. Hybrid Open Access is an option increasingly offered by both university presses and well-known commercial publishers.

Hybrid Open Access means some articles are available only to subscribers, while others are made available at no charge to anyone searching the web. Authors pay an additional fee for the open access option. Authors may do this because open access is a requirement of their research-funding agency, or they may do this so non-subscribers can access their article for free.

Common Ground’s open access charge is $250 per article—a very reasonable price compared to our hybrid open access competitors and purely open access journals resourced with an author publication fee. Digital articles are normally only available through individual or institutional subscriptions or for purchase at $5 per article. However, if you choose to make your article Open Access, this means anyone on the web may download it for free.

Paying subscribers still receive considerable benefits with access to all articles in the journal, from both current and past volumes, without any restrictions. However, making your paper available at no charge through Open Access increases its visibility, accessibility, potential readership, and citation counts. Open Access articles also generate higher citation counts.

Institutional Open Access
Common Ground is proud to announce an exciting new model of scholarly publishing called Institutional Open Access.

Institutional Open Access allows faculty and graduate students to submit articles to Common Ground journals for unrestricted open access publication. These articles will be freely and publicly available to the whole world through our hybrid open access infrastructure. With Institutional Open Access, instead of the author paying a per-article open access fee, institutions pay a set annual fee that entitles their students and faculty to publish a given number of open access articles each year.

The rights to the articles remain with the subscribing institution. Both the author and the institution can also share the final typeset version of the article in any place they wish, including institutional repositories, personal websites, and privately or publicly accessible course materials. We support the highest Sherpa/Romeo access level—Green.

For more information on how to make your article Open Access, or information on Institutional Open Access, please contact us at support@commongroundpublishing.com.
International Award for Excellence

*The International Journal of Health, Wellness, and Society* presents an annual International Award for Excellence for new research or thinking in the area of health and wellness. All articles submitted for publication in *The International Journal of Health, Wellness, and Society* are entered into consideration for this award. The review committee for the award is selected from the International Advisory Board for the journal and the annual Health, Wellness & Society Conference. The committee selects the winning article from the ten highest-ranked articles emerging from the review process and according to the selection criteria outlined in the reviewer guidelines. The remaining nine top papers will be featured on our website.

**Award Winner, Volume 3**

Donna L. M. Kurtz, Associate Professor, Faculty of Health and Social Development, School of Nursing, University of British Columbia Okanagan, Canada

**For the Article**

Social Justice and Health Equity: Urban Aboriginal Women’s Action for Health Reform

**Award Winner, Volume 4**

Shadrack Baleseng Ramokgadi, Senior Researcher, Centre for Military Studies, University of Stellenbosch, Cape Town, South Africa

**For the Article**

Community Membership and Personal Subscriptions
As part of each conference registration, all conference participants (both virtual and in-person) have a one-year digital subscription to *The International Journal of Health, Wellness, and Society*. This complimentary personal subscription grants access to both the current volume of the collection as well as the entire backlist. The period of complimentary access begins at the time of registration and ends one year after the close of the conference. After that time, delegates may purchase a personal subscription.

To view articles, go to http://ijw.cgpublisher.com/. Select the “Login” option and provide a CGPublisher username and password. Then, select an article and download the PDF. For lost or forgotten login details, select “forgot your login” to request a new password.

Journal Subscriptions
Common Ground offers print and digital subscriptions to all of its journals. Subscriptions are available to *The International Journal of Health, Wellness, and Society* and to custom suites based on a given institution’s unique content needs. Subscription prices are based on a tiered scale that corresponds to the full-time enrollment (FTE) of the subscribing institution.

For more information, please visit:
- http://healthandsociety.com/journal/subscribe
- Or contact us at subscriptions@commongroundpublishing.com

Library Recommendations
Download the Library Recommendation form from our website to recommend that your institution subscribe to *The International Journal of Health, Wellness, and Society*: http://commongroundpublishing.com/support/recommend-a-subscription-to-your-library.
Health, Wellness & Society
Book Imprint

Aiming to set new standards in participatory knowledge creation and scholarly publication
Call for Books
Common Ground is setting new standards of rigorous academic knowledge creation and scholarly publication. Unlike other publishers, we’re not interested in the size of potential markets or competition from other books. We’re only interested in the intellectual quality of the work. If your book is a brilliant contribution to a specialist area of knowledge that only serves a small intellectual community, we still want to publish it. If it is expansive and has a broad appeal, we want to publish it too, but only if it is of the highest intellectual quality.

We welcome proposals or completed manuscript submissions of:
• Individually and jointly authored books
• Edited collections addressing a clear, intellectually challenging theme
• Collections of articles published in our journals
• Out-of-copyright books, including important books that have gone out of print and classics with new introductions

Book Proposal Guidelines
Books should be between 30,000 and 150,000 words in length. They are published simultaneously in print and electronic formats and are available through Amazon and as Kindle editions. To publish a book, please send us a proposal including:
• Title
• Author(s)/editor(s)
• Draft back-cover blurb
• Author bio note(s)
• Table of contents
• Intended audience and significance of contribution
• Sample chapters or complete manuscript
• Manuscript submission date

Proposals can be submitted by email to books@commongroundpublishing.com. Please note the book imprint to which you are submitting in the subject line.
Call for Book Reviewers
Common Ground Publishing is seeking distinguished peer reviewers to evaluate book manuscripts.

As part of our commitment to intellectual excellence and a rigorous review process, Common Ground sends book manuscripts that have received initial editorial approval to peer reviewers to further evaluate and provide constructive feedback. The comments and guidance that these reviewers supply is invaluable to our authors and an essential part of the publication process.

Common Ground recognizes the important role of reviewers by acknowledging book reviewers as members of the Editorial Review Board for a period of at least one year. The list of members of the Editorial Review Board will be posted on our website.

If you would like to review book manuscripts, please send an email to books@commongroundpublishing.com with:

• A brief description of your professional credentials
• A list of your areas of interest and expertise
• A copy of your CV with current contact details

If we feel that you are qualified and we require refereeing for manuscripts within your purview, we will contact you.
Adventure Therapy around the Globe: International Perspectives and Diverse Approaches

Christine L. Norton, Cathryn Carpenter, and Anita Pryor (eds.)

Adventure Therapy around the Globe is an important, peer-reviewed collection of papers pulled from the 5th and 6th International Adventure Therapy Conference proceedings. These papers present international perspectives and diverse approaches to adventure therapy theory, practice and research. Adventure therapy program models and interventions from around the world are presented here to help adventure therapy practitioners develop new ideas and approaches for helping participants find healing and enhance wellbeing in the natural world.

Editor Bios:

Christine Lynn Norton, PhD, LCSW is an associate professor of social work at Texas State University. She has been involved in the field of adventure therapy for over 20 years, as a practitioner, researcher and educator. Christine has served as the chair of the Therapeutic Adventure Professional Group, as a research scientist for the Outdoor Behavioral Healthcare Research Cooperative and as the U.S. representative to the Adventure Therapy International Committee (ATIC) since 2009. She is a wife and mother of three, and she believes deeply of the healing power of outdoor adventure.

Cathryn Carpenter has implemented outdoor experiential learning programs in educational and commercial settings over the last 30 years. She has been involved in the development and expansion of Bush Adventure Therapy within Australia and in the Adventure Therapy International Committee. Her current research interests focus on health and wellbeing through the design and evaluation of therapeutic and developmental programs and exploration of human connections to place. Whilst Cathryn is a senior lecturer developing a Youth Work curriculum at Victoria University; she is most alive when outdoors paddling, cross country skiing, walking, sketching or taking photographs.

Anita Pryor has been involved in the field of AT since 1996 as a practitioner, manager, trainer and researcher. She is co-chair of ATIC and an international representative of the Australian Association for Bush Adventure Therapy Inc. In 2009 Anita completed a PhD on Australian Outdoor Adventure Interventions, and is now a Director of Adventure Works Pty Ltd. Anita supports bush adventure therapy in Australia through the provision of programs and counselling, training and supervision, research and evaluation and innovative partnerships.
Health, Wellness & Society Conference

Curating global interdisciplinary spaces, supporting professionally rewarding relationships
Conference History
Founded in 2011, the International Conference on Health, Wellness & Society provides a forum to explore issues of concern in the fields of human health and wellness, and in particular their social interconnections and implications.

The International Conference on Health, Wellness & Society is built upon four key features: internationalism, interdisciplinarity, inclusiveness, and interaction. Conference delegates include leaders in the field as well as emerging scholars, who travel to the conference from all continents and represent a broad range of disciplines and perspectives. A variety of presentation options and session types offer delegates multiple opportunities to engage, to discuss key issues in the field, and to build relationships with scholars from other cultures and disciplines.

Past Conferences
- 2011 – University of California, Berkeley, USA
- 2012 – University Center, Chicago, USA
- 2013 – Escola Paulista de Medicina, Universidade Federal de São Paulo, São Paulo, Brazil
- 2014 – UBC Robson Square, Vancouver, Canada
- 2015 – Universidad de Alcalá, Alcalá de Henares, Madrid, Spain

Plenary Speaker Highlights
The International Conference on Health, Wellness & Society has a rich history of featuring leading and emerging voices from the field, including:

- Renato D. Alarcon, Mayo Clinic College of Medicine, Rochester, USA (2013)
- Carol Braunschweig, University of Michigan, Ann Arbor, USA (2012)
- Bechara Choucair, Chicago Department of Public Health, Chicago, USA (2012)
- Dante Gallian, University of São Paulo, São Paulo, Brazil (2014)
- George Lambie, De Montfort University, Leicester, UK (2011)
- Linda Neuhauser, University of California, Berkeley, USA (2011)

Past Partners
Over the years, the International Conference on Health, Wellness & Society has had the pleasure of working with the following organizations:

De Montfort University, Leicester, UK (2011)
Federal University of São Paulo, São Paulo, Brazil (2013)
School of Public Health, University of California, Berkeley, USA (2011)
Western University of Health Sciences, Pomona, USA (2011)
Conference Principles and Features

The structure of the conference is based on four core principles that pervade all aspects of the knowledge community:

**International**
This conference travels around the world to provide opportunities for delegates to see and experience different countries and locations. But more importantly, the Health, Wellness, & Society Conference offers a tangible and meaningful opportunity to engage with scholars from a diversity of cultures and perspectives. This year, delegates from over 34 countries are in attendance, offering a unique and unparalleled opportunity to engage directly with colleagues from all corners of the globe.

**Interdisciplinary**
Unlike association conferences attended by delegates with similar backgrounds and specialties, this conference brings together researchers, practitioners, and scholars from a wide range of disciplines who have a shared interest in the themes and concerns of this community. As a result, topics are broached from a variety of perspectives, interdisciplinary methods are applauded, and mutual respect and collaboration are encouraged.

**Inclusive**
Anyone whose scholarly work is sound and relevant is welcome to participate in this community and conference, regardless of discipline, culture, institution, or career path. Whether an emeritus professor, graduate student, researcher, teacher, policymaker, practitioner, or administrator, your work and your voice can contribute to the collective body of knowledge that is created and shared by this community.

**Interactive**
To take full advantage of the rich diversity of cultures, backgrounds, and perspectives represented at the conference, there must be ample opportunities to speak, listen, engage, and interact. A variety of session formats, from more to less structured, are offered throughout the conference to provide these opportunities.
Health, Wellness & Society | Ways of Speaking

**Plenary**
Plenary speakers, chosen from among the world’s leading thinkers, offer formal presentations on topics of broad interest to the community and conference delegation. One or more speakers are scheduled into a plenary session, most often the first session of the day. As a general rule, there are no questions or discussion during these sessions. Instead, plenary speakers answer questions and participate in informal, extended discussions during their Garden Conversation.

**Garden Conversation**
Garden Conversations are informal, unstructured sessions that allow delegates a chance to meet plenary speakers and talk with them at length about the issues arising from their presentation. When the venue and weather allow, we try to arrange for a circle of chairs to be placed outdoors.

**Talking Circles**
Held on the first day of the conference, Talking Circles offer an early opportunity to meet other delegates with similar interests and concerns. Delegates self-select into groups based on broad thematic areas and then engage in extended discussion about the issues and concerns they feel are of utmost importance to that segment of the community. Questions like “Who are we?”, “What is our common ground?”, “What are the current challenges facing society in this area?”, “What challenges do we face in constructing knowledge and effecting meaningful change in this area?” may guide the conversation. When possible, a second Talking Circle is held on the final day of the conference, for the original group to reconvene and discuss changes in their perspectives and understandings as a result of the conference experience. Reports from the Talking Circles provide a framework for the delegates’ final discussions during the Closing Session.

**Themed Paper Presentations**
Paper presentations are grouped by general themes or topics into sessions comprised of three or four presentations followed by group discussion. Each presenter in the session makes a formal twenty-minute presentation of their work; Q&A and group discussion follow after all have presented. Session Chairs introduce the speakers, keep time on the presentations, and facilitate the discussion. Each presenter’s formal, written paper will be available to participants if accepted to the journal.

**Colloquium**
Colloquium sessions are organized by a group of colleagues who wish to present various dimensions of a project or perspectives on an issue. Four or five short formal presentations are followed by commentary and/or group discussion. A single article or multiple articles may be submitted to the journal based on the content of a colloquium session.
Focused Discussion
For work that is best discussed or debated, rather than reported on through a formal presentation, these sessions provide a forum for an extended “roundtable” conversation between an author and a small group of interested colleagues. Several such discussions occur simultaneously in a specified area, with each author’s table designated by a number corresponding to the title and topic listed in the program schedule. Summaries of the author’s key ideas, or points of discussion, are used to stimulate and guide the discourse. A single article, based on the scholarly work and informed by the focused discussion as appropriate, may be submitted to the journal.

Workshop/Interactive Session
Workshop sessions involve extensive interaction between presenters and participants around an idea or hands-on experience of a practice. These sessions may also take the form of a crafted panel, staged conversation, dialogue or debate—all involving substantial interaction with the audience. A single article (jointly authored, if appropriate) may be submitted to the journal based on a workshop session.

Poster Sessions
Poster sessions present preliminary results of works in progress or projects that lend themselves to visual displays and representations. These sessions allow for engagement in informal discussions about the work with interested delegates throughout the session.
**Thursday, 3, September**

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<tr>
<th>Time</th>
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<tr>
<td>8:00–9:00</td>
<td>Conference Registration Desk Open</td>
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<td>9:00–9:10</td>
<td>Conference Welcome—Universidad de Alcalá</td>
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<td>9:30–9:35</td>
<td>Transition Break</td>
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<tr>
<td>9:35–10:05</td>
<td>Plenary Session—Paul Lukowicz, Technical University of Kaiserslautern, Germany</td>
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| 10:05–10:35 | Plenary Session—Miguel Angel Luengo Oroz, UN Global Pulse/United Nations, USA  
*Big Data for Global Health Challenges* |
| 10:35–11:05 | Garden Conversation and Coffee Break                                  |
| 11:05–11:20 | Transition Break (Move to Rectarado Building)                         |
| 11:20–12:05 | Talking Circles                                                       |
| 12:05–13:45 | Parallel Sessions                                                     |
| 13:45–14:55 | Lunch                                                                 |
| 14:55–16:10 | Parallel Sessions                                                     |
| 16:10–16:20 | Coffee Break                                                          |
| 16:20–18:00 | Parallel Sessions                                                     |

**Friday, 4, September**

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<th>Time</th>
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<tr>
<td>8:00–9:00</td>
<td>Conference Registration Desk Open</td>
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<tr>
<td>9:00–9:15</td>
<td>Daily Update</td>
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| 9:15–9:45   | Plenary Session—Rita Paradiso, Smartex, Italy                          
*Monitoring Systems Based on Textile Sensing Platforms to Support a Healthier Lifestyle* |
| 9:45–10:15  | Plenary Session—Javier Nieto, University of Wisconsin-Madison, USA    |
| 10:15–10:45 | Garden Conversation and Coffee Break                                  |
| 10:45–11:00 | Transition Break (Move to Rectarado Building)                         |
| 11:00–12:40 | Parallel Sessions                                                     |
| 12:40–13:40 | Lunch                                                                 |
| 13:40–15:20 | Parallel Sessions                                                     |
| 15:20–15:30 | Coffee Break                                                          |
| 15:30–16:15 | Parallel Sessions                                                     |
| 16:15–16:25 | Break                                                                 |
| 16:25–17:40 | Parallel Sessions                                                     |
| 17:40–18:00 | Special Event: Closing and Awards Ceremony—Homer Stavely, Common Ground Publishing, USA |
Conference Dinner at La Hostería del Estudiante

Join conference delegates and plenary speakers for an evening of conversation over a traditional Spanish dinner. La Hostería del Estudiante is housed in the oldest part of Alcalá de Henares, and since 1929, the restaurant has captured both the history and charm of the region.

Taking place on the first day of the conference, the dinner provides an excellent space for networking and more intimate conversations with other international colleagues.

**Starters**
Selection of small plates: Iberian ham, manchego cheese, diced cheese, meat croquets, and crunchy “migas”

**Main Dish**
A choice between:
- Beef: Veal shank slow cooked with revolcona potatoes
- Fish: Braised gilthead with vegetables and tomato compote with sea urchin sauce
- Vegetarian: Available upon request

**Dessert**
Costrada (puff pastry with cream and meringue) with red forest fruit sorbet

**Beverages**
Still and sparkling mineral water, soft drinks, beer, white and red wine, and coffee and tea

*Please note: because all ingredients are fresh, the restaurant reserves the right to make substitutions based upon availability.*

**Date:** Thursday, 3 September 2015  
**Time:** 8:30 - 11:00 PM  
**Price:** US$50.00

**Address:**  
Restaurante la Hosteria del Estudiante  
Calle Colegios, 3. Alcalá de Henares - Madrid

**Make a Reservation:** See the registration desk for availability
Miguel A. Luengo-Oroz

**Big Data for Global Health Challenges**

Miguel is Chief Scientist at UN Global Pulse, an innovation initiative at the Executive Office of the United Nations Secretary-General, harnessing Big Data for global development. He leads the data science team across the network of Global Pulse Labs in New York, Jakarta, and Kampala which provide “innovation as a service” - developing Big Data projects together with UN system partners. Miguel is the founding director of MalariaSpot.org—videogames and crowdsourcing for diagnosis of malaria and other global health diseases, based at the Universidad Politécnica de Madrid. As an antidisciplinary scientist, and over the last 10 years, he has been working on innovative projects at the crossroads of international development, social innovation, global health, and systems biology with data science. Miguel is Ashoka fellow (2013) and GSP10 from Singularity University at NASA. He obtained a PhD in biomedical engineering, MSc in cognitive sciences, and MSc in telecommunications engineering.

Paul Lukowicz

Paul Lukowicz is Full Professor of AI at the Technical University of Kaiserslautern in Germany where he is heading the Embedded Intelligence group at DFKI. From 2006 till 2011, he has been full Professor (W3) of Computer Science at the University of Passau. He has also been a senior researcher (“Oberassistent”) at the Electronics Laboratory at the Department of Information Technology and Electrical Engineering of ETH Zurich. Paul Lukowicz has and MSc (Dipl. Inf.) and a PhD (Dr. rer nat.) in Computer Science, and a MSc in Physics (Dipl. Phys.). His research focuses on context aware ubiquitous and wearable systems including sensing, pattern recognition, system architectures, models of large scale self-organized systems, and applications. Paul Lukowicz coordinates the FP7-FET SOCIONICAL projects, is Associate Editor in Chief of IEEE Pervasive Computing Magazine, and has been serving as TPC Chair of a number of international events in the area.
Health, Wellness & Society

Plenary Speakers

F. Javier Nieto

F. Javier Nieto, MPH, MD, PhD, is the ICTR Assistant Director for Population Based Research. He is also the Chair of the Department of Population Health Sciences in the UW School of Medicine and Public Health, and a professor of Population Health and Family Medicine. Dr. Nieto received his MD degree from the University of Valencia, Spain in 1978. Between 1979 and 1985, he completed a residency in Family and Community Medicine in Spain and an MPH degree in Havana, Cuba. After a brief period working for the Spanish Government to develop primary health-care centers in a rural area in central Spain, he came to the United States to the Johns Hopkins University where he completed a Master’s in Health Sciences (MHS, 1989) and a PhD degree in Epidemiology (1991). In 1991 he joined the faculty of the Department of Epidemiology in the Johns Hopkins University School of Public Health and served as an Associate Professor between 1998 and 2001. Dr. Nieto became chair of the Department of Population Health Sciences at UW-Madison in January 2002. He also serves as director of the Survey of the Health of Wisconsin (SHOW) project, a novel infrastructure for population-based clinical, epidemiologic, and health services research. Dr. Nieto’s main areas of research interest include cardiovascular disease epidemiology, markers of subclinical atherosclerosis, emerging risk factors for cardiovascular disease (homocysteine, inflammation markers, chronic infections), health consequences of sleep disorders, and psychosocial stress. He is also interested in methodological issues in epidemiology and in the teaching of epidemiologic methods. Along with Moyses Szklo, he is co-author of a textbook on intermediate epidemiology methods (Epidemiology: Beyond the Basics, 2nd Edition. Boston, Mass, Jones & Bartlet Publishers, 2007).

Rita Paradiso

Monitoring Systems Based on Textile Sensing Platforms to Support a Healthier Lifestyle

Rita Paradiso, PhD, graduated in Physics from the University of Genoa and received her PhD in Bioengineering in 1991. Molecular Electronics, Biosensors, and Biomaterials for biomedical applications have been her main research topics. In particular, she worked on functionalized surfaces and their characterization. She worked in London during her PhD at the Physics Department of Queen Mary College. In 1993, she received a Post Doctor CE fellowship at the Molecular Chemical Laboratory—CNE Saclay, France. In 1994, she was Post Doctor fellow at the Department of Material Engineering of the University of Trento. During 1998, she worked at the “IRST-Instituto Trentino di Cultura” on bio-activation of MEMS, FIBIA. From 1998-1999, she was Research Manager of Technobiochip s.r.l.- Marciana (LI)-Italy. She has over 70 scientific publications and conference presentations since 1989. She joined Smartex in 2000 as R&D Manager, and from July 2011 she is the CEO of the company. From September 2001, she has been involved in several European projects as coordinator like in WEALTHY (IST-2001-37778), coordinator of the Functional Bioclothes™ consortium in MYHEART (IST-2002-507816), and technical coordinator of Psyche (ICT-2009.5.1-247777). She was also directly involved in Biotex (IST-NMP 016789), Proetex (ICT-4 026987), Healthwear (e-TEN 029402), Tremor (ICT-2007-2-224051); e-Sponder (SEC-2009.4.2-242411), Interaction (FP7- 287351), and she is currently working in Welcome (FP7 611223).
Senyo Agbeyaka
Senyo Agbeyaka is currently completing his Masters of Social Work at the University of Toronto with a specialization in Mental Health and Health. He received his bachelor’s degree in Psychology, Neuroscience, and Behaviour from McMaster University. His research interests revolve around how social factors in communities influence health and wellbeing. He has been involved in research examining recovery and remission from depression, mental health of youth from diverse populations, and he has also been engaged in various community-based research projects for non-profit organizations.

Connie Allen
Connie Allen is currently completing a PhD on high-level wellness, based on interviews with 25 exceptionally healthy happy Australians. She has a Bachelor of Behavioural Science with First Class Honours, a Master of Public Health, and 15+ years of experience in government, non-government, and university sectors. Connie also manages her own business, writes for community and academic audiences, and assists fellow researchers through training, editing, and web-based support.

Rebecca Louise Crowther
Rebecca is currently in her first year as a PhD Candidate at Edinburgh College of Art. Her research is interdisciplinary or perhaps ‘anti-disciplinary’: Working across landscape and anthropology having come from a background in performance theory and applied arts practice. She is working on a project exploring shared experience, communitas, reverie, Intangible Cultural Heritage, and well-being within rural spaces in Scotland. She is working to develop a set of collaborative, sensory and creative methods within an ethnographic framework to attempt to “capture” ephemeral and intangible experience within groups of people and natural spaces. Important elements of interest within her research are empathy with other (including non-human other) and place, belonging, and togetherness for well-being. Other interests include eco-psychology, new animism, and sustainability.

Mohammad Amin Kamaleddin
Mohammad Amin Kamaleddin was selected as an exceptional talent in Iran since 2005. In 2011, after being ranked 35 among more than 500,000 students in the entrance exams of universities, he joined the continuous PhD program in Biotechnology at the University of Tehran, Iran, and received his BSc Degree as the first ranked undergraduate student in 2015. Currently he joins the research group of Professor Mathew E. Diamond at SISSA, Italy, to work as the research assistant in the field of cognitive neuroscience and is offered two PhD positions in UCL and McGill University for continuing his graduate studies that will be started in September.
Hyunjung Lee
Hyunjung Lee is a PhD Candidate in the department of Public Policy and Public Affairs at University of Massachusetts Boston. Hyunjung received a BA in Chemical Engineering from Konkuk University in Korea, an executive MBA from Helsinki School of Economics in Finland and a MA in Public Policy from George Mason University in the US. Currently, her dissertation investigates the effect of the expansion of health insurance coverage under the Affordable Care Act, on inequality in access to health care and health disparities. It also discusses the mechanism by which insurance coverage could alleviate health disparities. Hyunjung’s ongoing research interests include health care reform and health care disparities. Her past research work includes topics on the impact of the Massachusetts health reform on health care disparities, Korean medical tourism focusing on the government’s supports and facilitators’ activities, and the privatization in Korean public health care industry.

Hui Yee (Venurs) Loh
Venurs is undertaking a PhD project in social epidemiology in the School of Public Health and Social Work at Queensland University of Technology. Her research is investigating relationships between the neighbourhood environment, physical activity and physical function in the context of healthy ageing, and with a focus on socioeconomic inequalities. Venurs is a young, talented, and highly motivated person who is aspiring to a successful research career in public health.

Anita Minh
Anita is a Master student at the University of British Columbia in Canada. Her research concerns the social determinants of mental health inequalities in children and youth, including features of the transition from school to work.

Arsh Randhawa
Arsh’s research focus on implementing healthy behaviour change interventions, involving novel smartphones technologies and health coaching in different chronic disease populations. She has worked as a health coach for employees at large Canadian Corporation on the Connected Health and Wellness Project. Her research interests also include mindfulness meditation for youth and currently she leads mindfulness sessions at York University. As a fitness instructor, she lead and organized group and individual exercise programmes to help people to improve their health and fitness. She is looking forward to completing her MSc and starting PhD in September 2015.

Jil Janine Ferreira
Jil Janine Ferreira holds a bachelor’s degree in Sport and Wellness (Polytechnic Institute of Leiria) and Master degree in Physical Activity in Special Populations (ESDRM-IPS - Sport Sciences School of Rio Maior – Polytechnic Institute of Santarém). She is involved in the project ACTIVE SCHOOL funded by IPDJ and QREN-InAlentejo. She is planning her doctoral thesis in this field. She works as school teacher and fitness instructor with children. Janine is native in Portuguese and also familiar with English.
## Thursday, 03 September

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<td>10:05-10:30</td>
<td>PLENARY SESSION - Miguel Angel Luengo Oroz, UN Global Pulse/United Nations, USA - &quot;Big Data for Global Health Challenges&quot;</td>
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<td>10:35-11:05</td>
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### Room 1: Adolescent Health Issues
**Exploring Alcohol Consumption, Knowledge, and Perceptions**
- Dr. Marcella Ogenichuck, College of Nursing, University of Saskatchewan, Saskatoon, Canada
- Dr. Laurie Hellsten-Brozey, College of Education, University of Saskatchewan, Saskatoon, Canada
- Michelle Prytula, College of Education, University of Saskatchewan, Saskatoon, Canada

*Overview:* This study explored students’ alcohol consumption, knowledge, perceived risk associated with alcohol use, perceived confidence in obtaining support for not drinking, and in resisting alcohol in on school system.
*Theme:* Health Promotion and Education

**What Teenagers Know about the Risks of Alcohol Consumption**
- Prof. Jozef Novotny, Department of Health studies, University College of Polytechnics Jihlava, Czech Republic, Jihlava, Czech Republic

*Overview:* We examine what teenagers know at various ages about the effects of alcohol consumption.
*Theme:* Health Promotion and Education

**Adolescent Disclosure**
- Dr. Linda Summers, School of Nursing, New Mexico State University, Las Cruces, USA

*Overview:* Assessing the health status of adolescents is challenging for health care providers. The study compared the effects of story-centered care to standard care on adolescent disclosure in an Urgent Care.
*Theme:* Health Promotion and Education

**Predictive Model of Risk Factors for Adolescent Suicide: Applying Decision-making Trees for Data Mining**
- Dr. Ji-Young An, u-Healthcare Design Institute, Inje University, Seoul, South Korea
- Dr. Taemin Song, Division of Statistics & Information Research, Korea Institute for Health and Social Affairs, Sejong, South Korea

*Overview:* This study proposes a predictive model of risk factors affecting adolescent suicide, which was built upon social big data collected from domestic social network services.
*Theme:* Interdisciplinary Health Sciences

### Room 2: The Kinesiology of Wellness
**Well-being of Family Caregivers of Assisted Living Residents: Changes over Time**
- Dr. Laurel Ann Strain, Department of Sociology, University of Alberta, Edmonton, Canada
- Dr. Colleen J. Maxwell, Schools of Pharmacy and Public Health & Health Systems, University of Waterloo, Waterloo, Canada

*Overview:* This research focuses on the well-being of family caregivers of assisted living residents and the extent to which it changes over time, taking caregiver and care receiver characteristics into account.
*Theme:* The Physiology, Kinesiology and Psychology of Wellness

**Validity of Self-reported Data in Hypertension Research**
- Dr. Eric Yebhoz Tenkorang, Faculty of Arts, Memorial University of Newfoundland, St. John’s, Canada
- Dr. Adoidea Vaa Oduzu, Institute of Statistical, Social & Economic Research (ISSER), University of Ghana, Legon, Accra, Ghana

*Overview:* This paper contributes to the limited but growing body of literature that tracks inconsistent reports of hypertension using data from the Study on Global Ageing and Adult Health (SAGE).
*Theme:* The Physiology, Kinesiology and Psychology of Wellness

**The Insulin-sensitizing Effect of Exercise Wears off after a Few Days in Aged Rats**
- Anastasia Tsimou, Sports Medicine, Aristotle University of Thessaloniki, Thessaloniki, Greece
- Prof. Ioannis Tatzeoglou, Sports Medicine, Aristotle University of Thessaloniki, Thessaloniki, Greece
- Prof. Vassilis Mougios, Veterinary Physiology, Aristotle University of Thessaloniki, Thessaloniki, Greece

*Overview:* This study aimed to identify the effects of mild-intensity lifelong and acute exercise on insulin sensitivity of aged rats and also examine how long these effects last.
*Theme:* Interdisciplinary Health Sciences
**Thursday, 03 September**

### Room 3 Holistic Health

**Assessment of Student Learning Outcomes in Holistic Health Courses**
Charlene Rinehart Brown, Pinehart Institute, Kalamazoo, USA

**Brooks Applegate, Educational Leadership, Research and Technology Evaluation, Measurement & Research, Western Michigan University, Kalamazoo, USA**

Overview: The objective of this study was to investigate the Holistic Wellness Assessment's sensitivity to detect changes as a function of an undergraduate college curriculum experience in a holistic health course.

Theme: The Physiology, Kinesiology and Psychology of Wellness

**The Contradictions of Hot Yoga: Risks and Benefits**
Dr. Brandon Eggleston, School of Health and Human Services Department of Community Health, National University, San Diego, USA

Dr. Casey Mace, Physical Education, School, and Public Health, Central Washington University, Ellensburg, USA

Overview: This paper will discuss one of the first studies that examines what yoga practitioners know about the risks and benefits of practicing hot yoga (30C or more).

Theme: Health Promotion and Education

**Presenting Food and Culture: Teaching Nutrition through "Learning by Doing"**
Dr. Emily Shupe, Department of Dietetics, Fashion Merchandising, and Hospitality, Western Illinois University, Macomb, USA

Rita Kava, Department of Dietetics, Fashion Merchandising, and Hospitality, Western Illinois University, Macomb, USA

Dr. Lori Kanauss, Department of Dietetics, Fashion Merchandising, and Hospitality and Berta Hearst Diabetes Institute, Western Illinois University, Macomb, USA

Overview: Food and Culture Club serves multiple purposes to increase internationalizing the campus by promoting interest and knowledge of diverse foods and cultures through two free well-attended events each semester.

Theme: Health Promotion and Education

**Online Fitness Culture and Health Information: Implications on the Health Practices of Young Females**
Stephanie Jong, School of Education, Flinders University, Adelaide, Australia

Overview: Online environments provide access to health information and the ability to "share" and transmit health ideas and ideals, which shape health beliefs and practices of young females involved.

Theme: Health Promotion and Education

### Room 4 Policies and Practices of Health

**Training Human Resource Managers to Understand Legal and Ethical Consideration of Confidential Medical Information Collection and Management**
Dr. Bob Barrett, School of Business, American Public University, Falling Waters, USA

Overview: Due to ethical and legal consideration of confidential medical information, there is a greater need to train HR Managers in the areas of collection, management, and disclosure of HIPPA-related data.

Theme: Public Health Policies and Practices

**A Review on the SimSmoke Policy Models**
Dr. Zeyneb Didem Unutmaz Durmusoglu, Department of Industrial Engineering, Gaziantep University, Gaziantep, Turkey

Pınar Kocakay Binot, Department of Industrial Engineering, Gaziantep University, Gaziantep, Turkey

Overview: In this study, a review on SimSmoke model publications was conducted in order to analyze how SimSmoke models were used for understanding the impacts of different tobacco control policies.

Theme: Public Health Policies and Practices

**Teenagers and Their Knowledge Concerning the Ingredients of Energy Drinks**
Prof. Josef Novotny, Department of Health Care Studies, College of Polytechnics Jihlava, Jihlava, Czech Republic

Assoc.Prof. Jaroslav Stanciak, Faculty of Social Work, University of SS. Cyril and Methodius, Trnava, Slovakia

Overview: Teenagers are using energy drinks in increasing quantity at discotheques and other events, but young people have very little interest in their ingredients.

Theme: Public Health Policies and Practices

### Room 1 Late Additions

### Room 2 Body Weight, Body Health

**Impact of a Weight Loss Wellness Coaching Program on Bariatric Surgery Participants**
Dr. Anita Gust, Exercise Science, Concordia College, Moorhead, USA

Overview: This study determines the impact of a pre-bariatric surgery wellness coaching program on health behaviors and quality of life.

Theme: The Physiology, Kinesiology and Psychology of Wellness

**Body, Emotion and Language: A Tripartite Approach that Disrupts Mainstream Understandings of Eating Disorders as Individual Diseases**
Dr Lisa Hodge, Division of Health Sciences, University of South Australia, Adelaide, Australia

Overview: Psychiatry's framing of eating disorders as an "illness" category pathologises women. Research using dialogic interviews, and women's own drawings and poetry, disrupts mainstream understanding of eating disorders as individual diseases.

Theme: Interdisciplinary Health Sciences

**Appearance and Body Esteem Related to Gender, Age, Social Support and Online Misbehavior: Middle School and High School Students**
Dr. Tal Heiman, Department of Education and Psychology, The Open University of Israel, Raanana, Israel

Dr. Dorit Olenik-Shemesh, Department of Education and Psychology, The Open University of Israel, Raanana, Israel

Overview: This study examined the perceptions of appearance and body esteem among 544 adolescents, aged 11-17 as related to perceived social support, and online networking misbehavior.

Theme: Health Promotion and Education
<table>
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<tr>
<th>Time</th>
<th>Session</th>
<th>Room</th>
<th>Presentation Title</th>
<th>Speaker(s)</th>
<th>Overview</th>
<th>Theme</th>
</tr>
</thead>
<tbody>
<tr>
<td>14:55-16:10</td>
<td><strong>PARALLEL SESSIONS</strong></td>
<td>Room 3</td>
<td><strong>Public Health and Disease Responses</strong></td>
<td>Prof. Najia A. Al-Zanbagi, Department of Biology, Science College, King Abdulaziz University, Jeddah, Saudi Arabia</td>
<td>Overview: The article reviews current status for Leishmaniasis in Saudi Arabia and the effort to control the disease.</td>
<td>Public Health Policies and Practices</td>
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<td><strong>Evaluation of Health Factors Affecting the Success Rate of Sustained Viral Response of Hepatitis C Treatment</strong></td>
<td>Dr. Elizabeth Gail Kuchler, Community Wellness Program, New Department of Health Southwest Region, Las Cruces, USA</td>
<td>Overview: Hepatitis C is identified as the leading cause of liver disease, and liver transplantation. The project examined the relationship of co-morbid health factors on hepatitis C sustained viral response.</td>
<td>Public Health Policies and Practices</td>
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<td><strong>Applying a Scenario Approach to Public Health</strong></td>
<td>Dr. Henk Hilderink, Centre for Health and Society Department of public health forecasting, RIVM-National Institute for Public Health and the Environment, Bilthoven, Netherlands</td>
<td>Overview: Applying a scenario methodology to public health is essential to support Public health policy makers and should account for uncertainties in demography, economy, technology and health systems.</td>
<td>Public Health Policies and Practices</td>
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<tr>
<td>16:10-16:20</td>
<td><strong>COFFEE BREAK</strong></td>
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<td>16:20-18:00</td>
<td><strong>PARALLEL SESSIONS</strong></td>
<td>Room 4</td>
<td><strong>Pregnancy and Health</strong></td>
<td>Prof. Rita Santos-Rocha, ESDRM-IPS Sport Sciences School of Rio Maior – Polytechnic Institute of Santarém, Rio Maior, Portugal</td>
<td>Overview: This systematic review aims to analyze worldwide guidelines for exercise and physical activity during pregnancy and help exercise professionals and researchers to design interventions based on the current scientific evidence.</td>
<td>Public Health Policies and Practices</td>
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<td><strong>Active Pregnancy: Translating Evidence-based Recommendations for Exercise during Pregnancy into Practice</strong></td>
<td>Anna Szumilewicz, AWF'S Gdansk University of Physical Education and Sport - Faculty of Tourism and Recreation, Gdansk, Poland</td>
<td>Overview: Obtaining optimal oral health during pregnancy is challenging. Poor oral health is associated with negative pregnancy outcomes. A model for oral health education and impact on pregnancy will be presented.</td>
<td>Public Health Policies and Practices</td>
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<td><strong>Oral Health Education during Pregnancy to Improve Oral Health and Decrease Adverse Pregnancy Outcomes</strong></td>
<td>Nico Geurs, University of Alabama, School of Dentistry, University of Alabama at Birmingham, Birmingham, USA</td>
<td>Overview: Administration of oral health education and impact on pregnancy will be presented.</td>
<td>Public Health Policies and Practices</td>
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<tr>
<td>16:10-16:20</td>
<td><strong>COFFEE BREAK</strong></td>
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<tr>
<td>16:20-18:00</td>
<td><strong>PARALLEL SESSIONS</strong></td>
<td>Room 1</td>
<td><strong>Promoting Health</strong></td>
<td>Dr. Srijana Bajracharya, Health Promotion &amp; Physical Education, Ithaca College, Ithaca, USA</td>
<td>Overview: This study gathered information on the knowledge of college employees regarding CRC issues and the perceived benefits of and barriers and intentions to CRC screening.</td>
<td>Health Promotion and Education</td>
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<td><strong>Institutionalization to Deinstitutionalization: Living Independently in the Community</strong></td>
<td>Dorit Silberstein, Social Work, ALYN Hospital, Jerusalem, Israel</td>
<td>Overview: This paper will present a program for young adults with severe disabilities and their quest to independent living. ALYN hospital accompanied these clients on their journey to life outside institute</td>
<td>Interdisciplinary Health Sciences</td>
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<td><strong>The Association between Religiousness and Health Behavior among College Students: A Cross-Sectional Survey of Turkish Universities</strong></td>
<td>Dr. Hasan Kaplan, Department of Religious Studies, Canakkale Onseiz MA University, Faculty of Theology, Canakkale, Turkey</td>
<td>Overview: This study examines how religiousness among college students impact positive and negative health behaviors such as smoking, drinking alcohol, eating and sleeping habits.</td>
<td>Interdisciplinary Health Sciences</td>
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<td><strong>The Difference in Diabetes Knowledge and Disease Education between Patients and Non-patients in South Korea</strong></td>
<td>Dr. Jiyoung Moon, Preventive Medicine, Kangwon National University Hospital, Chunchon, South Korea</td>
<td>Overview: Diabetes patients’ disease knowledge level is not higher than non-patients. It is necessary to provide more patients education in hospital setting for the diabetes patients’ diabetes knowledge on disease management.</td>
<td>Health Promotion and Education</td>
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### Thursday, 03 September

#### 16:20-18:00 Parallel Sessions

<table>
<thead>
<tr>
<th>Room 2: Education and Health Care Providers</th>
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<tr>
<td><strong>Overview:</strong> The long-term impact of an innovative health education programme during pre-service teacher training in England is explored to discover changes to teachers’ knowledge and attitudes towards health education over time.</td>
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<tr>
<td><strong>Theme:</strong> Health Promotion and Education</td>
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<tr>
<td><strong>Educate Faculty to Navigate an Electronic Health Record to Enhance Student Learning</strong></td>
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<td>Dr. Conni DeBitteck, School of Nursing, New Mexico State University, Las Cruces, USA</td>
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<td><strong>Overview:</strong> Upon graduation, health care students are expected to utilize electronic health records (EHR) frequently. Students are not exposed to EHR. This project was a program change to implement an EHR.</td>
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<td><strong>Theme:</strong> Health Promotion and Education</td>
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<tr>
<th>Room 3: Aging and Health</th>
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<tr>
<td><strong>Overview:</strong> The importance of considering the built environment in a broader public health policy context considering architectural design for preventing falls in older age.</td>
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<tr>
<td><strong>Theme:</strong> Health Policies and Practices</td>
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<tr>
<td><strong>Caregiver Stress and Mental Health: Impact of Caregiving Relationship and Gender</strong></td>
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<td>Dr. Margaret Penning, Department of Sociology, University of Victoria, Victoria, Canada</td>
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<td><strong>Overview:</strong> This study compared the stress and overall mental health implications of spousal caregiving to those associated with caring for other family members, friends and others among male and female caregivers.</td>
</tr>
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<td><strong>Theme:</strong> Health Policies and Practices</td>
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<tr>
<th>Room 4: Health in the Modern World</th>
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<td><strong>Overview:</strong> The volume of racially-charged Internet search queries may be used to measure racism and predict Black health outcomes. Evidence for associations with Black mortality and birth outcomes will be presented.</td>
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<tr>
<td><strong>Theme:</strong> Health Policies and Practices</td>
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<td><strong>Knowledge and Practices Related to Sanitation and Hygiene in the Mopeia Community</strong></td>
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<td>Jose Braz Chidassica, Research Unit in Health System (USSS) in the Ministry of Health and LIESP (Interdisciplinary Laboratory for Social Studies in Public Health), Ministry of Health, Maputo, Mozambique</td>
</tr>
<tr>
<td><strong>Overview:</strong> This research work aimed to evaluate the attitudes, knowledge and practices related to sanitation and hygiene in the Mopeia Community.</td>
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<tr>
<td><strong>Theme:</strong> Health Promotion and Education</td>
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</tbody>
</table>
Unravelling the Complexity of Comparative Examinations of Environment and Health Linkages: Problems Associated with Exploring Cross-National Comparative Cases
Dr. Paul Teedon, School of Engineering and Built Environment, Glasgow Caledonian University, Glasgow, UK
Dr. Mattijs Lambooij, Department of Health Care Research and Health Economics, RIVM (National Institute for Public Health and the Environment), Bilthoven, Netherlands
Overview: Pharmaceutical residues can lead to environmental and even human harm but describing this is fraught with difficult and miscommunication – the workshop will explore these and discuss alternatives.
Theme: Public Health Policies and Practices

Comic Health: An Intercultural Communication Aid for Reducing Barriers in Healthcare
Dr. Vania Ranjar, Hospital Administrative Office, Angered Hospital, Gothenburg, Sweden
Ida Wernered, Hospital Administrative Office, Angered Hospital, Gothenburg, Sweden
Elin Woksepp Åleheim, Hospital Administrative Office, Angered Hospital, Gothenburg, Sweden
Robin Liendeborg, Hospital Administrative Office, Angered Hospital, Gothenburg, Sweden
Lottie Rutgersson, Child and Adolescent Medical Centre, Angered Hospital, Gothenburg, Sweden
Dr. Marie Schölander, Adult Specialist Centre, Angered Hospital, Gothenburg, Sweden
Ingela Abrahamsson, Adult Specialist Centre, Angered Hospital, Gothenburg, Sweden
Dr. Jakob Larsen, The Queen Silvia Children's Hospital, Sahlgrenska University Hospital, Gothenburg, Sweden
Carina Pettersson, The Queen Silvia Children's Hospital, Sahlgrenska University Hospital, Gothenburg, Sweden
Overview: This workshop offers participants and opportunity to test Comic Health, a web-based tool with images and voice recitations in various languages for communicating information about diabetes and the treatment thereof.
Theme: Health Promotion and Education
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<tr>
<th>Time</th>
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<tbody>
<tr>
<td>8:00-9:00</td>
<td>Conference Registration Desk Open</td>
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<tr>
<td>9:00-9:15</td>
<td>Daily Update</td>
</tr>
<tr>
<td>9:15-10:15</td>
<td>Plenary Session - Rita Paradiso, Smartex, Italy, &quot;Monitoring Systems Based on Textile Sensing Platforms to Support a Healthier Lifestyle&quot;</td>
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<tr>
<td>10:15-10:45</td>
<td>Garden Conversation and Coffee Break</td>
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<tr>
<td>10:45-11:00</td>
<td>Transition Break</td>
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<tr>
<td>11:00-12:40</td>
<td>Parallel Sessions</td>
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</tbody>
</table>

### Room 1: Understanding Sexual Health
- **Enhancing the Capacity of Service Providers to Promote Sexual Health through Face-to-Face and Online Training Programs**
  - Dr. Sandra Retty, Faculty of Nursing, University of Calgary, Calgary, Canada
  - Dr. Wendi Lokanc-Diluzio, Calgary Zone, Alberta Health Services, Alberta Health Services, Calgary, Canada
  - Overview: In this paper, we discuss the effectiveness of face-to-face and online training programs that aim to enhance the capacity of service providers to work with youth regarding their sexual health.
  - Theme: Health Promotion and Education

### Room 2: Dimensions of Well-being
- **Salutogenesis: Assessing Subjective Well-Being among Adult Survivors of Childhood Adversity**
  - Dr. Shanta R. Dube, Division of Epidemiology and Biostatistics, Georgia State University, School of Public Health, Atlanta, USA
  - Overview: A Salutogenic Model was developed and tested to identify health promoting factors that are associated with positive well-being among adult survivors of childhood adversity. The findings will be presented.
  - Theme: The Physiology, Kinesiology and Psychology of Wellness

### Room 3: New Issues in Health Care
- **Catalyst for Change: Making Cities Healthier and More Equitable**
  - Dr. Monica Campbell, Healthy Public Policy, Toronto Public Health, Toronto, Canada
  - Overview: This paper explores the practical application of the Healthy City and health-in-all policies and how they were used to influence decision-making by elected officials in Canada's largest city.
  - Theme: Public Health Policies and Practices

## Friday, 04 September

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<td>9:15-10:15</td>
<td>Plenary Session - Javier Nieto, University of Wisconsin-Madison, USA</td>
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  - Theme: Public Health Policies and Practices
Friday, 04 September

11:00-12:40 Parallel Sessions

Room 1 Health in the Workplace

Neighbourhood Disadvantage, Individual Socioeconomic Position and Self-reported Physical Function: A Multilevel Analysis
Venurs Loh, School of Public Health and Social Work, University of Brisbane, Kelvin Grove, Australia
Overview: I examine the associations between neighbourhood disadvantage, individual SES and self-reported physical function.
Theme: Public Health Policies and Practices

Integrating Indigenous Knowledge in Traditional Medicine Program Policy
Darrel Manitowabi, School of Northern Development, Anthropology Program, Laurentian University, Sudbury, Canada
Overview: This paper examines the integration of Indigenous knowledge in a traditional medicine program in north-central Ontario, Canada. The program’s policy emphasizes Indigenous relationality, ethics and community-centred care.
Theme: Interdisciplinary Health Sciences

Access to Healthcare in Ghana: Serious Inequities Prevail Despite Laudable Achievements
Dr. Adobea Yao Owusu, Social Division, Institute of Statistical, Social & Economic Research (ISSER), Accra, Ghana
Overview: This paper reviews five dimensions of access to healthcare in Ghana and concludes that all these forms of access have marked socioeconomic and geographical inequities, particularly at the regional levels.
Theme: Public Health Policies and Practices

Room 2 Education Issues for Health Care Professionals

Analysis of the Registered Nurse Workforce in the State of New Mexico and the Relationship to Belonging and Affiliation: Why Nurses Stay
Dr. Anita Reinhardt, College of Health and Social Services, School of Nursing, New Mexico State University, Las Cruces, USA
Overview: With the looming tsunami of aging, health care settings need to retain experienced nurses. The development of the sense of belonging is key to promoting well-being and job satisfaction.
Theme: Health Promotion and Education

Peer Mentorship Programs for Undergraduate Nursing Students: An Integrative Review
Natalie Stake-Doucet, Ingram School of Nursing, McGill University, Montreal, Canada
Celina Lombardo, Ingram School of Nursing, McGill University, Montreal, Canada
Carissa Wong, Ingram School of Nursing, McGill University, Montreal, Canada
Prof. Lia Sanzone, Ingram School of Nursing, McGill University, Montreal, Montreal, Canada
Angie Tsimicalis, Ingram School of Nursing, McGill University, Montreal, Canada
Overview: Peer mentoring can be an effective way to support student transition into a university setting. This review provides information towards designing such programs.
Theme: Health Promotion and Education

Pharmacology and Nutrition in the Neurologically Impaired Client: What Does It Mean to My Practice?
Marie Vazquez Morgan, Department of Rehabilitation Sciences Program in Physical Therapy, LSU Health, Shreveport, USA
Dr. Suzanne Tinsley, Program in Physical Therapy Department of Rehab Sciences, LSU Health, Shreveport, USA
Overview: We discuss how pharmacology and nutrition impact neurologically impaired patients.
Theme: Health Promotion and Education

12:40-13:40 Lunch

13:40-15:20 Parallel Sessions

Room 3 Communities and Health

Neighbourhood Disadvantage, Individual Socioeconomic Position and Self-reported Physical Function: A Multilevel Analysis
Venurs Loh, School of Public Health and Social Work, University of Brisbane, Kelvin Grove, Australia
Overview: I examine the associations between neighbourhood disadvantage, individual SES and self-reported physical function.
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Theme: Public Health Policies and Practices

Room 5 Workshops

Prison Terminal: The Last Days of Private Jack Hall
Edgar Baren, Jane Addams Center for Social Policy and Research, University of Illinois at Chicago, Chicago, USA
Overview: Prison Terminal is a documentary that tells the story of a terminally-ill prisoner, and the trained hospice volunteers — they themselves prisoners — who care for him.
Theme: Public Health Policies and Practices

Health Coaching in the Workplace: A Mixed Method Analysis of a Health Coaching Intervention In a Canadian Corporation
Arshdeep Randhawa, Faculty of Kinesiology and Health Science, York University, Brampton, Canada
Paul Ritvo, School of Kinesiology and Health Science & Department of Psychology, York University, Toronto, Canada
Overview: A mixed method approach is designed to assess the effectiveness of an electronically facilitated six-month Health coaching intervention for adults in the workplace setting of a Canadian corporation.
Theme: Health Promotion and Education

Young, Alienated, and Excluded: Youth Mental Health, Labour Force Participation, and SES
Anita Minh, School of Population and Public Health, University of British Columbia, Toronto, Canada
Dr. Chris McLeod, School of Population and Public Health, University of British Columbia, Vancouver, Canada
Overview: This study addresses a knowledge gap regarding the mental health of youth who are both out of the labour force and school, and potential differences by socioeconomic status.
Theme: Public Health Policies and Practices
**Friday, 04 September**

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<tbody>
<tr>
<td>13:40-15:20</td>
<td><strong>Room 3</strong> The Health Care Profession</td>
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<td>Factors Impacting Turnover of Physicians in Rural Jordan</td>
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<td>Dr. Moawiah Khatatbeh, Faculty of Medicine, Yarmouk University, Irbid, Jordan</td>
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<td>Overview: The study investigated factors that impact the turnover of physicians in rural Jordan.</td>
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<td>Theme: Public Health Policies and Practices</td>
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<td><strong>Nursing Students' Perceptions of Self-care Applications</strong></td>
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<td></td>
<td>Assoc. Prof. Ayla Kececi, Nursing Department, Duzce University, Duzce, Turkey</td>
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<td>Assist. Prof. Ayse Demiray, Nursing, Duzce University, Duzce, Turkey</td>
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<td>Overview: This research was aimed at discovering nursing students' perceptions about self-care applications via reflective writing.</td>
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<td>Theme: Interdisciplinary Health Sciences</td>
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<td><strong>Missed Nursing Care: Observation versus Perception in Selected Medical Intensive Care Units, Egypt</strong></td>
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<tr>
<td></td>
<td>Dr. Manar Ahmed El Badawy Abd El Rehem, Faculty of Nursing, Cairo, Egypt</td>
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<td>Magda Abi El Hamid Abi El Fatah, Nursing Administration, Cairo University, Cairo, Egypt</td>
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<td>Yousria Abi El Salam Seloma, Critical Care and Emergency Nursing, Cairo University, Cairo, Egypt</td>
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<td>Overview: Missed nursing care is a universal phenomenon that could threaten patient safety across all countries and cultures.</td>
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<td>Theme: Interdisciplinary Health Sciences</td>
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<td><strong>How Do Self Care Applications Reflect Nurses' Learning Processes</strong></td>
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<td>Ayse Demiray, Duzce University School of Health, Duzce, Turkey</td>
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<td>Overview: Reflection in nursing education makes nursing students improve self-awareness, thus nurse educator can support students to develop critical and innovative thinking.</td>
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<td>Theme: Health Promotion and Education</td>
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<tr>
<td>15:20-15:30</td>
<td><strong>Room 8</strong> Colloquium</td>
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<td><strong>Bringing Oral Health to the Forefront of Health Care through Interprofessional Collaborative Practice</strong></td>
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<td>Dr. Bertha Olivia Alarcon, College of Dental Medicine, Western University of Health Sciences - Pomona, Pomona, USA</td>
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<td>Dr. Jenny Tjahjono, College of Dental Medicine, Western University of Health Sciences, Pomona, USA</td>
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<td>Dr. Effuah Harris, College of Dental Medicine, Western University of Health Sciences, Pomona, USA</td>
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<td>Dr. Yawen Peng, College of Dental Medicine, Western University of Health Sciences, Pomona, USA</td>
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<td>Brooke Bodart, Center for Oral Health, Western University of Health Sciences, Pomona, USA</td>
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<td>Elizabeth Maugh, College of Allied Health Professions Department of Physician Assistant Education, Western University of Health Sciences, Pomona, USA</td>
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<td>Dr. Timothy Martinez, College of Dental Medicine, Western University of Health Sciences, Pomona, USA</td>
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<td>Overview: The prevalence of dental disease is rampant across vulnerable communities throughout the USA. A person's quality of life and daily existence can be significantly compromised by poor oral health.</td>
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<td>Theme: Interdisciplinary Health Sciences</td>
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| 15:20-15:30   | **Coffee Break**                                                                  |
Room 1
Poster Session

HealthSTEPs: Health and Development Skills, Tools and Education of Parents of Young Children
Dr. Lynn Frizzell, Faculty of Education, Memorial University of Newfoundland, St. John’s, Canada
Dr. Patricia Canning, Faculty of Education and Faculty of Science, Memorial University of Newfoundland, St. John’s, Canada
Melissa Blake, Child and family, Gander Bay Family Resource Centre and Healthy Baby Club, Gander Bay, Canada
Overview: HealthSTEPs is an evidence-based, six-week parent education program developed to prevent obesity and related diseases in young children delivered through established family support centres available throughout Canada. Theme: Health Promotion and Education

The Perception on Environmental Disease and Factors Affecting Pro-environmental Health Behavior in Korean Women University Students
Prof. SoMi Park, Department of Nursing, Yonsei University, Wonju College of Medicine, Wonju, South Korea
Overview: The purpose of this study is to identify the perception of environmental disease along with factors affecting perception and to identify pro-environmental health behavior in Korean women university students. Theme: Public Health Policies and Practices

A New Computerized Gross Motor Skills Measurement Test
Dr. Line Tremblay, School of Human Kinetics, Laurentian University, Sudbury, Canada
Michael Daoust, Math and computer sciences department, Laurentian University, Sudbury, Canada
Dr. Céline Larivière, School of Human Kinetics, Laurentian University, Sudbury, Canada
Dr. Brahim Chebbi, Bharti School of Engineering, Laurentian University, Sudbury, Canada
Valerie Theriault, Math and Computer Sciences, Laurentian University, Sudbury, Canada
Overview: We present a new computerized test using Microsoft Kinect technology permitting movement detection. This new tool is designed to improve motor skills measurement and performance assessment in children and adults. Theme: Interdisciplinary Health Sciences

The Investigation of the Prevalence of Anterior Cruciate Ligament (ACL) Injury and Awareness of Healthcare Professionals and Patients about Pre-operative Physiotherapy Treatment in Riyadh, Saudi Arabia
Shady Alshewaier, Department of Health Professions, Manchester Metropolitan University, UK, Al-majmaah University, KSA, Salford, UK
Overview: This study aimed to investigate the prevalence of anterior cruciate ligament injury, and to assess awareness of healthcare practitioners and patients with ACL injury about pre-operative physiotherapy for this injury. Theme: The Physiology, Kinesiology and Psychology of Wellness

Correlation of Eating Behavior with Emotion in Healthy Korean Children and Adolescents
Seung Wan Kang, The Research Institute of Nursing Science College of Nursing National Standard Reference Data Center for Korean EEG, Seoul National University, Seoul, South Korea
Jin Young Kim, The Research Institute of Nursing Science National Standard Reference Data Center for Korean EEG, Seoul National University, Seoul, South Korea
Overview: The study was to explore the association between eating behavior and emotional status(depression, anxiety, stress). Emotional status was generally healthier in best food behavior group than worst food behavior group. Theme: The Physiology, Kinesiology and Psychology of Wellness

Water First for Thirst: Engaging Teen Leaders as Advocates for Healthy Living
Carol Smathers, Ohio State University Extension Family & Consumer Sciences, Ohio State University, Columbus, USA
Dr. Theresa Ferrari, Ohio State University Extension 4-H Youth Development, Ohio State University, Columbus, USA
Shawna Hite, Ohio State University Extension Family & Consumer Sciences, Ohio State University, Columbus, USA
Overview: Water First for Thirst prepares youth to be advocates for reducing sugar-sweetened beverage consumption and promoting the availability of water as the healthier beverage choice in their communities. Theme: Public Health Policies and Practices

Eight Domains of Pet-Ownership Wellness
Dr. Cynthia Chandler, Department of Counseling and Higher Education, University of North Texas, Denton, USA
Dr. Delina Fernando, Department of Counseling and Higher Education, University of North Texas, Denton, USA
Overview: The impact of pet ownership on wellness was examined utilizing a consensual qualitative research approach. Findings were organized into eight domains of pet-ownership wellness. Theme: The Physiology, Kinesiology and Psychology of Wellness
FRIDAY, 04 SEPTEMBER

15:30-16:15 PARALLEL SESSIONS

Room 2 Poster Session Continued

Discussing Alcohol Use in Social Work: Attitudes of Social Work Professionals and Their Customers
Elina Tukia-Henrik, Department of Social Research, University of Helsinki, Helsinki, Finland
Overview: This study presents a qualitative analysis of the attitudes toward discussing alcohol use in social work.
Theme: Health Promotion and Education

A Study on Spatial Configuration of a Central Medical Treatment Center at a Geriatric Hospital
Sumin Bae, Graduate School of Design, YI University, Gimhwa, South Korea
Prof. Suktae Kim, Gimhwa, South Korea
Overview: The purpose of this study is to analyze linkage and spatial and structural characteristics of outpatient department and diagnosis/treatment area of geriatric hospitals based on quantitative analysis.
Theme: Interdisciplinary Health Sciences

The Effect of Exercise on Heat Shock Protein 27 Concentration and Its Anti-oxidant Activity
Ko-Su Yamaoka, Toyo University, Kawagoe, Japan
Overview: We investigated the effect of exercise on heat shock protein 27 concentration to propose the optimal exercise from a perspective of preventive medicine.
Theme: The Physiology, Kinesiology and Psychology of Wellness

The Barriers to Hospice Care in Saudi Arabia
Dr. Maximiliano Mendes, University of Michigan at Flint Department of Public Health & Health Sciences, University of Michigan Institute for Healthcare Policy & Innovation, University of Michigan, Flint, USA
Robert Buckingham, University of Michigan at Flint Department of Public Health & Health Sciences, University of Michigan, Flint, USA
Jodan Keltzman, Department of Public Health, University of Michigan at Flint, Flint, USA
Abdullah Helal, Department of Public Health and Health Sciences, University of Michigan at Flint, Flint, USA
Dr. Shum Parker, Associate Director of the Department of Public Health & Health Sciences, University of Michigan at Flint, University of Michigan, Flint, USA
Overview: The western concept of “good death” does not have the same meaning in Saudi communities as death is anchored in the Qur’an, Allah and faith.
Theme: Health Promotion and Education

Establishing the Healthcare Safety Net for Unmarried Single Pregnant Women in Seoul, Korea
Sunghee Baek, Public Health Medical Service, Seoul National University Boramae Medical Center, Seoul, South Korea
Sanghyung Lee, Public Health Medical Service, Seoul National University Boramae Medical Center, Seoul, South Korea
Jinyoung Lee, Public Health Medical Service, Seoul National University Boramae Medical Center, Seoul, South Korea
Dr. Sabah Linjawi, King Abdulaziz University, Jeddah, Saudi Arabia
Overview: Unwed mothers are stigmatized in Saudi Arabia. The research team at Boramae Medical Center found out the area overlooked by the government. Therefore, related institutions have established healthcare safety nets.
Theme: Public Health Policies and Practices

Promoting Wellness through Creative Activities
Dr. Elizabeth Keller-Dupree, Department of Psychology and Counseling Enrichment Counseling & Consultation, Northeastern State University, Tulsa, USA
Dr. Nick Oglet, Family and Human Studies Department, John Brown University, Silcon Springs, USA
Overview: This paper will explore creative activities suitable for classroom settings and practical counseling applications to facilitate empathy, individual strengths, and positive relationships with self and others.
Theme: Health Promotion and Education

Implementation of a Primary School Exercise Program for Portuguese Children and Its Effects on the Pattern of Physical Activity, Fitness and Body Composition
Jil Janine Ferreira, ESF/ERM/IP Sport Sciences School of Rio Major – Polytechnic Institute of Santarém, Rio Major, Portugal
Carina Nunes-Santos, ESF/ERM/IP Sport Sciences School of Rio Major – Polytechnic Institute of Santarém, Rio Major, Portugal
Prof. Rita Santos-Rocha, Dept. Physical Activity and Health, ESF/ERM/IP Sport Sciences School of Rio Major – Polytechnic Institute of Santarém, Rio Major, Portugal
Overview: This pilot study aimed to evaluate the effects of a 6-months exercise program for primary school children, based on hip-hop/aerobics, on the physical activity pattern, physical fitness and body composition.
Theme: Health Promotion and Education

The Impact of the Leptin Receptor Gene Polymorphisms on Obesity in Jeddah City
Dr. Sabah Linjawi, King Abdulaziz University, Jeddah, Saudi Arabia
Noor Hussein, King Abdulaziz University, Jeddah, Saudi Arabia
Overview: The study is about the effect of Leptin receptor gene polymorphisms of three mutations on obesity prevalence in the Jeddah City population, Saudi Arabia.
Theme: The Physiology, Kinesiology and Psychology of Wellness

Nicotine in Hair as an Index for Determining Smoking Status
Dr. Masayoshi Tsuji, Department of Hygiene & Preventive Medicine, School of Medicine, Fukushima Medical University, Fukushima, Japan
Dr. Yayo Mori, Department of Hygiene & Preventive Medicine, School of Medicine, Fukushima Medical University, Fukushima, Japan
Tomohi Hidaka, Department of Hygiene & Preventive Medicine, School of Medicine, Fukushima Medical University, Fukushima, Japan
Dr. Takeyasu Kikumori, Department of Hygiene & Preventive Medicine, School of Medicine, Fukushima Medical University, Fukushima, Japan
Dr. Tomohiro Kikumori, Department of Hygiene & Preventive Medicine, School of Medicine, Fukushima Medical University, Fukushima, Japan
Dr. Takehito Hayakawa, Department of Hygiene & Preventive Medicine, School of Medicine, Fukushima Medical University, Fukushima, Japan
Prof. Hideyuki Kanda, Department of Environmental Medicine & Public Health, Faculty of Medicine, Shimane University, Matsue, Japan
Prof. Yoneatsu Osaki, Division of Environmental & Preventive Medicine, Department of Social Medicine, Faculty of Medicine, Tottori University, Yonago, Japan
Prof. Tetsuji Sasaki, Department of Hygiene & Preventive Medicine, School of Medicine, Fukushima Medical University, Fukushima, Japan
Overview: Nicotine and cotinine are useful indices reflecting smoking status. The use of such indices can develop a healthy society with little-to-no exposure to tobacco smoke in the near future.
Theme: Health Promotion and Education

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<th>Focused Discussions</th>
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**Adolescents’ Perspectives on Challenges and Supports Experienced during a Parent’s Military Deployment**
Dr. Theresa Ferrari, Department of Extension, 4-H Youth Development, Ohio State University, Columbus, USA
Dr. Quinn Bailey, Department of Human Sciences College of Education and Human Ecology, The Ohio State University, Columbus, USA
Dr. Sarah Lang, Department of Human Sciences, College of Education and Human Ecology, The Ohio State University, Columbus, USA
Dr. Sarah Schoppe-Sullivan, Department of Human Sciences College of Education and Human Ecology, The Ohio State University, Columbus, USA
Overview: From interviews conducted with military youth, we gained insight about the challenges they face when a parent deploys and the ways that support programs help them to cope and thrive.
Theme: Health Promotion and Education

**Factors Influencing Well-aging Behaviors in Elderly Korean Women in Their 60s and 70s**
Gilton Kim, Department of Nursing, Yonsei University Wonju College of Medicine, Wonju, South Korea
Overview: The purpose of this study was to identify the factors influencing well-aging behaviors in elderly Korean women in their 60s and 70s.
Theme: The Physiology, Kinesiology and Psychology of Wellness

**Health Promotion and Education Based on Virtues and Happiness Enhancement**
Dr. Ivana Ribeiro, LEL - Laboratory Studies of Leisure, Department of Physical Education - Institute of Biosciences - Universidade Estadual Paulista, Rio Claro, Brazil
Gisele Maria Schwartz, Department of Physical Education, LEL - Laboratory Studies of Leisure - UNESP, Rio Claro, Brazil
Tiago Dias Provenzano, Department of Physical Education, LEL - Laboratory Studies of Leisure - UNESP, Rio Claro, Brazil
Caroline Valvano Schmidtt, Department of Physical Education, LEL - Laboratory Studies of Leisure - UNESP, Rio Claro, Brazil
José Pedro Scarpel Pacheco Scarpel Pacheco, Department of Physical Education, LEL - Laboratory Studies of Leisure - UNESP, Rio Claro, Brazil
Overview: This study evaluated the individual internal changes based on virtues and happiness enhancement in Brazilian Public Health realm, as a consequence of educational interventions.
Theme: Health Promotion and Education

**Wellness and Empathy: An Intersection of Self and Others**
Dr. Elizabeth Keller-Dupree, Department of Psychology and Counseling Enrichment Counseling & Consultation, Northeastern State University, Tulsa, USA
Dr. Nick Ogle, Family and Human Studies Department, John Brown University, Siloam Springs, USA
Overview: When wellness is negatively affected, a professional’s ability to empathically connect with their client can be hindered. This paper offers “discussion points” for self-compassion and empathy in training and practice.
Theme: The Physiology, Kinesiology and Psychology of Wellness

**Using Social Cognitive Theory as a Predictor of Smoking Behavior in Middle School Students**
Dr. Manoj Sharma, Behavioral & Environmental Health, Jackson State University, Jackson, USA
Garrett Miller, Cincinnati, USA
Dr. David Brown, Jackson, USA
Dr. Mohammad Shahbaz, Jackson, USA
Overview: This study developed a social cognitive theory model to predict frequency and intention for smoking among middle school students. The theory predicted 36% of the variance in intent to smoke.
Theme: Health Promotion and Education

**Neck and Calf Circumference as a Predictor of Breast and Gynecologic Cancers**
Pei-Ju Liao, Department of Healthcare Administration, Oriental Institute of Technology, Pan-Chiao, Taiwan
Chin-Shin Yeh, Graduate Institute of Department of Health Care Management, Chang Gung University, Kwei-Shan, Taiwan
Kuang-Hung Hsu, Department of Health Care Management, Chang Gung University, Kwei-Shan, Taiwan
Overview: Women with higher ratio of calf-to-neck circumference have a greater likelihood in developing breast and gynecologic cancers.
Theme: Public Health Policies and Practices

**Does Sexism Make Women Sick? An Analysis Using the Daily Diary Technique**
Lanteigne Josée, School of Psychology, Université de Moncton, Moncton, Canada
Overview: When faced with ambivalent sexist events, women use an array of responses that affect their mental health. This study looks at how responses affect this relationship.
Theme: The Physiology, Kinesiology and Psychology of Wellness

**The Relationships among Physical Activity Levels, Health Promoting Behavior, Depression, and Physiological Variables in College Students in South Korea**
Kyung-Sook Bang, College of Nursing, Seoul National University, Seoul, South Korea
Overview: This is research to identify the relationships among physical activity levels, health promoting behavior, depression, and physiological variables.
Theme: The Physiology, Kinesiology and Psychology of Wellness

**A Study of Spatial Composition and Area Distribution by Function in Public Health Centers of Busan**
Hee-young Cho, Graduate school of Design, Inje University, Gimsaeng-i, South Korea
Prof. Suktae Kim, Gimsaeng, South Korea
Overview: This study presents spatial structural problems and solutions for public health centers by identifying their states and classify their functions, types and by calculating the ratio of the spatial composition.
Theme: Public Health Policies and Practices

**Cultivating Healthier Communities: Challenges to Generating Change**
Senyo Agbeyaka, Department of Geography and Program in Planning, University of Toronto, Toronto, Canada
Overview: This proposal documents the evaluation of Neighbourhood Action, a population health intervention that seeks to improve the health of 11 priority neighbourhoods through various initiatives and programs.
Theme: Public Health Policies and Practices

**Community and University Collaboration: LoWell Health Assessment Project in Partnership with GVSU Public Health**
Dr. Randelle Brew, Department of Public Health, Grand Valley State University, Grand Rapids, USA
Overview: Grand Valley State University and the LoWellness Health Assessment project have partnered on a community based experience aimed to obtain health and wellness data.
Theme: Health Promotion and Education
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<th>Room 4</th>
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<tr>
<td><strong>An Introduction to Mindfulness through Yoga, Tai Chi, and Seated Meditation: An Interactive Workshop</strong></td>
<td>Andi Céline Martin, Faculty of Kinesiology and Health Studies, University of Regina, Regina, Canada</td>
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<td>Overview: Being mindful is not easy. A great place to start cultivating the faculties to maintain focus on the present moment is via moving meditations such as yoga and tai chi.</td>
<td>Theme: The Physiology, Kinesiology and Psychology of Wellness</td>
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<td><strong>Gerontological Studies via Mixed Methods Research: Why We Should Do More of It</strong></td>
<td>Dr. Ellen Driber-Hassall, Aging Matters, LLC, Albuquerque, USA</td>
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<td>Dr. John Bishop, Aging Matters, LLC, Albuquerque, USA</td>
<td>Overview: We will emphasize how gerontological studies may be enriched through the use of mix methods research to enhance inquiry robustness.</td>
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<td>Theme: The Physiology, Kinesiology and Psychology of Wellness</td>
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<td><strong>The Best Practices in Global Health Education in the Undergraduate Curriculum</strong></td>
<td>Dr. Catherine Swick, School of Health Science, Trine University, Angola, USA</td>
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<td>Dr. Susan Arepaugh, Exercise Science, Trine University, USA</td>
<td>Overview: This hands-on workshop utilizes the evidence-based Indivisible Self Wellness Model to discuss and demonstrate creative utilization of the iPad for wellness promotion. Attendees are encouraged to bring an iPad.</td>
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<td><strong>Using Tablets for Wellness Promotion</strong></td>
<td>Dr. Maxine L. Rawlins, Department of Counselor Education, Bridgewater State University, Bridgewater, USA</td>
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<td>Elizabeth Hughes, Department of Counselor Education, Bridgewater State University, Bridgewater, USA</td>
<td>Overview: This hands-on workshop utilizes the evidence-based Indivisible Self Wellness Model to discuss and demonstrate creative utilization of the iPad for wellness promotion. Attendees are encouraged to bring an iPad.</td>
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<th>Room 1</th>
<th>Issues in Mental Health</th>
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<td><strong>The Experience of Mental Health Literacy in Practitioners in Non-Mental Health Areas</strong></td>
<td>Jo-Ann Giandinoto, Faculty of Health Science, Australian Catholic University, Melbourne, Australia</td>
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<td>Dr. Karen-Leigh Edward, Faculty of Health Science, Australian Catholic University, Australian Catholic University, Melbourne, Australia</td>
<td>Overview: This study produced areas for consideration in mental health literacy education for practitioners working in non-mental health settings including managing challenging behaviours and negative attitudes, mental health skills and knowledge.</td>
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<td><strong>A Study of Postpartum Mexican-American Women on the US-Mexico Border</strong></td>
<td>Dr. Stephanie Addeo Lynch, School of Nursing, New Mexico State University, Las Cruces, USA</td>
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<td>Overview: This qualitative study utilizing a phenomenological approach to gain an understanding of the lived experiences of Mexican-American women who live along the US-Mexico border.</td>
<td>Theme: Health Promotion and Education</td>
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<td><strong>The Experiences of Health and Self in Schizophrenia Treatment</strong></td>
<td>Julia Brown, Department of Anthropology, The Australian National University, Canberra, Australia</td>
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<td>Overview: Antipsychotic treatment often affects the body as much as it does the brain. This research investigates lived meanings of health amongst people with schizophrenia on clozapine treatment regimes.</td>
<td>Theme: The Physiology, Kinesiology and Psychology of Wellness</td>
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<th>Room 2</th>
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<td><strong>Interprofessional Collaboration as a Means to Delegate Effective Discharge Planning</strong></td>
<td>Myri Manogaran, Institute of Population Health, University of Ottawa, Ottawa, Canada</td>
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<td>Overview: The purpose of this study was to identify and examine barriers and/or facilitators to the implementation of interprofessional collaboration in the discharge planning process on a neonatal intensive care unit.</td>
<td>Theme: Interdisciplinary Health Sciences</td>
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<td><strong>Collaborative Care, Who Cares?</strong></td>
<td>Dr. Jane Gall, General Practitioner Co-presenter Fran Smullen, Mental Health Social Worker, The University of Melbourne Rural Health Academic Centre, Shepparton, Australia</td>
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<td>Fran Smullen, Shepparton Medical Centre, The University of Melbourne Rural Health Academic Centre, Shepparton, Australia</td>
<td>Overview: A collaborative relationship between a GP and a Mental Health Social Worker does influence and help the links patients make between their physical health and mental well being.</td>
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<td>Theme: Interdisciplinary Health Sciences</td>
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<td><strong>Academic and Industry Collaboration: A Nutrition-related Worksite Wellness Program</strong></td>
<td>Dr. Lorri Kanauss, Department of Dietetics, Fashion Merchandising, and Hospitality, Western Illinois University, Macomb, USA</td>
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<td>Dr. Emily Shupe, Department of Dietetics, Fashion Merchandising, and Hospitality, Western Illinois University, Macomb, USA</td>
<td>Overview: Collaboration between a university dietetics program and factory indicated a nutrition-related worksite wellness program utilizing undergraduate dietetics students and faculty can positively impact dietary, biochemical and anthropometric measures of participants.</td>
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16:25-17:40  PARALLEL SESSIONS

Room 3  Alternative Health and Healing

Cyberchondria, Complementary and Alternative Medicine and the Role of Socio-linguistics  
Catherine Louise Kowalski, School of Humanities and Social Science, Deakin University, Melbourne, Australia  
Overview: Health anxiety, self-diagnosis and self-treatment are a growing trend due to the ease of access to Internet and Complementary and Alternative Medicines. Semiotics are used to examine this trend.  
Theme: Public Health Policies and Practices

I CARE: A Classroom-based Program to Promote Mental Health and Wellbeing in Young People  
Prof. Bruce Allen Knight, Higher Education Division, Central Queensland University, Noosaville, Australia  
Christine Handley, Child and Adolescent mental health service, University of Tasmania, Hobart, Australia  
Penelope Hasking, School of Psychology, Perth, Australia  
Ben McGregor, Child and Adolescent Mental Health service, Hobart, Australia  
Colleen MacSporran, Child and Adolescent Mental Health service, Hobart, Australia  
Overview: This is an evaluation of a mental health promotion program designed for year 8 classrooms. The program takes a solutions focus, develops resilience and involves opportunity to be creative.  
Theme: Health Promotion and Education

Maximizing Feeding and Development in Children Who Do Not Eat  
Rhonda Mattingly, Communicative Disorders, University of Louisville, Louisville, USA  
Overview: This paper will provide a synopsis of the evidence-based practices used to assist in maximizing oral feeding acceptance in children who do not eat by mouth.  
Theme: Interdisciplinary Health Sciences

Room 4  Women and Health

Parental Effects on Health Behaviors of Young Adult Women  
Dr. Mikiyasu Hakoyama, Human Environmental Studies Department, Central Michigan University, Mt. Pleasant, USA  
Overview: This study, by utilizing structural equation modeling, examined directional and relative effects of parental behaviors on college-aged daughters' health-related behaviors, weight status, and self-esteem.  
Theme: Health Promotion and Education

Breast Cancer and Meaning-making Discourse: The Experiences of Women in Southern Thailand  
Prof. Pranee Liamputtong, School of Public Health and Human Biosciences, La Trobe University, Melbourne, Australia  
Dr Dusanee Suwankhong, Department of School Health, Thaksin University, Pa Payorn, Thailand  
Overview: Meaning-making and the lived experiences of breast cancer among women in southern Thailand are discussed. Meaning-making and the Buddhist belief about bad karma was a prominent theme.  
Theme: Public Health Policies and Practices

Breast Cancer Treatment: Experiences of Changes and Social Stigma among Thai Women in Southern Thailand  
Dr Dusanee Suwankhong, Department of School Health, Thaksin University, Pa Payorn, Thailand  
Prof. Pranee Liamputtong, School of Public Health and Human Biosciences, La Trobe University, Melbourne, Australia  
Overview: We discuss how the treatment of breast cancer created social stigma and made the women marginalized within their own social context.  
Theme: Interdisciplinary Health Sciences

17:40-18:00  CONFERENCE CLOSING - HOMER STAVELY, COMMON GROUND PUBLISHING, USA
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<td>Conference Calendar 2015-2016</td>
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| **Fifth International Conference on Food Studies**  
  Virginia Polytechnic Institute and State University  
  Blacksburg, USA | **18–19 September 2015**  
  www.food–studies.com/2015-conference |
| **Seventh International Conference on Science in Society**  
  University Center Chicago  
  Chicago, USA | **1–2 October 2015**  
  www.science–society.com/the-conference |
| **Spaces & Flows: Sixth International Conference on Urban & ExtraUrban Studies**  
  University Center Chicago  
  Chicago, USA | **15–16 October 2015**  
  www.spacesandflows.com/2015-conference |
| **Thirteenth International Conference on Books, Publishing & Libraries**  
  University of British Columbia at Robson Square  
  Vancouver, Canada | **19–20 October 2015**  
  www.booksandpublishing.com/the-conference |
| **Sixth International Conference on the Image**  
  University of California at Berkeley  
  Berkeley, USA | **29–30 October 2015**  
  www.ontheimage.com/2015-conference |
| **The Eighth International Conference on e–Learning & Innovative Pedagogies**  
  University of California, Santa Cruz  
  Santa Cruz, USA | **2–3 November 2015**  
  www.ubi–learn.com/the-conference |
| **Aging and Society: Fifth Interdisciplinary Conference**  
  The Catholic University of America  
  Washington D.C., USA | **5–6 November 2015**  
  www.agingandsociety.com/2015-conference |
| **Twelfth International Conference on Environmental, Cultural, Economic & Social Sustainability**  
  Portland State University  
  Portland, USA | **21–23 January 2016**  
  www.onsustainability.com/2016-conference |
| **Twelfth International Conference on Technology, Knowledge & Society**  
  Universidad de Buenos Aires  
  Buenos Aires, Argentina | **18–19 February 2016**  
  www.techandsoc.com/2016-conference |
| **Tenth International Conference on Design Principles & Practices**  
  Pontifical Catholic University of Rio de Janeiro (PUC–Rio)  
  Rio de Janeiro, Brazil | **25–27 February 2016**  
  www.designprinciplesandpractices.com/2016-conference |
| **Sixth International Conference on Religion & Spirituality in Society**  
  The Catholic University of America  
  Washington D.C., USA | **22–23 March 2016**  
  www.religioninsociety.com/2016-conference |
| **Sixth International Conference on the Constructed Environment**  
  The University of Arizona  
  Tucson, USA | **2–4 April 2016**  
  www.constructedenvironment.com/2016-conference |
| **Sixteenth International Conference on Knowledge, Culture & Change in Organizations**  
  University of Hawaii at Manoa  
  Honolulu, USA | **19–20 April 2016**  
  www.organization-studies.com/2016-conference |
Eighth International Conference on Climate Change: Impacts & Responses
VNU University of Science (HUS) and Vietnam National University, Hanoi (VNU)
Hanoi, Vietnam | 21-22 April 2016
www.on-climate.com/2016-conference

Inaugural International Conference on Tourism & Leisure Studies
University of Hawaii at Manoa
Honolulu, USA | 22-23 April 2016
www.tourismandleisurestudies.com/2016-conference

Seventh International Conference on Sport & Society
University of Hawaii at Manoa
Honolulu, USA | 2-3 June 2016
www.sportandssociety.com/2016-conference

Fourteenth International Conference on New Directions in the Humanities
University of Illinois at Chicago
Chicago, USA | 8-10 June 2016
www.thehumanities.com/2016-conference

Ninth Global Studies Conference
University of California, Los Angeles
Los Angeles, USA | 30 June-1 July 2016
www.onglobalization.com/2016-conference

Twenty-third International Conference on Learning
University of British Columbia
Vancouver, Canada | 13-15 July 2016
www.thelearner.com/2016-conference

Sixteenth International Conference on Diversity in Organizations, Communities & Nations
The University of Granada
Granada, Spain | 27-29 July 2016
www.ondiversity.com/2016-conference

Eleventh International Conference on Interdisciplinary Social Sciences
Imperial College London
London, UK | 2-4 August 2016
www.thesocialsciences.com/2016-conference

Eleventh International Conference on the Arts in Society
University of California, Los Angeles
Los Angeles, USA | 10-12 August 2016
www.artsinsociety.com/2016-conference

Sixth International Conference on the Image
Art and Design Academy,
Liverpool John Moores University
Liverpool, UK | 1-2 September 2016
www.ontheimage.com/2016-conference

Inaugural Communication & Media Studies Conference
University Center Chicago
Chicago, USA | 15-16 September, 2016
www.oncommunicationmedia.com/2016-conference

Ninth International Conference on the Inclusive Museum
National Underground Railroad Freedom Center
Cincinnati, USA | 16-19 September 2016
www.onmuseums.com/2016-conference

Sixth International Conference on Food Studies
University of California at Berkeley
Berkeley, USA | 12-13 October 2016
www.food-studies.com/2016-conference

Spaces & Flows: Seventh International Conference on Urban & ExtraUrban Studies
University of Pennsylvania
Philadelphia, USA | 10-11 November 2016
www.spacesandflows.com/2016-conference